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More than a game: Life lessons to be learned from sports



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CCC students come from abroad

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Sustainability tour shows steps of efficiency

By Isaac Soper
The Clackamas Print

You're entering a world with black skies and putrid groundwater. The forests have been clear-cut and are now barren wastelands. The very air you breathe is becoming poison. You are not entering "The Twilight Zone," welcome to Earth.

This is not the same planet Earth that we lived on in the industrial revolution, in which more coal and gasoline burning was considered to be a good thing. Clackamas Community College has been making many strides in the past few years to help dissolve our environmental footprint.

"I think anyone that reads the newspaper now and kind of connects the dots between some of the dire headlines that always come out that the 'business as usual' stance is not going to work much longer. I think it's only wise to read the writing on the wall and start changing how we consume, how we go about our day-to-day life," said Mike Noel, head of the sustainability department at Clackamas Community College and co-designer of the self-guided Campus Sustainability Tour.

Sustainability is no longer going to be an option for us. "There's some stat out there [that says] we would need five Earths if everyone were to live like an American. I've heard that stat a number [a couple] of times but then when you really stop and think about that, whoa, that's going to require some drastic change if we're going to all live on this Earth in harmony," said Noel.

The new Campus Sustainability Tour, which is a culmination of renewable energy and sustainability projects on campus, opened to the public in September of this year. "[At] Clackamas, we have great sustainability champions in each department and they were all doing their own thing," said Noel, "and then I arrived and said 'let's group it together and turn it into this united front.'"

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HiCham Kenour The Clackamas Print

A student passes one of the pathway markers for the self-guided sustainability tour, new to campus this fall. The tour begins at Barlow hall and visits locations around campus.



John William Howard The Clackamas Print

Freshman Julia Toscano leaps for a kill during the game at Mt. Hood Community College on Nov 4. Toscano was second on the team with seven kills, but the Cougars lost three games to none in their last road game of the season. They finish their season today at home vs. 4th ranked Linn-Benton Community College at 7 p.m.

Volleyball drops rivalry game to Mt. Hood Community College

Clackamas volleyball tries to recuperate from a straight-sets loss to MHCC in time for their final regular season game this Wednesday vs. Linn-Benton Community College at Home.

By John William Howard
Sports Editor

Head Volleyball Coach Kathie Woods has basically seen it all. She's been coaching at Clackamas since 1983 and has compiled more than 700 wins, giving her the most wins as a coach in NWAACC volleyball history. That said, even Woods was surprised by the outcome of last Friday's game against top ranked Mt. Hood.

Clackamas was beaten down by the Saints in Gresham 25-13, 25-19, 25-16 in a match that wasn't even close.

"We did a lot worse than what we had talked about and what we went out to do," said Woods. "It's very frustrating because we're having a hard time mentally focusing on what our roles are ... we're forgetting how to just play the game."

The Cougars started things out as they always do in a big rivalry game. They made plenty of noise, shouting and jumping in a raucous circle just behind the bench and gave every notion that they were hyped up and ready to play.

"We were pumped for the game," said sophomore Kristin Best, "but as soon as we got out on the court, there wasn't any fight as a whole team. There were individuals but it doesn't

matter individually, we just need to bring it as a team."

The first set began with promise. Mt. Hood jumped out to an early lead but Clackamas quickly returned the favor, climbing ahead 6-5. That was about as good as things would get. Before long, the Saints had pushed the Cougars to the brink and then over it, commanding the first set 25-13 and quieting both the Clackamas bench and their host of followers in attendance.

The second set began where the first set stopped. Clackamas looked confused as they mishandled about every easy dig and sent several would-be kills straight into the net. Hardly anything went right and again the road team found themselves in a hole, trailing 22-12. That was when Clackamas decided to make a run.

All of the sudden, things clicked. Sets that normally went high, giving Mt. Hood time to set up blocks were suddenly low over the net. Digs and passes were right on target and holes began to open on the Mt. Hood side. Several kills later, Clackamas found themselves down only 4 at 23-19 before the Saints squelched their run and went into the break leading two sets to none.

At this point, the traveling Clackamas fans must have begun to wonder if driving out to Gresham was worth their time. Other than a Justin Bieber look-alike being pulled out of the crowd to dance with the mascot, there wasn't much to watch. Both sets were sloppy, players were playing out of position, easy passes going awry and kill after kill was going Mt. Hood's way.

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