

## Men, Women earn 2nd place; individuals win at Southern Region Championships

**J.J. PEARSON**

Staff Writer

Under blue skies and warm temperatures, the men's and women's track and field teams battled among the best in the Southern Region Track & Field Championships, held last Friday and Saturday at Clackamas.

The women were the most surprising of the two teams, finishing in second place behind the champion, Mt. Hood.

According to Head Coach Jack Kegg, the women competed at a real high level. If they didn't win their events, then they set personal records to earn points.

Kari Rissmiller ran away with four titles and scored 32 1/2 points, the second highest individual scorer in the meet. "She was outstanding," said Kegg. Rissmiller was the Southern Region champion in the 800-meter run, 1500, 3000, and the 4 X 400-meter relay team, which also included Dasha Wakefield, Rebekah Yancoskie, and Maria Skipper.

Wakefield scored 29 1/4 points while competing in several events. It was commonplace to

see her dart across the infield from one event to the next. At one point, she was competing in the pole vault, high jump, and javelin at the same time.

Skipper beat the favorite, Mt. Hood's Brady Randall, in the 400. Skipper's time of 59.24 seconds placed her tenth on Clackamas' all-time list.

Kegg said many athletes did very well and it is hard to pinpoint one individual that stood out. Elisabeth Malsey "stepped up big for us. She tied or broke her personal record in every event she participated," said Kegg.

The gutsiest performance over the weekend came from Christy Strout. She has been recuperating from a bicycling accident two weeks ago and has been hobbled by a sore wrist. She managed to overcome the pain and soared 9 feet in the pole vault to earn two points for the team.

The men fell short of their goal to become the Southern



J.J. Pearson/The Clackamas Print

**Maria Skipper earned second place in the pole vault last Friday. She totaled 23 1/2 points during the two-day Southern Regional Championships.**

*"We definitely thought we had a chance to win; it didn't work in our favor."*

Jack Kegg  
Head Coach

Region champions. They had some key injuries, which possibly could have altered their outcome. "We definitely thought we had a chance to win; it didn't work in our favor," said Kegg. "We were in the hunt," added Clackamas Athletic Director Jim Jackson.

Corey Swim (46-4 1/4) set a personal record in the triple jump and led the men with 26



J.J. Pearson/The Clackamas Print

**Rebekah Yancoskie leads the pack during the women's 800-meter run. She was also on the first-place 4 X 400-meter Relay team.**

points. Swim also had his second best throw in the javelin. He has been the high point scorer on the men's side all year.

John Knez (180-4) "came up big" in the javelin, improving his personal record by 13 feet, which gave the Cougars three points.

The Cougars ran Mt. Hood's Danny Dobra silly, accomplishing their goal of tiring him out. Dobra did win the steeplechase and 5000, but he finished behind several Cougar athletes in the 800 and 1500.

Jonas Welsch, hampered by a

hamstring injury, gave Clackamas a boost in the 400 with his season best time of 49.71 seconds. Emil Schaffroth finished one-second behind Welsch in the event to earn three points. Kegg said both of these guys did very well.

The track and field teams have the week off to prepare for the long-awaited NWAACC championships at Mt. Hood Community College on May 23 and 24.

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### SOUTHERN REGION CHAMPIONSHIPS MAY 10-11

