

Cougar athlete's javelin throw of 237'-6" sets NWAACC record

Kauffman provisionally qualifies for Olympic Trials

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The Clackamas track and field team came through with one of their better performances of the season at the NWAACC Track and Field Championships last weekend in Spokane, Wash., with the men finishing third and the women finishing fourth.

"It was a great meet, we had some outstanding performances by both the men and the women," said Head Coach Jack Kegg. "The men improved on their performance in the Southern Division meet by defeating all of the other Oregon schools in the NWAACC meet and the women just had some gutsy performances. I am very proud of both teams."

The highlight of the meet for the Cougars was the last javelin throw by Casey Kauffman, who provisionally qualified for this summer's U.S. Olympic Trials by throwing the javelin 237'-6" in winning the event. Kauffman's heave also set NWAACC and stadium records. Stewart Powell threw a personal record (PR) of 203'-4" in finishing third.

John Butkey won the NWAACC title in the 5000-meter run in a time of 15:15.20, while Eli Navarez finished third with a time of 15:32.11.



KEONI McHONE CONTRIBUTED PHOTO

CCC's Casey Kauffman flies through the air in route to finishing fourth in the long jump at the NWAACC Championships last weekend in Spokane, Wash. Kauffman also provisionally qualified for the Olympic Trials with a 237'-6" throw in the javelin.

Butkey also finished fourth in the 1500 in a time of 4:05.54. Troy Sexton took second in the 110-meter hurdles with a time of 15.15 seconds.

Brian Bernard was the Cougars' high-point man of the meet with a third in the pole vault, a third in the

high jump and a fifth in the long jump. He also ran legs on both relay teams. The 4x400 team of Bernard, Ryan Richards, Reggie Johnson and Mike Jenkins ran the tenth-fastest time in school history, finishing fourth in a time of 3:19.84. The

4x100 team of Josh Cain, Bernard, Kauffman and Jenkins finished fifth with a time of 42.39.

Kasie Gillespie was the only women's winner during the meet as she won the long jump with a leap of 18'-3". The women got outstanding

performances from Nicole Sprauer who broke her own school record in the hammer with a throw to finish second. Sprauer finished second in the javelin throw of 134'-8".

The women's 4x400 team of Jenna Bird, Chelsey Fuller, Megan Odom and Gillie finished second with a time of 3:21.44, the sixth-fastest in school history. The same foursome also ran the fastest time in school history in the 4x100 relay in a time of 42.39.

Elise Megale had a great performance, finishing second in the 1500-meter run with a time of 4:05.54, third in the 1500-meter run with a time of 4:51.55. Odom finished second in the 400 with a time of 59.39 and in the 200 with a time of 1:15.11.

Anyone who finished third in an event achieved a bronze All-American status, achieved this honor for the first time in consecutive years.

"This was probably the best overall team performance in the ten years my teams in the ten years I've coached here," said Kegg. "It was really an outstanding job by our people. The women were out on a trophy (11 people), but they were third place, but they were on the track."

Clackamas men's results

100-meter:	Josh Cain	11.33	6th
400-meter:	Ryan Richards	50.64	8th
1500-meter:	John Butkey	4:05.54	4th
	Eli Navarez	4:08.22	6th
5000-meter:	John Butkey	15:15.20	1st
	Eli Navarez	15:32.11	3rd
	Hipolito Gonzalez	15:50.02	8th
10000-meter:	Hipolito Gonzalez	33:22.04	5th
110-hurdles:	Troy Sexton	15.15	2nd
	Brian Bernard	15.85	5th
400-hurdles:	Tyler Schmidt	58.98	6th
	Troy Sexton	59.72	8th
4x100 relay:	Clackamas	42.39	5th
4x400 relay:	Clackamas	3:19.84	4th
Long Jump:	Casey Kauffman	22'-11.25"	4th
	Brian Bernard	22'-10.75"	5th
	Kreig Holland	21'-4.75"	8th
Triple Jump:	Kreig Holland	45'-1.75"	5th
High Jump:	Brian Bernard	6'-8"	3rd
Pole Vault:	Brian Bernard	15'-1"	3rd
	Stewart Powell	14'-7.25"	6th
Shot Put:	Marshall Utz	46'-8"	3rd
Javelin Throw:	Casey Kauffman	237'-6"	1st
	Stewart Powell	203'-5"	3rd

Final Team Scores

Men: Highline 205.5, Spokane 191, Clackamas 119, Clark 98, Lane 96.5, SW Oregon 61, Mt. Hood 34, Treasure Valley 9

Women: Spokane 182.5, Lane 153.5, Clark 141, Clackamas 130, Highline 120, SW Oregon 45, Mt. Hood 35

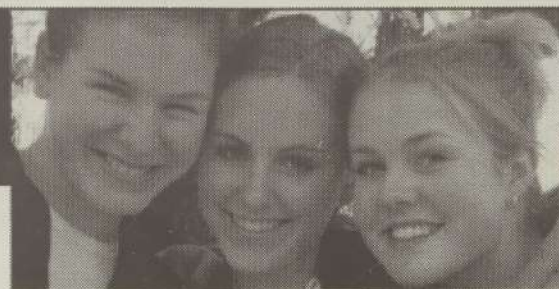
Clackamas women's results

100-meter:	Chelsey Fuller	12.98
200-meter:	Megan Odom	26.43
	Chelsey Fuller	26.84
400-meter:	Megan Odom	59.39
800-meter:	Elise Megale	2:21.44
	Jessica Poggi	2:31.43
1500-meter:	Elise Megale	4:51.55
	Samantha Cox	5:07.70
	Tiffany Passi	5:18.25
3000-meter:	Tiffany Passi	11:29.94
	Lynsey Bartell	11:37.08
5000-meter:	Leslie Bartell	20:05.84
	Lynsey Bartell	20:16.31
10000-meter:	Leslie Bartell	41:48.57
	Samantha Cox	45:55.93
100-hurdles:	Kasie Gillespie	15.76
	Jenna Bird	16.45
400-hurdles:	Jenna Bird	1:06.77
4x100 relay:	Clackamas	49.59
4x400 relay:	Clackamas	4:04.51
Long Jump:	Kasie Gillespie	18'-3"
High Jump:	Chelsey Fuller	4'-10.25"
Shot Put:	Kerby Boschee	39'-2.5"
Discus Throw:	Kerby Boschee	122'-5"
	Rachel Lofting	110'-11"
Javelin Throw:	Nicole Sprauer	134'-8"
Hammer Throw:	Nicole Sprauer	158'-5"

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