

# Sleeping around at ...



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*The Clackamas Print*

Tired and not sure where to go? Good news; the world is your mattress! I'll be your guide as I explain the worst and best places to sleep.

Let's start with buses. For the most part, it's not a good idea. It can be quite embarrassing when receiving a quick shake from a concerned (or annoyed) stranger, and nothing's more embarrassing than when the driver walks down the aisle to tell you the route has ended.

Luckily, there are times

when you can get by sleeping on the bus. Take a friend with you. They can wake you up when it's time to get off, without that awkward moment. Just hope they don't fall asleep as well.

Another mode of transportation that I don't suggest is the car. Falling asleep behind the wheel is very counter-productive. Although sleeping in the backseat with a phone alarm makes this an ideal spot, there are other problems.

What if your alarm doesn't wake you up? That "catnap" you meant to take could stretch to hours. You'd better hope you have one of those good-

natured, nagging friends, otherwise you'll be late for class.

There is always the "great outdoors" on campus, but if it's rainy, don't count on it. The wind doesn't make things any easier. However, if it's sunny with a pleasant breeze, why not settle down on a nice patch of grass? Or, you can always curl up on the various big rocks and benches while pretending to be a human reptile.

Let's move to the indoors, shall we? Classrooms *seem* safe, but nothing could be further from the truth. Please, *please*, don't sleep in class; the instructor will get annoyed, you will miss hearing valuable information and your grade will most certainly decline.

The last place that I strongly suggest against is in the bathroom. Some of us can fall asleep while sitting up, but trust me; the toilet is just not the place to do it.

If you really need some reasons why not to, here are three good ones.

A) People *will* notice, even if you're in the privacy of your own stall.

B) Waking up to the sounds of bathroom activity is not fun.

C) If nothing else drives you away from this option, keep in mind, there will be a nice-sized, red ring on your ass.

Maybe you're the kind of person who prefers bizarre resting places. Have you gone to the library lately in the Dye Learning Center? Go curl up in the empty shelf underneath the National Geographics – but remember: snoring is not appreciated.

If you are particularly brave or are a bit of a dare-devil, then you can just plop down wherever you like. There is plenty of floor space to go around! Your backpack can be transformed into an instant pillow.

There are times when everyone needs a quick sleep in memory lane. What better way than to take a snooze in the cafeteria? Those plastic chairs are meant to rekindle those enduring times during high school.

If you were a bit of a "delinquent" (like I was) in high school, there are always the study cubicles in the Dye Learning Center. Hey, it beats the UFF (Unidentified Flying Food) being shuffled around.

"Memory lane" is not always the best place to find resting places, but there are certainly challenging places. A few places to check out are the Niemeyer Center (get creative!), the stone couch outside of the Art Center, or the benches near the gym in Randall Hall.

Okay, okay, all that does sound a little tough, but there are other options out there. The Pauling Center has a wonderful, soft-seating area in the Bagby Lecture Hall. The benches in Streeter Hall aren't too shabby, and neither is the red couch in

the Dye Learning Center.

The easiest locations to catch a wink would perhaps be the top level of McLoughlin Hall, fairly quiet and has the softest seating. There is also the Bill Brod Community Center's seating lounge that has a very relaxing atmosphere.

The *best* places are tucked away in places that are least expected. One such place is the student lounge on the top level of Barlow Hall. It is wheelchair-accessible, has vending machines, nice couches, and of course it's also a Wifi spot!

However, most of the best places are somewhat exclusive to certain groups and clubs.

If you become active in the Thespian Society, you'll have access to the green room.

Another great place is in Roger Rook Hall; that's right, in *The Print* lab. Come and join *The Clackamas Print*, and you too will be able to use our lovely, soft, green couch in those between times.

So, next time you're stressing about the lack of sleep you had the night before, just relax, take a deep breath and look around the campus. There are tons of areas that are available, and if you're creative, you can find your own unique haven.



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All photos by Jennessa Palmer Clackamas Print

TOP LEFT: Try relaxing on the top floor of Barlow Hall. TOP RIGHT: The cement couch outside of the Art Center. MIDDLE RIGHT: Randall Hall has benches lined up outside of the gym ready for sleep-deprived students. ABOVE: Get creative. A box in the Niemeyer Center serves as this student's bed as he catches 40 winks between classes.