

Cougar Sports Calendar

Now with more real Cougar!

Wrestling

Friday, January 31
Dual w/ Highline
CC
@ 7 p.m.

Friday, February 14
Region 18
Tournament
All Day HOME

Men's Basketball

Wednesday,
January 29
at Mt. Hood CC @
7:30 p.m.

Saturday, February
1 at
Umpqua CC @
6 p.m.

Saturday, February
8
Southwestern
Oregon CC @
6 p.m. HOME

Women's Basketball

Wednesday,
January 29
at Mt. Hood CC @
5:30 p.m.

Saturday, February
1 at
Umpqua CC @
4 p.m.

Saturday, February
8
Southwestern
Oregon CC @
4 p.m. HOME

Wrestlers fall to North Idaho, are still optimistic about regionals

Frank Jordan
News Editor

The Clackamas wrestling team took a long trip to North Idaho College for a dual meet with the perennial national powers from Coeur d' Alene and came back home after absorbing a 43-0 defeat at the hands of the Cardinals.

"Considering it is a long trip just to get there, I thought we wrestled them (North Idaho) tough, but in that atmosphere that they generate up there we kind of got our butts whupped," said Assistant Coach Lewis Coy. "I don't think that North Idaho has lost a dual meet at home in a very long time, but we competed pretty well."

Coy mentioned Ben Sevigny, who lost to Damon Rowe by a score of 9-4 in the 125-pound match, and Derrick Bollier, who lost to John Zamora 13-5 at 165

pounds, as two who performed very well in the meet. Jimmy Crisman lost a one-point decision at 133 pounds and Chris Henry lost 3-2 in the heavyweight class.

"It was a good experience for the younger guys, and that should be good for us as we gear up for regionals," Coy said. "We have a dual with Highline CC coming up this weekend and we hope to build a little momentum for the regional tournament."

The Cougar matmen wrestle at Highline this Friday in Des Moines, Wash. It will be Clackamas' last dual meet of the season. The Cougars will return home to host the Region 18 Wrestling Championships on Feb. 14 in the Randall Hall gym.

"We should do very well in the regional tournament," Coy said. "I would be very surprised if don't qualify nine to ten wrestlers for the national championships at the end of February. We just need to step it up a bit."



LUKE MAHAN Clackamas Print

Michael Fisher(bottom) tries to take teammate Derrick Bollier down during practice. According to Coach Coy, Bollier performed very well at the last meet, despite his loss. The Cougars will compete at Highline CC on Jan. 31.

Track: Indoor meet provides competitive practice, foreshadows a promising season

Elena Boryska
Sports Editor

Clackamas' track season doesn't officially start until March 1, but that doesn't mean that the athletes sit around and wait until then to take part in competitions. Many four-year schools compete in an indoor track season before the outdoor season begins, and these meets provide the perfect opportunity for CCC's track teams to measure themselves against some very capable opponents.

"We're not training for this time of year at all," said Head Cross Country Coach Keoni McHone. "We're looking forward to the end of the year, but we just let [the athletes] see what they're at this time of the year with what they're doing."

On Jan. 18, the Cougars traveled to the University of Washington to take part in the Husky Preview.

Some of the highlights of this meet included the second fastest 400-meter run in indoor track so far this year, the second and third fastest women's 800-meter run, as well as some other impressive finishes.

Kari Rissmiller had the top indoor mark in school history in the one-mile event by a significant amount of time. She was running against some very talented semi-pro women, but still managed to finish in the 11th place spot. According to McHone, this finish puts her about a month-and-a-half ahead of schedule compared to last year. Her time of 5:11 was about 10 seconds faster than what she finished at this time last year.

Another area where the Cougars excelled was the women's pole vault. Elisabeth Malsey and Natalie Walruff both flew over the 11-foot mark and captured the seventh and eighth positions, respectively.

In the men's 300-meter, Pat Searing beat his lifetime personal best by 26 seconds in a very fast-paced race for this time of the year. Searing only finished five places

against the world-leader John McEwen, who claimed first place in this competition. Besides McEwen, Howlett also threw against Adam Kriz, who is a two-time PAC-10 champion in the hammer throw, a sport similar to the weight throw. Howlett's throw of 49'8" was the second farthest throw in school history, and helped him gain the interest of many other schools.

Since Clackamas doesn't participate in the indoor track schedule, the main reason that the Cougars showed up was to measure themselves against other athletes before the season begins, and what this meet says about their chances in the track season appears to be very promising.

"For us to be competing really well in a different type of training than [we are used to] speaks well for how good our athletes are in shape for right now," said McHone.

"We're not training for this time of year at all."

Keoni McHone
Head Cross
Country Coach

behind Warner Pacific's Chris Clancy, who was the winner of a very large cross country invitational at Willamette with 400 other competitors.

Kelly Howlett made it into the

Defensive game wins Super Bowl

Nic Delzell
Staff Writer

The NFL's number one ranked offense against the number one defense: you couldn't ask for a better match-up in Super Bowl XXXVII. Defense wins the championship.

Sunday night Super Bowl MVP free safety Dexter Jackson lead the Tampa Bay Buccaneers to a 48-21 victory over the Oakland Raiders. Dexter intercepted two balls thrown by regular season MVP Quarterback Rich Gannon, returning both for touchdowns. Gannon finished the day with five interceptions, accounting for all five Oakland turnovers.

The game started with a field goal by Sebastian Janikowski that was set up by Charles Woodson's

interception. These would be the only three points the Raiders put on the scoreboard in the first half. Tampa Bay's defense held Oakland's running attack to minimal yards and kept the ball out of aging all-star receiver Jerry Rice's hands. Tampa Bay's 24th ranked offense looked poised and ready to score. After Tampa's quarterback

Brad Johnson threw an interception on the opening drive he took control of his offense, finding open receivers Keshawn Johnson and Joe Jurevicius. John Gruden, Tampa Bay's coach, called a somewhat conservative but effective offensive attack. If it's true that NFL playoff games are over if a team is down 14, then the Raiders hopes were over at the end of the first half. They were down 20-3.

Tampa's defense was just too fast

and hit too hard. Gruden knew exactly what to expect from the Oakland offense. Tampa Bay acquired Gruden as their new head coach from Oakland in the off-season last year for eight million dollars and four draft picks. In practice the week before the Super Bowl Gruden simulated Gannon's offense, giving the Tampa defense plenty of knowledge about the opposing team's offense.

Oakland did have opportunities to get back in the game in the second half. Oakland blocked Tampa's punter Tom Tupa and returned it for a score. Oakland also found Rice on a 48-yard touchdown; that may have been the only lapse in the Buc's defense all day.

With no running game, the Raiders had their defense on the field for too long and the Tampa

offense took full advantage. Michael Pittman, the Buc's running back, rushed for 124 yards on 29 carries, both season highs. Oakland's running game rushed for a combined 19 yards.

Sunday's game proved to be a classic Super Bowl blowout. The Tampa Bay Buccaneers dominated their very first Super Bowl against one of the most feared teams in the history of the NFL, controlling the game from start to finish. Tampa's defense should be looked upon as one of the best to ever play the game of football. The Buccaneers have an excellent shot at returning to the Super Bowl next year. The Raiders will be a good team, but they retain the oldest roster in the league so a repeat of next year's game may rely on the health of an aging Oakland squad.