The good Reverend sounds | College student says, off on smoking ethics, beer

Rev. Sam Krause

Co-Editor-in-Chief

Smoking is like sports. After the first try, sometimes more is craved. The more the action is repeated, the more natural it becomes.

As time goes by, people get older and these actions wear out the body. Sometimes people stop, take a rest and find something that is less stressful.

Other times, these people continue their actions and find that it kills them – but hey, they had a good run and enjoyed it.

Athletes have rules of the game that are meant to keep things fair and maintain healthy competition. Smokers do,

If smokers on campus follow the posted rules - no smoking within 25 feet of an entrance and use the ashtray cones - then what's the problem?

Non-smokers can avoid the secondhand smoke, and there is some competition for the areas where smoking is allowed outdoors.

Moreover, why doesn't the college just focus on smoker-education? Not just a barbecue outside the Community Center for the Great American Smoke-Out, but continuous education that makes people aware of the dangers of smoking year-round. Nothing says "quit smoking" like a disgusting picture of a smoker's lung.

Why not have x-ray machines on campus one day for all the smokers to use, look at their damaged lungs and compare them to those of non-smoking students?

Don't like me smoking where you've been hanging out in the sun, diligently studying? Ask me to move away. That's not unreasonable. Just don't take away my right to puff at my leisure; smokers are part of the community, too.

If I walk into Randall Gym and find the body odor so offensive that I can't sit in the stands and enjoy a basketball game, what happens then? Can the school require all athletes to wear deodorant? Install a ventilation system that removes the stench? Of course not;

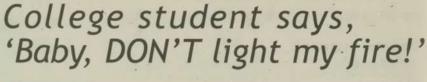
What about our bars? Our precious, precious bars where minors are but a fleeting thought?

Some proponents of the ban say the problem with smoking in bars is the stagnant air. A bar owner could get ventilation systems to remove the smoke. Vents are already mandatory in places like hookah bars and cigar bars.

The only hold-up is that it is against the law to sell



your



Megan Koler

The Clackamas Print

It doesn't matter if second-hand smoke kills; it's annoying.

It is ridiculous that a student or employee of Clackamas must start and end his or her day walking through a cloud of smoke. It can instantly trigger a headache, throat swelling or asthmatic attacks. Classes and work can be hard enough without having to go through them unwell.

On the flip-side, almost all smokers are completely dependent on their fixes of nicotine throughout the day. Many of them could not focus if they were not allowed to smoke at least every few hours. However, it seems silly that dozens of people's days should be ruined just to satisfy someone else's addiction. Smokers choose to have

Elizabeth Hitz Clackamas Print

dependency, after all Essentially, a complete ban seems unfair for reasons already mentioned, but the major-ity of smokers have decided ignore many of the restrictions established in e past. How can smokexpect sympathy when they have so boldly disregarded even the smallest rules?

At Clackamas, there is a restriction that calls for smokers to smoke no less than 25 feet away from entrances; every day it is

Each day, there are hundreds of examples of adults breaking the law. Clackamas has also become a safe haven for underage students to get away with smoking.

Taking a drag right next to the door, in front of minors, might seem innocent enough, but it is teaching children and young adults to undermine authority and laws every time they don't agree. If smokers believe they have the right to smoke in public, they should pick up a signature sheet or pass out literature. They shouldn't mock a system; they must drag up the courage and maturity to try to work through it legally.

It is now generally accepted that cigarette smoking is very dangerous. There are very few smokers who would dispute that, Is it crazy that parents and lawmakers in this state are working toward making smoking less glamorous for their children?

Banning public smoking may inconvenience a few smokers, but it sends a very strong message that smoking is unpopular. It would also paint a more accurate picture, since the number of smokers in Oregon has

been dropping steadily for many years.
On May 21 2007, the Oregon Senate approved a bill that would make it illegal to smoke in any public institution, including college campuses. It is expected to pass the Oregon House of Representatives, and the governor has promised to sign it into law.

All the efforts to ban smoking have been made in an intention to improve the quality of life in institutions. Why can't Clackamas be a haven for forward thinking and caring, rather than a refuge for destructiveness and selfish behavior?

What do women want? Who knows, but here's a few basics



Disclaimer: Dr. Kim is not a real doctor, nor has she ever been. She's working on it, though.

To read more of "Dr. Kim," go to askejean.com and click on the "Top Campus Sex Columnists."

To send Dr. Kim a quesdrmaier2006@yahoo.com. Dear Man,

Lean in close, child.

knows

Dr. Kim is about to impart someprofound and intense wisdom on you right here and now - unsolicited and

Every woman wants something different from a man. And to further complicate the riddle for you, women change their minds all the time. They're an erratic species, those women; sometimes, I'm ashamed to be considered one of them. Although I don't stand to speak for all women, don't fret. I can tell you what a woman should want in a man, and that should cut out a considerable amount of the guesswork in trying to please the ladies

You already know the basics. You should be nice, interesting, funny, good looking and charming ALL at the same time

Pfffff. Good luck with that. You're better off just being yourself. Women like confidence, and you can only be so confident when you're focusing all your energy into trying to be someone you're not. If whatever you picking up your dirty underwear off Britannica just to store aimlessly on

are isn't good enough for us, then it will eventually shine through, and then it's adios, seniorita! Besides, you don't want a chick who's looking for some cookie-cutter boyfriend, a shallow representation of what she thinks a man should be.

Real women like a man who knows how to manage his own life. He has a job; he's responsible; he doesn't depend on anyone else to make him happy. He knows how to entertain himself. His life should have meaning to him; he should hold conviction in the things on which he spends time. We adore a man who stands up for what he believes and is still open enough to consider all sides

of a given argument. You might find this shocking, but women generally don't like a man who's disgusting. Take out your old pizza boxes, scrub your gross toilet and pick up after yourself. If a woman comes to your place for the first time and discovers that you're a total slob, she'll be looking down a long tunnel in her mind's eye of

the bathroom floor for the rest of her life, and suddenly, she'll snap out of it, fake a headache and bolt like lightening.

Also, you should know that we want you to smell good. I mean really, really, really good. Did you know that smell is the strongest of the five senses linked to memory? When you smell good, we remember you and associate you with a positive, somewhat-arousing sensation.

Shower daily - with soap. Wear cologne, or at least deodorant. Trim your pubic hair. Cut your fingernails. Nearly all of these things are important to nearly all women.

A good man should be well-

rounded. Women like it when a man can teach her something new all the time, about a wide range of subjects. Smart women know that knowledge

And a powerful, smart man is a very, very sexy thing. This doesn't mean you should call that 1-800 number on the TV and order the entire collection of Encyclopedia your bookshelf and use to impress us. This means that we expect you to pick up a book every now and then and take part in the conquest for personal development.

Of all these things, it's important for a man to have self-esteem. This is different from confidence, because confidence can be faked, but a lack of self-esteem is reflected in every action carried out by a man. If you don't like yourself and genuinely don't find yourself to be a good person, then neither will any woman. A lack of self-esteem is a cry for self-exploration from the soul, and indicates a need for the man to reevaluate where he's been and where

would suggest to any man to find ways to enjoy your own company before seeking the company of the opposite sex. It will help you become all those things women find desirable. EVERY man has the potential to attract the kind of girl he wants to date. As soon as you find yourself, you're bound to find

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