

Volleyballers dig out three wins

Cougar volleyball defeats No. 1 Chemeketa CC and improves to 6-1 in league and 23-8 overall

Nic Delzell
Sports Editor

The Clackamas volleyball team is rolling their way to another successful season.

The Cougars are currently No. 1 in the NWAACC Southern Region and ranked No. 4 in the NWAACC Coaches' Poll, with a league record of 6-1 and an overall record of 23-8.

"This team is really fun to watch," Head Coach Kathy Woods said. "They're a team that talks and works together. We are not losing teams over but I'm very proud and happy with this team, and I'm enjoying this team immensely."

Last Saturday, the Cougars took on Chemeketa CC and came away with a victory by scores of 30-21, 24-30, 30-28, 30-21.

This was a key victory for the Cougars as Chemeketa is ranked No. 1 in the NWAACC Coaches' Poll.

Crystal Jeffries led the Cougars with 15 kills and 11 digs; Jeffries was also voted Southern Division offensive player of the week. Brianna

McLeod followed with 14 kills for the Cougars.

The Cougars handed Southwestern Oregon CC a loss last Friday, 30-24, 30-23, 30-19. Samantha Hennessy slammed down 12 kills and McLeod once again busted out with nine kills and four blocks.

The Cougars battled Linn-Benton CC last Wednesday, and took out the Roadrunners 30-17, 30-20, 30-23. McLeod lead the way with 17 kills and Hennessy blasted 10 kills in the Cougars win.

With half of the season already over the Cougars are looking toward the Southern Division title.

"Our goal is to win the South," Woods said. "We have a long way to go ... but we'll see."

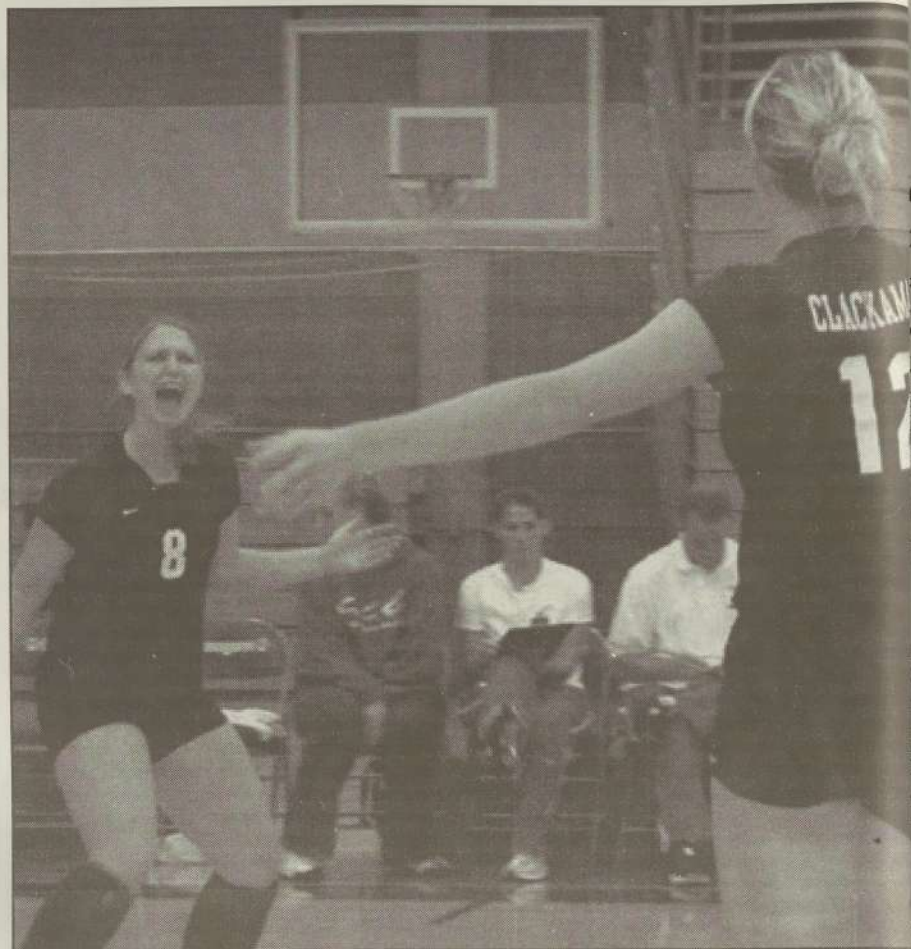
The Cougars only returned two players from last year's squad that took second at the NWAACC tournament in 2003.

