

Baseball goes through the motions

Team follows pattern of ups and downs, still searching for consistency

Nic Delzell

The Clackamas Print

Clackamas baseball is still going through the motions. The team won three out of six games last week.

Last Tuesday's doubleheader ended with two decisive wins over Southwestern Oregon CC, 8-3 and 5-2. Chris Runyan set the jump off in game one with a first inning home-run. Cougar catcher Barry Humphrey went 2-for-5, driving in three runs. Pitcher Ty Combs got the win.

In game two Tim Dumas pitched

a complete game win. SWOCC managed only two runs on four team hits. Outfielder Chris Kosmas went 1-for-3 with two runs scored and one stolen base. Second basemen Jake Austin went 2-for-4 with one run scored and one run batted in.

Last Thursday the Cougars played a doubleheader at Linn-Benton CC. Each team took home a victory. Game one was a lopsided affair with LBCC pounding the Cougars 10-2. Brad Neffendorf pitched the loss; however, he still struck out four LBCC batters. Humphrey went an impressive 3-for-

3, including one double.

Game two went to Clackamas 4-2. Jesse Gaylord went 3-for-5 at the plate with two runs scored, two stolen bases and one run batted in. Humphrey came up big again going 2-for-5 at the plate.

According to Head Coach Robin Robinson, Mo Burgess and Gaylord both pitched great in game two. Burgess hurled the win and Gaylord closed the game.

"Well done," said Robinson.

Unable to produce runs, the Cougars lost a doubleheader last Saturday at home against SWOCC,

4-1 and 3-1.

Gaylord was hit by pitch in game one with the bases loaded, producing the lone Cougar run. Nick Mason came up short on the mound. He pitched seven innings and gave up all four runs. He also allowed three free passes on balls but struck out three SWOCC batters.

In game two, shortstop Jason Chan had his bat in check. He went 2-for-2 with a stolen base and one base on balls. Dumas hurled six plus innings with three

strikeouts.

Results for Tuesday's game were not available at press time.

Saturday the Cougars travel to Eugene to play a doubleheader at Lane CC. Lane is currently first in the NWAACC southern region and ranked eighth in the most recent NWAACC Coaches' Poll.



NIC DELZELL Clackamas Print

Chris Kosmas (4) crosses the plate during the April 15 match-up against Southwestern Oregon. Tommy Johnson (12) waits patiently on deck for his chance to take his cuts. Clackamas swept the doubleheader and improved their record to 12-11.

Track sees several improvements, postseason qualifying marks while hosting Cougar Invite



NIC DELZELL Clackamas Print

Clackamas played host to a number of competitors at the Cougar invite on April 19.

Elena Boryska

Sports Editor

At the Cougar Invite on Saturday, Clackamas' track teams took it easy and ended up with 20 improvements on qualifying marks for the postseason conference championships.

"I thought we had some really good improvements in some key areas, which is what we were really looking for," said Head Coach Jack Kegg. "Everyone competed, but we didn't compete very hard. We just picked an event and tried to run hard or throw far in that event."

On the women's side, Chelsea Fuller raced her season best in the 400 yard dash after being out for a month. Her time of 1:01 was good enough to qualify her for the postseason. She also achieved another best as she won the high jump with a height of 5-2.

Jenn Petersen ran her lifetime best and qualified in the 800 with a time of 2:25.94. In the 100 yard high hurdles, Jenna Bird, Kasie Gillespie and Kim Provost all ran a 16.24; this was a new qualifying time for Provost. Bird had a lifetime best in the 400 yard low hurdles; her time of 1:08.27 was good enough for second best in the con-

ference. Erin Shafer, Natalie Walruff, Elisabeth Malsey and Tiara Krismunando swept the pole vault for Clackamas with heights of 11-0, 10-6, 10-0 and 10-0, respectively, which is always a strong area for the Cougars.

In the discus, Rachel Lofting came up eight inches short of her season best throw with a distance of 119-02. Lofting's sister Ashland, and Kerby Boschee also had a good showings, throwing their season's bests of 115-11 and 113-09, respectively. Boschee also did well in the hammer, throwing a nine foot improvement of 122-11.

For the men, Nate Henry had a good day after recovering from an accident during practice. Last Wednesday, Henry tripped while pushing the hurdle cart around and ended up knocking out his four front teeth; he missed some practice time but still ran some really good races over the weekend. He ran 11.44 in the 100, which was his lifetime best and was good enough for eighth place. His time of 55.24 in the 400 yard intermediate hurdles won the event and was also good enough for second in the conference, despite it only being his third time ever competing in them. Henry hasn't lost in that event yet, and has seen a two second improvement

each time he has run it.

Paul Etter had a great meet. He took second in the event with a 48-07 distance, coming within two inches of his lifetime best. He also won the discus and threw a new school record of 195-0 in the hammer, beating the previous school record that he set last season as a freshman.

After being sidelined for a month by a hamstring injury, T. Harris came back to win the 400 with a time of 50.76. Rusty Pruden raced pretty well in the 1500 yard run, coming in third place with a time of 4:04.24 but beating out last year's NWAACC champion, Danny Dobra, who took fourth.

The Cougar men's performance in the 1600 relay was good enough to qualify for the postseason despite the absence of Harris, who should bring in a four to five second improvement when fully healthy. Sean Jones had a good finish in the pole vault with a height of 14-6 after going 15 feet in practice the week before.

Next up for the Cougars is a meet at the University of Oregon, as well as the heptathlon competition that a few Cougars will be taking part in.

"We have a lot of people who are really trying to be focused on this next week," said Kegg.