#### MEN

1. Mt. Hood	187
2. Clackamas	181
2. Lane	181
4. Clark	105
5. SW Oregon	90
6. Chemeketa	50
7. Linn-Benton	8

100-1, Belliston (10.76) 2, Reddington (10.96) 200-1, Maxey (21.74) 2, Howard (22.04) 400-1, Lamb (47.74) 4, Welsch (49.71) 6, Schaffroth (50.71) 800-1, Elmer (1:56.15) 2, Williams (1:56.95) 4, Pruden (1:58.92) 6, Holland (2:02.33) 7, Meng (2:03.33) 1500-1, Pruden (4:04.32) 3, Holland (4:06.25) 7, Oakerman (4:16.09) 8, Costa (4:19.59) 5,000-1, Dobra (15:49.98) 4, Searing (16:09.36) 6, Solosabal (16:14.31) 7, Brolin (16:17.27) 10,000-1, Wells (33:26.90) 2, Searing (35:06.50) 110HHUR-1, Brissett (14.95) 2, Baker (15.02) 400IHUR-1, Nuffer (54.51) 4, Kennedy (56.84) 5, Dean (57.18) 3000SC-1, Dobra (10:01.01) 2, Solosabal (10:11.39) 4X100-1, SWOCC (41.96) 2, LCC (42.38) 6, CCC (43.49) 4X400-1, MHCC (3:16.96) 2, CICC (3:18.92) 4, CCC (3:24.20) HJ-1, Turpin (6-06) 4, Tondreau (6-02) 4, Swim (6-02) PV-1, Dean (15-0) 2, Hodgen (15-0) 6, Walker (14-06) 7, Muravez (14-06) LJ-1, Turpin (23-0) 4, Swim (21-06) 8, Senger (20-06) TRJ-1, Turpin (47-0) 3, Swim (46-04) 4, Groff (45-11) SHOT-1, Thornton (50-07) 2, Etter (48-10) DISCUS-1, Bruhn (155-08) 6, Etter (139-05) HAMMER-1, Bruhn (196-04) 2, Etter (180-01) 3, Howlett (159-05) JAV-1, Freidrich (201-08) 3, Swim (190-07) 6, Knez (180-04) DECATHLON-1, Lemay (6,839 points) 4, Swim (5,995) 6, Walker (5,348) 7, Dean (5,247) 8, Hodgen (5,138)

#### WOMEN

1. Mt. Hood	224
2. Clackamas	179
3. Clark	162
4. Lane	126
5. Chemeketa	45
6. Linn-Benton	43
7. SW Oregon	16

100-1, Brown (12.19) 4, Malsey (13.39) 8, Strout (13.79) 200-1, Brown (25.99) 2, Rivas (26.46) 3, Skipper (26.57) 7, Malsey (27.64) 400-1, Skipper (59.24) 2, Randall (59.27) 800-1, Rissmiller (2:20.95) 2, Vandagriff (2:23.62) 7, Yancoskie (2:26.39) 1500-1, Rissmiller (4:56.21) 2, Copher (4:59.18) 3,000-1, Rissmiller (11:09.19) 2, Petersen (11:13.20) 5, Anderson (11:50.69) 6, Neal (12:28.89) 5,000-1, Perletti (18:58.00) 6, Anderson (20:06.00) 7, Hardie (20:18.00) 8, Hopkins (20:39.00) 10,000-1, Perletti (41:17.99) 2, Dennis (41:30.33) 5, Hardie (43:43.20) 100HHUR-1, Severe (15.14) 2, Quinn (15.59) 7, Provost (16.64) 400LHUR-1, Randall (1:04.86) 2, Severe (1:05.13) 8, Provost (1:13.88) 4X100-1, MHCC (49.96) 2, LCC (50.06) 3, CICC (50.30) 4, CCC (51.19) 4X400-1, CCC (4:05.24) 2, CICC (4:09.01) HJ-1, Terry (5-04) 2, Wakefield (5-02) 7, Evers (4-10) PV-1, Rowse (11-06) 2, Wakefield (11-0) 3, Skipper (11-0) 5, Malsey (10-05) 7, Strout (9-0) LJ-1, Malsey (16-11) 3, Setser (16-03) 6, Provost (15-10) TRJ-1, Setser (36-07) SHOT-1, Salmela (44-11) 5, Rowse (34-06) 8, Wakefield (32-11) DISCUS-1, Salmela (135-09) 7, Rowse (101-06) HAMMER-1, Salmela (139-05) 2, Van Dam (134-08) JAV-1, Dionne (135-11) 4, Wakefield (117-08) HEPTATHLON-1, Randall (4,329) 3, Wakefield (4,097) 7, Malsey (3,277)



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