They added three transfers to give what would have been a young team some NWAACC experience.

Transfers include Karrin Orr from Mt. Hood CC, Kristen Dielh and McLeod from Lane CC.

"We had a tough week," Woods said. "Three games in four days that were all important, it was hard but we were really competing."

Tonight, the Cougars will travel to Gresham to clash with Mt. Hood CC. Game time is slated for 7 p.m.



NIC DELZELL Clackamas

Holler! Karrin Orr (12) and Becky Horn (8) celebrate after a Cougar victory against Chemeketa CC on Oct. 9. The Cougar volleyballers won 30-21, 24-30, 30-28, 30-21.

Butkey takes home first place at Pacific Lutheran Invitational

Nic Delzell
Sports Editor

With half the season over the Cougar cross country runners are making moves on the running trail.

The Cougars traveled to Tacoma last Saturday to run in the Pacific Lutheran Invitational. The Cougars competed against NWAACC schools as well as some four year schools.

"I think they fared well," Head Coach Keoni McHone said, "considering some of those teams had

juniors and seniors on them."

Both the men and the women had a strong showing, proving Clackamas can run with the best NWAACC schools.

Leading the way for the women was sophomore Tiffany Passi. Passi placed 25th with a time of 24:38.1. Lyndsey and Leslie Bartell finished

27th and 28th respectively and Ashley Adams finished 35th out of a pack of 90 runners.

"Our women's team has a tight pack from one to six; all of their talents

are pretty similar," McHone said. On the men's side, Cougar

sophomore John Butkey had an outstanding day finishing first overall with a time of 25:28.1. Josh Cobb followed placing 10th and Hipolito Gonzalez finished 18th out of 87 runners. Both the men and the women placed fifth overall as a team.

"We preformed how I expected us to," McHone said.

The Cougars have been competing since early September participating in the Idaho Invite, the Sundogger Invite and the Willamette Invite.

This Saturday the Cougars will

run the Nike/Danner Invitational in Troutdale. The Cougars will take a week off to prepare for the Southern Region Championships held on October 30.

"On the women's side we gonna' be in the hunt," Passi said. "We're in the top 10 at Clark CC and Spokane CC and Highline CC trying to get on the men's side Lane CC team to beat. With the performances so far, we haven't been hunting for success just need the guys to run with potential."

"On the women's side we're gonna' be in the hunt ..."

Keoni McHone
Head Cross Country Coach

Cougar Sports Calander

Volleyball

Tonight 7 p.m. @ Mt. Hood CC Gresham

Oct. 20 7 p.m. Linn-Benton CC

Oct. 20 7 p.m. SWOCC

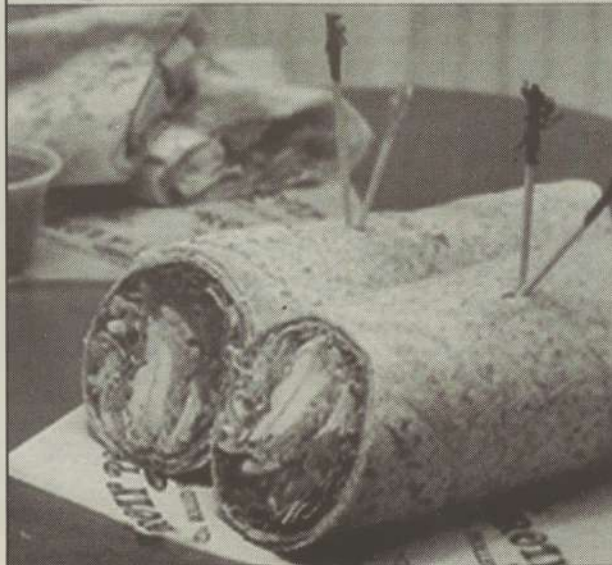
Soccer

Oct. 16 1 p.m. Green River CC @ Home

Oct. 21 3 p.m. Lower Columbia College

Oct 23 12 p.m. SWOCC (home games in bold)

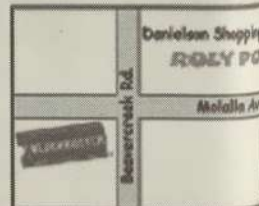
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