

Lyndsey (1224) and Leslie (1223) Bartell lead the pack during the Southern Region Championships held on Oct. 25 at Lane CC. The sisters finished in 2nd and 3rd place, respectively. Tiffany Passi (1227) finished 5th. The women's team won the team competition with a score of 33. The men were led by John Butkey, who won the men's individual title with a time of 25:32. The men also took home the team title. As a team Clackamas also won the co-ed combined title.



CHRISTINE MCHONE CONTRIBUTED

Cross Country tramples the competition

Nic Delzell
SPORTS EDITOR

Clackamas Cross Country got closer to ending a successful season with a strong showing at the Southern Region Championship held Oct. 25 at Lane CC in Eugene.

"We should have come home with every single title," said Head Coach Keoni McHone.

The Cougars had a week off

between the Pacific Lutheran Invite and the Southern Region Championships.

"To race those long distances can beat up on your body," said McHone. "[The team was] able to get rested physically and mentally."

The Cougars raced against Southern Region teams Lane CC, Mt. Hood CC and Clark CC.

The men placed first overall with a team score of 25. John Butkey won the

men's individual title with a time of 25:32. Eli Nevarez came in second with a time of 25:58. Lane's Rowdy Sargeson finished third behind Nevarez with a time of 26:13.

"I was really impressed with Eli's race. Sargeson has beat Eli before, this time he got him back and beat him by a significant amount of time," said McHone.

The women also placed first overall with a team score of 33. Lyndsey

Bartell placed second overall with a time of 19:43. According to McHone, Bartell should have placed first. Clark's Katie Dye admitted to race officials that she cut the course because there were no course monitors. Even though she admitted cutting the course, Dye remained in first place and took home the women's individual title.

"I knew it would be close on the women's side," said McHone. Clackamas also won the co-ed

combined title and McHone won Southern Region Coach of the Year honors.

On Nov. 11, the Cougars will travel to Spokane to participate in the NWAACC championships.

"We'll see if Butkey can get the individual title," said McHone. "He'll be in the mix with three other really fast guys. Talent-wise, he's as good as they are. It just depends who's on that day."

Soccer team needs two victories to lock up playoffs this week

Frank Jordan
THE CLACKAMAS PRINT

Clackamas soccer had an easy week as far as on-the-field play was concerned. The Cougar women took home a forfeit win on Oct. 22 over Tacoma CC, who was unable to field a complete team for the match.

The Cougars have an important week ahead as the women take on division rivals Bellevue CC today and Southwestern Oregon Friday. Both games are on the Clackamas field at 3p.m.

These games are extremely important to the playoff hopes of the Cougars, as they are locked in a tight race for second place in the Southwest Division of the Northwest Athletic Association of

Community Colleges (NWAACC). The Cougars currently hold that second place position with 25

points, followed closely behind by Green River CC and Lower Columbia College with 24 points and Clark College with 23.

"If we win both games [this week], then we will lock up second place and that will mean a home game to open the playoffs," said Head Coach Tracy Nelson. "But if we lose or tie either or both games, then we will

probably need some help." Any tie-breaker that is needed to determine playoff seeding in the first round of the NWAACC playoffs would be held on Nov. 5 at a location to be determined. If no tie-breaker game(s) are needed, then the playoffs will begin on Nov. 7.

"Our team had a really hard week of training to get them prepared, and it was really good to get that time to train," said Nelson. "Everyone on the team is healthy and we will be ready to play [against Bellevue.]"

"If we win both games [this week] we will lock up second place"

Tracy Nelson
Head Soccer Coach



EARL ENGLAND The Clackamas Print

Megan Diebel works on her moves during practice. The Cougars are currently in second place in the Southwestern division with a 8-5-1 record. The women need this victory to help get them into the playoffs.

Volleyball remains number one in NWAACC

Nic Delzell
SPORTS EDITOR

After another successful week, Clackamas volleyball is still ranked number one in the Northwest Athletic Association of Community Colleges (NWAACC) coaches' poll.

"Anytime you get a number-one ranking, it means you get respect," said Head Coach Kathie Woods. "When it comes down to it we want respect and an NWAACC championship."

Last weekend, the Cougars traveled to Gresham to participate in the Mt. Hood Halloween Classic hosted by Mt. Hood CC. They placed third, with their only loss coming against Mt. Hood by

scores of 30-25, 29-30, 27-30 and 25-30.

"It was our turn to take it to [Mt. Hood] and we didn't," said Woods.

Clackamas defeated Lower Columbia College twice and also defeated Columbia Basin CC. Lindsay Schiely led the offensive attack for the Cougars with 72 kills in 14 tournament games. Ashley Cadotte had 45 kills in 14 tournament games. Haley Bentz led the defense with

53 digs in 11 tournament games and Tara Andrews followed with 51 digs in 14 games. Mt. Hood took home first place, with Bellevue CC taking second.

On Oct. 22, Lane CC visited the Clackamas gym. They were

defeated in three games by scores of 30-28, 30-23 and 30-28. Michelle Boeckman led the Clackamas offense with 14 kills. Tara Andres led the defense with 38 assists and 14 digs.

The Cougars are now 6-1 in Southern Region league play. Mt. Hood trails them for second place with a record of 5-2.

Tonight the Cougars will travel to Salem to battle against Chemeketa CC, who is currently in third place in the Southern Region with a 4-3 league record.

"We are working really hard this week. I expect a really tough match for us; hopefully the best team will win," said Woods.

Schiely is also gearing up for tonight's match up.

"I'm really excited to play against Chemeketa. They have really improved. We beat them pretty bad the first time. They have a couple players who went down at the tournament this weekend so that should be interesting...we really need to win," she said.

"Anytime you get a number one ranking it means you get respect."

Kathie Woods
Head Volleyball Coach

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