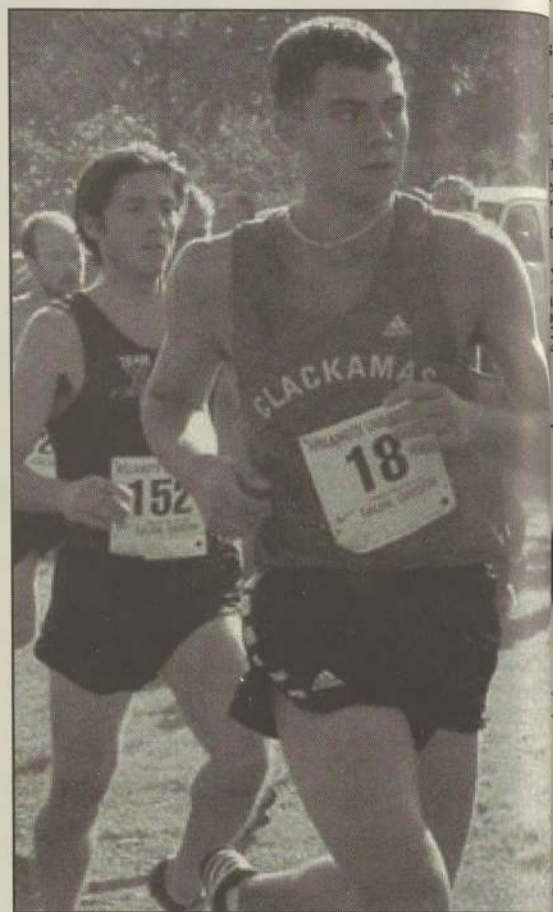


# Clackamas creeps up on NWAACC



The Clackamas men's and women's cross country teams will host and participate in the Southern Region Championships this Saturday. The women's race will begin at 11 a.m. and the men at 11:45 a.m. at the Clackamas soccer field. (LEFT) Lyndsey Bartell stays focused during a recent meet. (RIGHT) Chris Smith looks toward the competition. This is the only home meet the Cougars will have this season. Up next for the Cougars is the NWAACC Championship held Nov. 13 in Seattle at Lincoln Park.



**Editor's Note**  
Please attend the Southern Region Championships this Saturday at the Clackamas soccer field. Show up early; the women start at 11 a.m. and the men at 11:45 a.m. The soccer game is directly afterwards at 1 p.m.

KEONI MCHONE CONTRIBUTED

## Clackamas soccer strikes again

Clackamas picks up two stellar victories, ties Lower Columbia College, remains unbeaten in NWAACC play

**Mike McCormack**  
The Clackamas Print

By the look of the score you would think that the Clackamas women's soccer team had a rough game on Thursday at home against Lower Columbia College, but this was not the case.

The Cougars possessed the ball on offense for about 85 of the 90 minutes in the match, and out-shot LCC 38-2.

Cougar Head Coach Tracy Nelson said, "If [you] look at the start of the game we should have been scoring, but we struggled to finish it off."

Struggle is what they did. Clackamas had a hard time getting the ball into the net, thanks to

the relentless defense of Lower Columbia.

LCC used a unique defensive strategy in the second half, dropping back nine of their players to play defense on the usually relentless Cougar offense.

"They are the second team to press against us like that; the other team was Olympic," Nelson said.

Olympic is the only team other than Lower Columbia to put a blemish on the Cougars' record so far this season when they tied the Cougars 1-1 earlier in the year.

It wasn't that the Cougars weren't getting their shots off; the ball just couldn't find the net.

The Cougars ricocheted five shots off the post and had countless opportunities for shots on goal with terrific passing from

Amanda Triller on the corner kicks.

"As the game went on, the chances [on goal] became less and less," Nelson said.

The lone scorer from Clackamas was Emily Ingalls. The goal was set up by great transition from defense to offense and was assisted by Vicky Rodriguez.

The offensive game plan for Clackamas was to get the ball wide and keep getting their cross into the middle of the field for

scoring opportunities.

While they did a great job of crossing the ball into the middle of the field, the shots were just not finding the back of the net.

The Cougars were able to rebound on Saturday with a 3-1 victory over Southwestern Oregon CC, with two goals coming from Ingalls, and a goal from freshman Tiana Meduri.

Monday, Clackamas played Highline, a team that Nelson described as their toughest com-

petition so far this season. The Cougars shutout Highline with goals from Vicky and Amanda Triller.

"We got the results we wanted with a win and a shutout," Nelson said about the Highline game.

The Cougars have a lot of momentum remaining on their schedule before the NWAACC season start. The team will be in Astoria, Oct. 30 to take on Clackamas Community College. Game time is 7 p.m.



Jeff Sorensen Clackamas Print

Clackamas footballer Katie O'Brien (4) dribbles past the opposition during a recent game at the Cougar soccer field. Clackamas is now 13-0-2 in league play.

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