

# Track takes Chico Twilight in strid

**Nic Delzell**  
SPORTS EDITOR

The Clackamas track team had an excellent weekend as many of the runners and throwers finished near the top in their respective events.

The team traveled to Chico State University last Saturday to participate in the Chico State Twilight.

"Well it was about 90 degrees at Chico," Assistant Track Coach

Keoni McHone said. "Considering we haven't been acclimated to it, I think that we faired pretty well."

On the men's side, Cougar runner Troy Sexton finished second overall in the 110 meter hurdles and third overall in the 400 meter hurdles. In the men's Pole Vault Sean Jones tied for first with three other competitors; his vault was exactly 16 feet.

The men ruled the Javelin throw as Stewart Powell won the

event and Thomas Sparks placed fourth. Powell was able to bust out a personal record throw on a grass runway.

McHone said that Cougar runner John Butkey ran a solid time of 15:10.79 in the men's 5,000 meter.

"The long-distance runners did well in the heat," McHone said. "They didn't race till the evening but they had to sit in the sun all day waiting."

The women's side also had a fine showing as Leslie Bartell and

Tiffany Passi finished 10th and 11th respectively in the 5,000 meter. The women were also able to take home first place in the javelin as Nicole Sprauer won the event. McHone said this was Sprauer's first time throwing in competition in two weeks.

Monday and Tuesday the Cougars participated in the NWAACC Multi-Event Championships. Results were not available at press time.

This Saturday they will partici-

pate in the Ken Shannon Invitational at the University of Washington. Then, on the Cougars will travel to Seattle for the Southern Region Championships.

"The women are going to be a mix at the Southern Region Championships," McHone said. "We think it's better to have the Cougars in Spokane, Lane and Clackamas depends who's in that area. We're hoping to finish in the top 10. We can get a trophy."



KEONI MCHONE

Cougar runner Troy Sexton battles with a runner from Chico State University during the 400 meter hurdles on May 1 at the Chico State Twilight. Sexton placed third overall with a time of 57.36. The Cougars will travel to Seattle this weekend to participate in the Ken Shannon Invite.

## Tillman deserves props from outside the sports spectrum

**Nic Delzell**  
SPORTS EDITOR

Pat Tillman lived the hard-hitting life of the NFL, but the events of 9/11 stirred something inside of him. That stirring told him to enlist in the United States Army. Then he was sent to Afghanistan and never returned.

On April 22, U.S. Army Ranger Tillman was killed in an ambush.

Tillman walked out of a \$3.6 million contract with the Arizona Cardinals in 2002, only two years after his NFL career began. After a tour of duty in Iraq, Tillman returned briefly to the United States, and then he and his Ranger unit were sent to Afghanistan.

On April 30, the U.S. Army posthumously awarded Tillman the Silver Star, our country's third-highest award for bravery in combat, for leading his unit to a successful rescue of his comrades; Tillman was the only one who didn't survive the encounter with the enemy.

A memorial service was held last Monday in California. His father and brother both spoke at the service, as well as sports journalist Jim Rome. But the most compelling words may have been said by Chief Petty

Officer Steven Davis, who served with Tillman.

Tillman's brother-in-law Alex Garwood also spoke, using some profanity during his time on the mike to the tune of applause.

"This (expletive) sucks, what sucks is that we lost Pat," Garwood said.

And I must agree with him: It does suck when we lose anyone in combat.

There are few people who I know that would make a sacrifice like this. I give Tillman the utmost props and think he should be honored by all. At the very least, people who don't care about sports should know his story.

Put all of your views about the war in Iraq aside, put your politics aside and holler at Tillman, or at least holler about him. Tell your friends and family about the NFL player who died in combat, instead of living the easy, chillin', mackin' and tacklin' life of playing a game for a living, doing something the majority of us could and would only dream of.

I would just like to end by saying that Tillman reminds me of something Tupac Shakur once said.

"Who know what tomorrow brings? In a world where everyone's dying, the good die young, the good die young."

### UPCOMING COUGAR SPORTS

Baseball (remaining home games)	Softball (remaining home games)	Track (no home meets remain)
May 15: Linn-Benton CC 1 p.m.	May 7: Mt Hood CC 3 p.m.	May 8: Ken Shannon @ Seattle, Wash
May 18: Chemeketa CC 1 p.m.	May 8: Lower Columbia 2 p.m.	Southern Region Champ @ Eugene, Ore

Want a  
**FREE**  
gift certificate  
to the CCC Bookstore?



#### What is it?

A Peer Leader is CCC student who helps with New Student Experience on September 17, 2004.

#### What do I do if I am interested?

##### Attend ONE of the following information sessions:

- ✓ May 10<sup>th</sup> CC 126. 12:00-12:30 pm
- ✓ May 10<sup>th</sup> CC 126 ..... 3:00-3:30 pm
- ✓ May 11<sup>th</sup> CC 126 ..... 6:00-6:30 pm
- ✓ May 14<sup>th</sup> CC 126 ..... 1:00 -1:30 pm

All Peer Leaders who complete training and help on September 17 will receive a \$10.00 gift certificate to the CCC bookstore!

##### Or contact Tara Sprehe via one of the following:

- ✓ Call her at 503-657-6958 ext. 2625
- ✓ Email her at taras@clackamas.edu
- ✓ Stop by her office, CC 149 (Admissions and Student Outreach)