

Devilishly Delish

EAT, PRINT, LOVE

Staff
The Clackamas Print



Can you brave the brains? Are you up for insanity? Do you crave terror from the food you eat? These psychotic and twisted concoctions are sure to satisfy the freaky foodie you know is deep down inside you. Clever cuisine is what *Eat, Print, Love* strives to bring our readers. This collection of culinary craziness is sure to bring the boo to your festivities this Halloween.

Bug-aliciousness begins *EPL's* journey into a world of crafty confusion and devilishly delish delights. Pumpkin love is combined with crawly things to introduce a new kind of terror filled eating adventure.

Pumpkin

Cream Cheese Dip

(or *Creature Dip* - with the addition of your favorite frightening gummies)

2 cups powdered sugar
1 cup (8 oz) cream cheese
2 cups (16 oz) canned pumpkin
1 Tbsp cinnamon
1 Tbsp pumpkin pie spice
1 Tbsp frozen orange juice concentrate

1/2 cup of your favorite gummy creatures (optional)

Combine dry ingredients, mix with softened cream cheese. Stir in pumpkin and chill.

Spread this divine dip on carrot cake or zucchini bread, scoop with your favorite dipper, or ice cookies with *EPL's* newest version of pumpkin love. Whether it's combined with pretzel sticks or sugar cookies, this treat is sure to please your holiday taste buds.

Now that pumpkin love has gotten a bug-alicious makeover, lets add some body parts to *EPL's* bag 'o Halloween tricks with an icy treat that will be looking at ya. Literally.

Eyeball Ice Cubes

One 12 oz can of lychee fruit, drained
12 to 18 large blueberries or cranberries

Sweet lychee fruit and tart cranberries or tasty blueberries are all it takes to give your favorite holiday beverages an eye-ful of spirit as they watch you with fruity stares. These frozen "eyeballs" will delight your guests and add spooky charm to any Halloween get together.

A can of lychees generally has about 12 to 18 lychee fruits. Place one lychee into each partition of two ice cube trays with the hole side facing up. Place your berry of choice (you don't have to limit yourself to blue or cran, black or razz will work as well) into the hole of each lychee fruit.

Fill the trays carefully with water and freeze. Little effort equals loads of fun! For large parties, *EPL* recommends getting enough ingredients and different berries to have a variety of "eyeball" colors and plenty of these visionary ice cubes on hand for maximum beverage enjoyment. You have to try this to believe how easy it is to glam up your glass. Enjoy!

Still haven't had your fill of spine tingling delicacies? Drag your rotting corpse over to the *Clackamas Print* website where *EPL* has included a few more recipes for your ghoulishly gastronomic senses; classics including *MacBrainy and Ooze*, *Bloody Hand Sandwiches* and *Bloody Broken Glass Cupcakes*. Check back next week for *Eat, Print, Love!* Send suggestions and comments to our Facebook (theclackamasprint.com) or Twitter (@clackamasprint) using the hashtag #eatprintlove.

Monster band a smash hit

Breanna Craine
The Clackamas Print

Monsters Taking Over, a local band born and raised in Portland has released their new album with a bang. In an effort to get to know the beast-like band, I had to get a close encounter with the creatures from our closets. Igor Thunder, lead singer, has been singing since he was a little monster.

The Clackamas Print: What made you want to create the first ever band of monsters?

Igor Thunder: I was tired of being a henchman and wanted to make my own band. I used pieces from all my favorite musicians.

TCP: What is the story behind *Monsters Taking Over*?

IT: I think that is pretty obvious. We are using the band to raise enough money to make monsters to take over the world.

TCP: Wait... take over the world? Why would you want to do that?

IT: Seemed like a logical next step after creating a hoard of monsters.

TCP: U m ... o k a y . Should we be worried?

IT: Nah, as long as you humans are compliant, we'll get along just fine.

TCP: Well then, how long have you guys been plotting - er, playing together?



Brad Heinke The Clackamas Print

Local Portland band *Monsters Taking Over* is shown rocking out at the Rose Garden last weekend. The band achieves life long dream of raising awareness for monsters everywhere.

IT: We have been together for about five years but we have all known each other for our whole lives. Our families had had their own band when they were our age and they taught us everything we know today about being the best.

I also interviewed the main drummer, a werewolf named Little Wolf. He has been

playing the drums since he became a werewolf about 100 years ago. His name is deceiving, because he is actually the biggest monster in the whole band.

