

Winter fashions make appearance



BURCH



SEGOVIANO

A fashionable male reviews winter 2010's trendiest styles and looks

By Javierh Montero
The Clackamas Print

Winter is here and so are the winter fashions. With so many to choose from, who knows nowadays what to wear? Some change from season to season, while others stay the same depending on weather conditions, which doesn't change much in our beloved Oregon.

We have the all time favorite preppy style, the overly talked about "emo" fashion, the not-so-talked-about bubble gum (girls who wear lot of pink), the surprising gothic and many more.

Not knowing what's cool this winter, I looked around to see what students at Clackamas are wearing around the school. We have exposed them, and some very nice and friendly students told me about their fashion, why they love it and why it works for them.

Oriahna Nueske, a Clackamas Community College student, explained that her style doesn't precisely have a name, it's "French-gothic, Victorian and modern day fashion mixed up into a neat concept."

She wears what she likes and what makes her feel comfortable, regardless of whether or not her style is popular or even known of.

It is true that her clothes are not what most people around

campus would wear, but she stays true to her convictions and that is admirable.

"I like to dress differently. I like to match my clothing to the way I feel and act; regular clothes don't suit my needs ... it doesn't fit who I am," said Nueske.

Nueske dares to go where some of us wouldn't go. In a world filled with people who want to be different while being the exact same way as everyone else, should we judge those who decide to truly be different?

Nueske stated that she wouldn't change her style because "if I change my style, I'd be changing myself. My clothes are a part of me; they reflect on who I am."

And that's true; her uniqueness makes her stand out from the crowd.

But in a diverse environment such as CCC, we find a variety of colors, choices and people. Going from styles that are "nothing special, just kind of earthy," as stated by Reegan Hans, to Maria Segoviano's "whatever the mood feels like. I like scarves, jackets, and dress gloves."

Rachael Webb's own opinion is expressed with "I like to dress in a sort of European style with trench coats, jeans and a watch."

Brian Burch commented that his fashion style doesn't really change from season to season, but it's based on what he needs to do.

"I would change my regular style for professional reasons, but nothing else ... too much work," said Burch.

On a regular basis, he said that his favorite accessories for

winter are hats and that he normally wears "whatever's clean ... I dress casual. I really don't really care."

In a world obsessed with beauty and what we wear, dare to be different if that's what you want. Don't let shyness or other issues keep you from doing what you feel like doing (as long as it's something good).

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Your clothes are a part of you. Let them reflect who you are.

Oriahna Nueske
CCC student



Remember that most of the western society claims to be individualistic, a place where most of us have a fake sense of uniqueness, which is a strange concept considering that a lot of us dress the same way — zero creativity. So why do we judge those who are indeed unique and do things they're own way?

"Dress however you think you should. If you feel that you need to change, then do it. Your clothes are a part of you; let them reflect who you are," said Nueske.

Maybe you'll get encouraged to change your style, spike up your hair, or use a funny looking hat for a day, or maybe you will simply realize how happy you are with your old style.

Top ten ways to make it through this winter term

Annemarie's



By Annemarie Schulte
Arts & Culture Editor

1. Stay active and exercise as much as possible. Exercising can actually give you more energy and especially since it becomes dark so early — making us sleepy earlier — exercising can really help push you through your homework.

2. Wear bright colors to ward off the winter blues. Studies show wearing brighter colors during the darker winter months can help counter your mood and actually put you in a better one than others wearing dark shades.

3. Spend time outdoors with friends or family and enjoy the winter weather, instead of complaining about it. Go sledding, snowboarding and do things you can only do in winter. Take

advantage of the snow.

4. Do homework, play later. Study first and then go out and have fun with your friends. It will be less stressful and you can use the time as a reward for your hard work.

5. Try something that you've never done before (like ice-skating or knitting).

6. Stick it out with the classes you have because if you drop or add any, you'll be burned with a \$50 late fee.

7. Winterproof your car if you have one. Classes will rarely be canceled, even when the weather gets bad, and it's important to still make it to class. It's a good idea to have snow tires or chains and to carry an ice scraper in your car at all times. And warm it up ahead of time if you can!

8. Be weary of "comfort foods" that pack on the calories (i.e. tomato soup and grilled cheese). Resist the temptation, and you can avoid putting on winter weight. (You'll be glad once spring break rolls around and you have to fit into that bikini).

9. Don't forget to actually show up to your classes. Friday is NOT Optional Attendance Day.

10. Remember spring break is the light at the end of the tunnel!

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