

Lean, mean, Jell-O dreams



EAT, PRINT, LOVE

James Duncan
Web/Design Editor

Mama always said you should eat your greens. In my family there was no stranger manifestation of this idea than Grandma's Green Salad. Grandma's salad was one of those things that always warmed my heart. Because I was raised eating it, I don't really see it as strange. To everyone I have ever roped into my Thanksgiving, it is met with looks of distrust and less than savory explanations of why mayonnaise, cottage cheese and lime Jell-O have no business being mixed together. Once complaints are done, the brave of heart always find that it has a delicate flavor that is accented by the curds of cheese and crunch of fresh cabbage.

This is a food fossil born from the creative kitchens of the early 20th century and their nearly fetish-like relationship with gelatin that has been thriving since Victorian times. It was born in a time when Aspic was still a food people would eat and where suspending any fruit in Jell-O could be a fancy accent to a dinner party. Grandma's Green Salad is excellent when served with lamb, salmon and most chowder. Its creamy fruit flavor goes with almost anything. At your next potluck or dinner party, take a step over to a bygone era and give this recipe a try.

Grandma Lillian's One Cup Green Salad

In a pretty bowl mix:
1 package lime Jell-O
1 cup boiling water
1 cup mini marshmallows
1 cup mayonnaise
(Best Foods tastes best)
In separate bowl:
1 cup grated cabbage
1 cup cottage cheese
1 cup canned crushed pineapple, drained
(mandarin orange slices, drained, may be added if desired)

You start by mixing boiling water and the Jell-O mix. Stir until the Jell-O mix is completely dissolved; immediately add the marshmallows and stir until they are melted.

Once the marshmallows are dissolved, stir in the mayonnaise until smooth. At this point set it in your fridge, but don't forget it. The Jell-O needs to set for a couple minutes. In a separate bowl, toss together the pineapple, grated cabbage and cottage cheese. (If you wanted to add anything else, now is the time.) Once the Jell-O has begun to set, fold together the Jell-O and the cottage cheese mixture.

Leave to set for at least another hour or two. Traditionally this is made and served in a beautiful bowl. With the top artfully decorated with maraschino cherries, mandarins or pineapple pieces arranged on top.

Grandma's Green Salad is ambrosial. It is beautiful and has a taste of home. Take a short walk on the strange side of food. Just remember, if your friends ask what's in your beautiful Jell-O salad, you can always just leave them wondering why it tastes so darn good.

No matter what the food or the occasion, just remember to *Eat, Print, Love*.



'Spanish Oprah' shoots video on campus

Patty Salazar/The Clackamas Print

Nelly Rodriguez interviewed CCC graduate Patty Lerma and ESL department secretary Klaudia Esquivel in Roger Rook Hall. This ESL segment has already aired on Cita Con Nelly, but there will be more to come.

Emily Rask
Co-Arts & Culture Editor

In Oregon, 3.64 percent of the population speaks only Spanish and this percentage is slowly rising, according to statbrain.com.

Community colleges such as CCC offer English as a second language (ESL) classes and offer more core classes in Spanish.

Advertising of the Spanish-speaking classes has also begun for Clackamas. On Feb. 11, a Spanish-language TV variety

show called Cita Con Nelly was on campus. The show is led by Nelly Rodriguez who is originally from the Dominican Republic.

"I don't remember really," said Rodriguez when asked how she got in touch with CCC. She has been working with CCC for three years.

During the Spanish segment filmed in Roger Rook Hall, Rodriguez interviewed CCC graduate Patty Lerma and ESL department secretary Klaudia Esquivel.

Janet Paulson, public information officer at CCC, helped set up the Spanish-language segments with Rodriguez.

"Public affairs works with departments or programs or the college as a whole to promote our college, programs, departments or individuals," Paulson said. "The English as a second language faculty came to us wanting to raise awareness of our ESL classes in Molalla and Canby, in particular. So we talked about different things we could do to help get the word out for them. One of the things we did was we worked with a Spanish language radio station to put together a public service announcement about the ESL classes."

Paulson also said that after working with the radio station

they began to develop a segment for a Spanish language television show called Cita Con Nelly.

"Cita Con Nelly is a kind of Spanish-language Oprah," said Paulson. "She does a lot of public affairs programming in the Portland metro area for Spanish speakers. Her program runs on Saturday mornings on Univision, which is a Spanish language TV station."

Her show has a broad audience of viewers. It can attract many different people and an entire family will sit down to watch it.

"It's just a good avenue to reach the Spanish speaking population," said Paulson.

More and more Spanish speaking students are graduating from CCC and the ESL classes are helping immensely. The CCC segment has already aired on Cita Con Nelly and there will be more to come from campus.

Paulson's colleague, public affairs officer Tamara Barry-Peebles, helped coordinate and prepare for Rodriguez. Barry-Peebles was at the filming of the ESL segment in Roger Rook Hall.

"My role was to be the coordinator for the filming," said Barry-Peebles. "All the logistics have been set up by Janet Paulson and she asked me to be there to kind of help assist and coordinate."

Barry-Peebles walked around with the filming crew for Cita Con Nelly. She showed them around the college and showed them all of the different places that had been arranged for filming.

"They filmed at three different locations. They did some background filming at an ESL class in the Dye Learning Center, and then they went to the computer lab in Dye, and then they filmed some shots in the library," said Barry-Peebles.


They decided that the best place to film the interview of the CCC staff member and student would be in the entrance of the Roger Rook Hall; they wanted to show the activity of the college in front of registration and financial aid.

Barry-Peebles thinks that the Spanish segment will help the college because it targets Spanish speaking students and was filmed in Spanish.

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