The Clackamas Print: How does it make you feel that people are always running away from you instead of praising you for being the best werewolf drummer ever?

Little Wolf: I have always been made fun of since I was a little kid. In middle school, all the teachers would make me sit in the way back corner of the room because they were scared that I was going to attack them.

TCP: What is one thing that people don't know about you but should?

LW: Even though I am really big and of course, a werewolf, I am the sweetest guy around. I am just a big teddy bear but people never see that. People think I am mean like all the werewolves in "Twilight." That movie ruined my image. They also made it seem like vampires and werewolves hate each other - which is not true. My best friend is Edward Night and he is the baddest vampire around.

Monsters Taking Over has a tour going on right now. They stopped in Portland for a show last week and I got to experience the coolest concert I have ever been to. The concert was at the Rose Quarter, and tickets sold out in within ten minutes after being available. Fans came in droves and howled like Little Wolf.

Additionally, there was a guest appearance by Kanye West. However, West played only a few songs before being booed off stage with calls for the main attraction. Check out their website for upcoming tour dates and locations.

BRAINS: Eaters ready for bowl game

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If you leave too much of the brain behind, you can be flagged for excessive leftover brain matter and disqualified from the game. The officials weigh the remaining pieces and determine if the contestant left too much of the brain goop on the plate. If there is more than 10 ounces left, the contestant is disqualified.

"Brain eating is not for everyone," said Hall of Fame brain eater and former star for the Cerebellum Slurpers and Protoplasmics, Harold "Choppy" Clompazowski. "But for me, and most of these guys, it's a lifestyle. Eating brains and bits of brain matter is what we live for."

Igor Fortuneski has been the most successful brain eater this season for Oregon City and is clearly making a name for himself on the national circuit. Fortuneski cleanly removes the brains and eats them in one fluid motion, often getting up to seven or eight brains down in the one-minute time period.

"Igor has really stepped up this year," said Paterno. "He goes straight in through the temple with an ice pick, allowing him to crack open the skull quickly and he's able to break apart and chew through that brain matter quicker than most."

It takes a lot of strength to pry the ice pick through a temple and then crack open a human skull. It amazes me that these guys have so much athleticism and skill, combined with that unbelievable strength. They also possess great dexterity with a paint scraper like tool, which cleans the inside of the skull of remaining brain matter.

Fortuneski leads the league with an average of 6.7 BEPM (brains eaten per minute), a testament to his punishing work ethic. Fortuneski does not have an easy road to victory in his matchup, as the Protoplasmics counter with Gary 'the Ganglia' Grenociagogo, known for eating spinal cords just for fun.

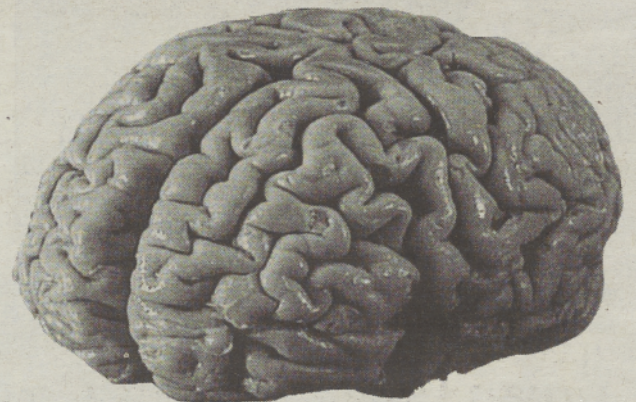
"I'm not going to show off and try to do more than I need to," said Grenociagogo. "It's all business this year, trying to get the victory for my team. I'm going to buckle down and chow down as much brain as my body can take in 60 seconds."

Grenociagogo splits the skull with an axe, which can get messy, but he has it down to a science, precisely striking each skull so that he can get to the brain quickly.

It may not be as clean as Fortuneski's temple entry, but when the Ganglia is on his game with clean axe strikes he can get at least eight brains down into his belly in the one-minute time slot. Grenociagogo is second in the league with 6.5 BEPM.

"I like our chances on game day," said Protoplasmics head coach Kip Chelly. "We have better depth. There is lots of young brain eating talent in the Portland area and we have scooped them up onto our team."

Conservationist Note: After the brains are eaten out of the bodies, the rest of the bodies are donated to flesh eating zombies that cannot afford their own flesh. It is a great way for this event to provide for the less fortunate in the community.



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