

# Let's talk about Sex

by Amber Fairbanks



**L**et's talk about how the birds and bees get it on, because "college is a time to experiment" after all. This is not an advice column, rather a column to talk about topics related to sex that you want to talk about, and I'll give my opinion on the subject.

Nothing will be too taboo for this column, so let's start the new term with something that many females, and males as well, have wondered about. Female ejaculation. Or better known as squirting. What is it? What does it mean? Squirting is a phenomenon often witnessed in porn (Don't act like you haven't watched a skin flick in your life), and is usually viewed as extremely "dirty." But your everyday non-porn-star-females can do it. And guess what? It's normal.

But what exactly is it? In short, what my extensive Internet research and a call to my gynecologist

turned up, is that it is the explosion of fluid by the paraurethral ducts through and around the female urethra during or before orgasm.

Though it is debated among medical professionals about the exact source and nature of the fluid, many studies have concentrated almost exclusively to prove that ejaculation is NOT urine.

Scientists have measured substances in female

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ejaculation such as urea, creatinine, prostatic acid phosphatase (PAP), prostate specific antigen (PSA), glucose and fructose. Some studies argue that the ejaculation is an extreme form of diluted urine. But so what? With all the things you do sexually, are you really worried about extremely diluted urine?

Many women before and even after learning about ejaculation, experience shame, suppress sexual climax, or even avoid any sexual activity all together. Why should women feel ashamed of what their bodies can naturally do? What our bodies do during sexual activity and orgasms in particular, remains poorly understood in science, but if it makes you feel great sexually, then who cares? Why be ashamed? You're having a great orgasm and your partner knows they're doing something right! So leave the squirting females alone. If guys are allowed to shoot something out, why aren't we?