

Nash goes on tear, Cougars rout

mi McDonnell
Clackamas Print

With a weekend full of the Clackamas soccer came up big once again, winning their NWAACC season.

The Lady Cougars (10-1-0) tied the first half of the season impressively with a dominant record; Head Coach Tracy Nelson said their win-record was due to solid work.

"No one player runs our team. We've really played as a group and have together some of our best performances as of late," said Nelson.

The Lady Cougars were tied up against a solid College team last Friday, but once again proved that they were the superior team crushing Clark State.

Hannah Nash came up huge, scoring four goals, one unassisted. Miriam Coto, Amanda Coto, and Emily Ingalls assisted Nash. Ingalls

put together a strong performance scoring two goals, one of which was assisted by Nicole Cahill.

Clackamas clashed with Lane CC for the first game of the weekend, and came up with a 4-0 win.

"We played Lane our first game of the season, but we weren't playing as well then as we are now. We [wanted] to really get after them," said Nelson. "They really haven't seen what we can do yet."

Jyella Deloney did an excellent job as keeper for the Cougars completing her third shutout of the season against Lane, which as of now puts her second in the NWAACC for total shutouts.

Nash had a standout performance scoring three goals, giving her a season total of twelve, which currently puts her third in the NWAACC for goals scored.

Trailing close behind is her teammate Ingalls, who is fourth in the NWAACC with a total of 11 goals scored.

The next game up is on Oct. 15 in Coos Bay against Southwestern CC at noon.

"No one player runs our team. We've really played strong as a group and have put together some of our best performances ..."

Tracy Nelson
Head Soccer Coach

Editor's Note:

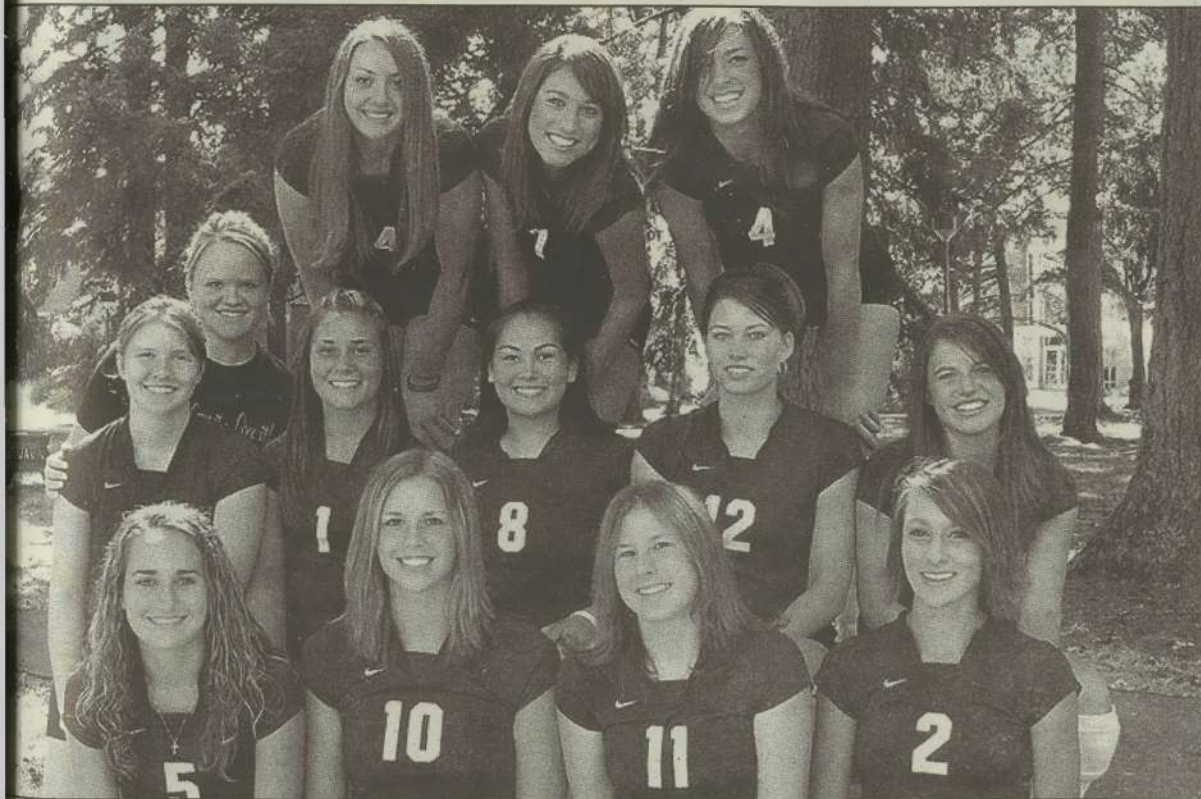
Please attend the last two regular season home games. Oct. 28 at 3 p.m. and Oct. 29 at 1 p.m.



Andy Zehrung Clackamas Print

Sophomore Tianna Meduri (7) fends off Lane CC defender during Friday's 4-0 win. The Cougars routed both opponents last weekend and currently sit at the top of the NWAACC south with a record of 10-1-0, their only loss coming Sept. 17 against Walla Walla CC.

Volleyballers fall at Chemeketa, Southwestern Oregon



The cougar volleyball team lost both matches last weekend, falling to last place in the NWAACC south. They lost to Chemeketa 30-16, 30-25, 30-19 and Southwestern Oregon 30-21, 30-17, 30-24. They are now 2-5 in league and 17-14 overall. (LEFT TO RIGHT, TOP TO BOTTOM) Cotie Howard (14), Kori Trenholm (7), Samantha Hennessy (4), statistician Aubrey Schneider, Catie Warren (3), Jami Durhkoop (1), Ashli Itami (8), Jessica Heidenreich (12), Meggan Chapin (6), Margo Wyatt (5), Rachel Gowen (10), Heather Gerke (11), Nicki Emmert (2). Tonight the lady volleyballers will take on southern rival Mt. Hood CC at 7 p.m. in the Randall gym. Next Saturday the cougars will travel to Albany to take on Linn-Benton CC. They will be back home Oct. 21 to face Southwestern Oregon at 7 p.m.

LEFT: PHOTO Courtesy volleyball media guide

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