

Cougars race for NWAACC South title

Carlos Calderon
Clackamas Print

Cougars women's
wins third
in the South-
region Champi-
ons

Season the men's cross
team placed third in
thern region champi-
and seventh at the
CC championships. The
placed second in the
region and fifth in
AACC. Going into the
of the season, both the
women are looking at
the season strong.
Cougars hosted the
Country Southern Region
onships on Oct. 31.
Unfortunately neither the
or women's team were
to procure a Southern
championship, but
did manage to hold their
against the likes of Clark,
and rival Mt. Hood com-
colleges en route to
strongest performance of
season. The progression
about the season is attrib-
the team's acclimation
training program and
ance gained during the
this year's team has



Amy Hermansen as she approaches the finish line of the Mike Hodges Invitational.

John Petty Clackamas Print

responded well physically to the training program. We have many middle distance oriented runners, so the longer distance takes a while longer to get used to," said ninth year head coach Keoni McHone.

For the women, freshman Melanie Peters placed seventh by recording a season best of 20:17 in the 5k run, this came out to 6:32 a mile.

Another freshman, Mary

along with 63 total points, third place in the Southern Region Championships. Southwestern Oregon Community College failed to field the minimum number of five runners and did not place.

"They have done a great job of staying positive and focused during the season," stated McHone.

On the men's side, freshman Paden Snell placed sixth among the 30 runners and recorded a 27:07 in the 8k run, which was the equivalent of 5:28 a mile.

Placing 12th and 13th were freshmen Alex Seigal and Chris Olsen whom finished within seven seconds of each other at 28:38 and 28:45 or 5:46 and 5:47 per mile respectively in the 8k. Combined with Zach Fund's 17th, Kyle Vuskich's 19th and Steven Boe's 24th place finish the Cougar men finished with 67 total points and a combined 28:51:40 average, good enough for a third place finish in the Southern Region Championships.

The Cougar's final meet took place on Nov. 14 at Lewisville State Park in Battle Ground, Wash. The Cougars faced off against Clark, Spokane, Everett, Lane, Green River, SW Oregon, Treasure Valley, Skagit Valley and Mt. Hood community colleges. Clackamas took fifth scoring a total of 322 points, both men and women's scores com- bined.



They have done a great job of staying positive and focused during the season.

Keoni McHone

Cross Country Coach

Botsford, placed ninth and also posted a season best of 20:38 in the 5k with an average 6:39 a mile.

Sophomore Katie Olson ran the 5k in 21:13, 6:50 a mile and placed 13th.

Combined as a team the women averaged 21:10:40 to go

REGISTRATION: ceases to be convenient for returning students

Continued from REGISTRATION,
Page 1

Philow, a second term stu-
dent, said she did not expect
lines on the first day of reg-
istration. She tried registering online
to avoid the long lines she
experienced last term when register-

ing. "I just don't want to stand in line," she said.

Various speculations were made about the cause of the problems. Some students have said that it was caused by a power outage possibly caused by wind. Others have said that the crash was caused by the amount of students registering at the same time.

Chris Clark said he thought it was

just that the server was down. William Smith agreed.

Lacey Maller suspected it was because so many students tried to register at the same time.

"The network admin doesn't know what he's doing?" David Enquist questioned about the cause of the problems.

According to Bello, students

whose class ended at 2 a.m. Monday night went to Shari's and came back to the college in the morning to register.

Athena Folk tried registering at midnight as well. She said the actual server appeared to be fine, but when she tried to register she kept getting "capacity too full" messages.

Miko Zhang expressed frustration

from the system being down and said she tried registering Tuesday morning and was unable to. As a result, she went to Rook to try to register in person.

At time of print the server was still down and students were unable to register for classes online. In-person registration continued at the Roger Rook building.

MMA knocks out boxing viewers

By Mark Foster
Clackamas Print

is no secret; boxing has been
its allure for years.

For decades boxing was a domi-
nant sport, up there with Major
League Baseball and the NFL. Now
we have seen the trouncing mixed
martial arts has put on boxing, tak-
ing over the combat world. There
is no doubt that MMA absolutely
trumps boxing in the popularity
category.

What is that any surprise?

The Ultimate Fighting
Championship, the leader in MMA,
has multiple fights every year,
many coming to Portland's Rose
Garden Arena for UFC 102. For
the event held by the UFC there
are a handful of fights in just one
night. For UFC 102 there were a
total of 11 fights. Although boxing
fights also have undercard fights,
they do not have 11.

The coverage MMA gets dwarfs
the coverage boxing gets. UFC has a television
contract on Spike TV called "Ultimate
Fighting Championship" which follows fighters
through their training and as they

try to climb the MMA ranks. For
boxing, the majority of coverage
is on channels such as HBO and
Showtime. Seeing as channels such
as HBO and Showtime cost more
to subscribe to, most people do not
have the option to follow the sport.

Another MMA promotion com-
pany, Strikeforce, has also upped
their appeal by broadcasting fights
on NBC. On Nov. 9, Strikeforce
broadcast fights on NBC making
it more readily accessible to people
seeing as NBC is part of the basic
cable package.

It has simply become too dif-
ficult for boxing to compete for
media coverage on the same level
as MMA.

Some people believe that MMA
is also safer than boxing seeing as
the majority of shots taken in box-
ing are to the head while in MMA
it is spread throughout the whole
body.

Quite frankly, I do not see how
this can be possible. After watch-
ing a boxing match, you do not see
either of the competitors stand in
the middle of the ring bloodied from
taking an elbow or forearm to the
face and being taken down. In box-

ing if you get knocked down, you
get a ten count to get up.

In MMA, if you get knocked
down you better be ready to either
get up quick or be ready for the
other fighter to ground and pound
you.

They might as well just call it
human cockfighting.

But, it's entertainment. After sit-
ting around having a few beers
with friends do I want to watch
two yolked super humans beat each
other to a pulp?

Absolutely.

Boxing is more of an old school
sport like baseball. Enthusiasts see
the sport as a purist sport. Both are
sports that are thought of as pure
forms of competition. Pitcher vs.
batter, who can beat who with what
they have.

I'm not saying I like MMA over
boxing, I just feel that in today's
sports era, it is more accessible to
the viewer. I would pick boxing
over MMA any day but MMA
is dominating the scene and until
another Lennox Lewis, Tyson, or
Ali comes around, boxing will have
to take the backseat to mixed mar-
tial arts.

wp

i wonder ...

WARNERPACIFIC.EDU

what is my next move?

Ranked as one of the best values and best baccalaureate colleges in the West by US News & World Report 2010, Warner Pacific is an urban, Christ-centered liberal arts college in the heart of Portland. With 26 undergraduate majors, you can choose from hundreds of career options.

WARNER PACIFIC COLLEGE 2534 SE 62th Avenue • Portland, Oregon 97215
☎ 503.517.1020 • 503.517.7540 • warnerpacific.edu