



Girls soccer team heads into playoffs with high spirits

Page 7



Worried about swine flu?

Page 2  
Outlaw comes to CCC  
Page 3



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## Mental health awareness comes to campus

By Annemarie Schulte  
Associate News Editor

Mental illness is a physical disorder. It is more treatable than cancer or heart disease. Yet, two out of three persons suffering from symptoms never seek help.

The phrase appears on a NAMI (National Alliance on Mental Illness) sign displayed all over Clackamas Community College, and since the age group most affected by mental illness is 18-24 year olds, one would think this would motivate students to overcome stigma and get help for their mental health. This however is not the state of affairs at CCC.

After watching students struggle for help with their mental illness and suffering with no help, NAMI On Campus president Kathy Fredrickson, who suffers from mental illness herself, decided to bring NAMI to CCC's campus, making it the first in the state of Oregon to have a group on campus.

Sponsored by the disability department, NAMI is a campus club that offers support and resources to students with mental health issues. The NAMI that is on campus (aptly named NAMI On Campus), is under the "umbrella" of the national organization.

Starting Oct. 12, NAMI Connection meetings will be offered to anyone with a mental illness. However, only those with a mental illness can attend; spouses, friends, and friends are not allowed. President Dale Chambers stated, "We want to be only the person with mental illness so that we can focus on them."

Chambers is also the president of NAMI for Clackamas County. After hearing about Fredrickson starting NAMI on campus at Clackamas, he decided to offer support and says their first meeting with students being back has been well.

Chambers also added, "NAMI Connection is a recovery support for students with mental illness. Led by individuals who understand the struggles we face."

Students are encouraged to attend group sessions, because there is someone who is not welcome." This helps students with minor illnesses such as ADHD, ADD and anxiety.

During Mental Health Awareness Week (October 4-10), NAMI sponsored speakers and even had a music/fair which featured crafts made by students with mental illness. All donations go to NAMI on Campus.

# Procrastination leads to long lines

College enrollment may be up but student expectations are at an all time low



By Abigail Neet  
News Editor

At some time or another we all have to wait.

We don't make dinner reservations, so we wait. We drive home at the wrong time and end up waiting in rush hour traffic. We procrastinate and end up waiting in long lines with others like us.

With enrollment up 15.7 percent from 2007 to 2009 (head count up from 6658 to 7704), according to an enrollment report from the first day of fall term, many students formed the enormous line most of us saw or were a part of in Roger Rook during the last two weeks.

Judy Redder, curriculum and reporting operations manager, believes classes are filling up faster not only because of new students, but also because more students are attending full time and taking more credits than in previous years.

"We are seeing an increase in full-time students," Redder stated.

This is also proven in the enrollment report which showed a 20.2 percent increase from 2007 to 2009, with full-time enrollment up from 1,514 to this year's 1,820.

Students waited in the registration lines for various reasons, some for financial aid, others to make payments and some to register for classes.

"Students aren't getting exactly what they want," said Ric Jenkerson, enrollment specialist, referring to how quickly classes are filling up. Jenkerson believes a lot of writing and math classes are full due to high demand.

Clackamas had 527 closed classes the week before fall term began, up from 394 classes closed last year the week before the beginning of the term.

Chitpasong Bello, the Enrollment Services Operations Manager feels the staff is doing an excellent job serving the students in the line, and also feels the students waiting in line were patient and understanding. Some students feel the line was way too long.

Please see NAMI, Page 2

Please see ENROLL, Page 2