

Size doesn't matter

Clackamas' track and field team, though outnumbered, puts up an impressive showing at the Bearcat Invitational in Salem on March 2.



SALENA DE LA CRUZ / Clackamas Print

Kelly Howlett practices the shot put, an event in which he placed fourth at the Bearcat Invitational, held in Salem on March 2. Howlett placed second in the hammer throw at the meet, for the record ninth-best performance at Clackamas.

NICK BARRON
Business Manager

Quantity does not always mean quality, as Clackamas' track and field team illustrated March 2 at the Bearcat Invitational in Salem.

Although the majority of the five teams participating in the meet had more athletes than Clackamas, the Cougars roared past their competition. Clackamas had 31 of its 49 athletes qualify for the event.

The Cougar women placed third, with a total of 85 points. Kari Rismiller finished first in the women's 1,500 meter run with a time of 10:50.88, and teammate Lan Evers scored third in the women's high jump. In the relays, Clackamas placed second in both the women's 4X100 meter and 4X400 meter races.

Sarah Rowse finished first in the women's hammer throw, as well as first in the women's pole vault with a height of 3.66 meters. In the women's long jump, Elisabeth Malsey placed third with a jump of 4.98m, as did Maria Skipper in the women's javelin throw.

Clackamas' men's squad placed second at the meet with 176 points, with Isaac Fredrick winning first in both the men's 200 meter dash and 400 meter dash. In those same events,

Jonas Welsch placed second with a time of 22.5 in the 200 meter dash and 50.62 in the 400 meter.

Rusty Pruden finished with a time of 4:08, good for first in the men's 1,500 meter run, while Matt Solosabal came in fourth in the event. Just as the women placed well in the relays, so did the men, coming in second in the 4X100 meter relay. As for the 4X400, Clackamas finished nearly a second before the competition, gaining first place with a time of

ished second in the same event.

Etter's discus and hammer throws put him fourth all-time at Clackamas, with Howlett's performance in the hammer becoming the ninth best all-time for the Cougars. Rowse's throw in the hammer places her third all-time at Clackamas, as Swim's javelin throw is the seventh best all-time. Rismiller's achievement in the 1,500 meter is the eighth greatest of all-time at Clackamas.

While Howlett was pleased with his performance in the hammer, he believes he is capable of scoring higher in that event.

"I'd like to throw farther. I had a couple of higher throws the day (before the event) in practice, so I do have a further throw in me," Howlett said.

Looking ahead, the Cougars will travel to Gresham for the Mt. Hood Open on Mar. 9, to compete with area community colleges. Team scores are not totaled at Mt. Hood, but Clackamas head coach, Jack Kegg, feels his squad will still look strong at the meet.

"They won't team score it, so we're not running a lot of events and just trying to specialize in one or two areas for each person. We're hoping to get some more qualifying marks," Kegg stated.

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Upcoming Events

Mt. Hood Open

March 9

Gresham, Oregon

3:28.60.

The Cougars' Cory Swim ended with first place in the men's high jump, along with placing first in the men's javelin throw with a distance of 59.99m. In pole vaulting, Jesse Dean finished first with Tuk Hodgen placing third in the same event.

Steve Groff grabbed first in the men's triple jump. In the men's discus throw, Paul Etter took first, as well as placing first in the men's hammer throw. Kelly Howlett fin-

Cougar softball hits season with positive outlook

DAISY BAIN
A & E Editor

The softball team will start its pre-season play this weekend in Ontario and then will travel to Arizona for two double headers against Pima Community College and Chandler-Gilbert Community College.

Coaching staff and players alike are excited about what is to come from this season's play, which is set to open at home March 29, against Mt. Hood community college.

"We are really excited about this group," said Head Coach Paul Fiskum.

The team has a strong roster this season with eight returning sophomores and a respective number of talented incoming freshmen. Seven out of the eight freshmen were first team all-conference players in high school and three were first team all-state.

"We have as good of depth as we ever had," said Fiskum. "I consider this to be within the top two freshmen classes that I have coached." With the hopeful freshmen and the solid-returning sophomores, Fiskum says he feels "really good about our team."

Freshmen include Megan Brusco, an outfielder from Lake Oswego high school; Brea Makin, outfielder and Lindsey Burke, catcher, both from Canby high school; Lindsey Vanbramer, short stop from Westview High School; Brooke Comstock second

baseman from South Salem high school; Kelsey Bisbing from Aloha High School, outfielder; Lindsey Burke, a catcher out of Canby High School; Morgan Huffstetter, first base and outfielder, from LaSalle; and Miranda Gillaspie, both pitcher and first baseman, from Redmond High

missed said Fiskum. Hargrave set the school record in hitting last year and was number two in team RBIs.

"She (Hargrave) was very important to us. Her loss will be felt," said Fiskum.

In addition to Lepschat and Hargrave's injuries, the team suffers from a few sore arms and a few girls are currently ineligible to play. These problems should be remedied by season play, according to Fiskum.

Fiskum said that the cougar's main challenge this season should be against Lower Columbia College.

"We have been rivals for years," says Fiskum. So far CCC has been the defending champion in this war. He also voiced his concern with Chemeketa and Mt. Hood Community Colleges. Chemeketa has both their pitchers returning from last year, one being the MVP of the conference last year. Mt. Hood has also done well for themselves in the past three years.

"I just don't know what he (the coach) has," Fiskum said about the skills Mt. Hood may have. According to Fiskum, the turnover of players at a community college is just too high to keep accurate track.

"We should be optimistic, and we are," said Fiskum. He and his team are ready to start playing ball, and will begin with the Treasure Valley CC Tournament on Fri. and Sat., March 8 and 9.

"We have as good of depth as we ever had."

Paul Fiskum
Head Softball Coach

School.

Sophomores include Lindsey O'Byrne, second base and outfielder; Nikki Staley, third base; Vanessa Holm, pitcher; Cathy Lawrence, first base and outfielder; Casey Lapp, pitcher; and Erin Murphy, short stop. Two last minute additions to the roster are Carla Lillis, a freshman catcher from Redmond High School, and sophomore outfielder, Lisa Hickman.

Even with a roster loaded with so much talent, the ladies still have their hardships to overcome. Sophomore outfielders Tiffany Lepschat and Cheristy Hargrave will both be sitting the season out due to injuries. Both girls will be

Go Cougars!

When: March 8-11
Where: Kennewick, WA
GRRR!



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