

Horoscopes

by Daisy Bain

Aries (3/21-4/19): This week you will experience a massive mood swing. Try to keep it in check by drinking a gallon of water. This will help clean out your system. By midweek friends who are close to you will share something valuable, so try to remember the favor in the future. Your sweet spot: somewhere by a lake or river.

Taurus (4/20-5/20): For some reason you cannot get yourself motivated. You should try yoga. If that doesn't work, take a hot bath, grab a great book and relax. If the problem still persists, try tackling the first person you see. The problem may have something to do with aggression. Your sweet spot: the gym.

Gemini (5/21-6/20): The opposite sex seems to control your life right now. Take a breather by choosing only one. I know this may be hard because you are

such a hot item, but please, it is for the safety of all of mankind. Your sweet spot: the bedroom.

Cancer (6/21-7/22): While everything in your life may seem o.k. right now, try to consider your friends' feelings too. They may not be having as easy a time with things. A little advice: Just because she says nothing is wrong does not mean nothing is wrong. It is time to do a little investigative work. Your sweet spot: the doghouse.

Leo (7/23-8/22): You need to get out more. Drop whatever you had planned this weekend and party. Your biology book will still be there Sunday night. You might feel the urge to buy a new outfit for this big party, put that urge on hold. You are only budgeted enough for either a top or bottom. Your sweet spot: the mall.

Virgo (8/23-9/22): "It's too good to be true" has been your motto lately. Never fear, it all is true. Your best friend loves you. Your parents think you are magnificent and your job wants to promote you. Just make sure everyone knows you believe his or her praises are true. Confidence will get you everywhere, my dear. Your sweet spot: your workplace.

Libra (9/23-10/22): To help get over the blues, you should stay stocked up on candy. While this may wreak havoc on your diet, this will only last for about a week. Try walking a couple of times a week. This will help regulate the weight gain from the candy. Your sweet spot: the track.

Scorpio (10/23-11/21): Your love life is in turmoil. Eventually you will have to listen to others. Remember it is o.k. to cry, just keep it healthy. Try not to let depres-

sion come over you. If you are a guy, rent an action-packed flick. If you are a gal, invite your best buds over for a romantic sobfest including movies like "Sleepless in Seattle," "Titanic" and "You've Got Mail." Your sweet spot: your best friend's house.

Sagittarius (11/22-12/21): It is time for you to voice your opinion. There are times to be quiet, but now is not the time. You create the mood for the day for the people around you. It is time for you to decide your mood and let it be known to your peers. Try writing a letter to each of your friends. Your sweet spot: near a pen and paper.

Capricorn (12/22-1/19): Now that the Super Bowl is over, you feel like you have nothing left to look forward to. My advice, get a life. Go find your dream person and enjoy your holiday. If it

is your honey who is obsessed with football, I suggest "playing the game" to get his attention. Your sweet spot: the field (translate that however you please).

Aquarius (1/20-2/18): Sleep is very important! Remember this Sunday night before you decide to go out one more time before the week begins again. Follow the signs of your body, it knows what you can handle much more than you do. Your sweet spot: in bed.

Pisces (2/19-3/20): Don't sell yourself short this week. Someone is noticing you from afar. Wait a few weeks and he or she will confide in you. Sparks will fly by the end of the month. Be more active in clubs or sports. You may discover who the mystery person is before he or she can come to you. Your sweet spot: school.

Good food and a hip crowd at Le Bistro Montage



INTERNET PHOTO

Le Bistro Montage, located at 301 Morrison St., offers Cajun cuisine in a French bistro atmosphere.

ERIN LERTEN
Staff Writer

Le Bistro Montage opened under the Morrison Bridge in 1992 and immediately became a hipster hotspot, the place for clubhoppers to refuel on cheap after-hours grub. A more mainstream crowd now rubs elbows with the hipsters, but Montage remains as cool as ever.

Voted one of Portland's best restaurants every year since its start in 1992, including "Best Restaurant of the Year" for 1993 in *The Willamette Week's Restaurant Guide*, Montage continues to bring in people from all over Portland. Combining French-bistro atmosphere with down-home Cajun cookin', you can eat your

jambalaya on white linen and choose from over 100 imported wines.

Walk in the door (and there's usually a line), and it may appear that everyone knows each other. They don't, or at least they didn't. The scene inside Montage is in complete contrast to the empty and quiet street scene outside.

You definitely feel like you are entering an oasis, a hidden club for scenesters. But because it's Portland, because the town is fundamentally nice and egalitarian, there's no attitude. Everyone is welcome to the party. Tables are shared — in fact, one wall is lined with a single, seemingly mile-long table. This is the place to eavesdrop on your neighbors' conversations. Eating at Montage is more like a night at the theater than a culinary outing. Along with being seated at a long table with total strangers, no reservations or credit cards are accepted, and service can be sassy and sly.

The Cajun-inspired cuisine here can be uneven, so stick to the basics. Start with an order

of oyster or mussel shooters and try not to be embarrassed when your server bellows the order to

the kitchen. Or try the Cajun-seared gator bites, which are spicy and tender. Jambalaya comes in many variations, including ones with scallops, frog legs, catfish, mussels, crawfish, rock shrimp, or andouille sausage.

One of the best (and cheapest) items on the menu is the mac and cheese, which comes in flavors like green-basil pesto mac, Spam spicy mac, and ham and smoked cheddar mac.

Leftovers, which are inevitable, arrive wrapped in tinfoil, cleverly sculpted in the shapes of crabs, swans, flowers or a three-foot-high medieval sword.

Le Bistro Montage is located at 301 SE Morrison St. Portland; Phone: (503) 234-1324. Hours: Mon.-Thu. 11 a.m.-2 p.m. and 6 p.m.-2 a.m.; Fri. 11 a.m.-2 p.m. and 6 p.m.-4 a.m.; Sat. 6 p.m.-4 a.m.; Sun. 6 p.m.-2 a.m. Be sure to bring cash because no credit cards are accepted, and Montage charges \$2 to use its ATM machine.

Walk in the door and it may appear that everyone knows each other.

COUGAR CAFE

A New Dining Experience

Hrs: Mon.-Thurs.-7a.m.-6:30p.m.; Fri.-7a.m.-2p.m.; Sat.-8:30a.m.-10:30p.m.

- Wednesday-Budget:** Tostada w/ rice
Special: Carne asada w/ beans & rice
Grill: Grilled chicken quesadilla
- Thursday-** Budget: 4" submarine & sandwich w/ potato chips
Special: Meatloaf, mashed potatoes & salad
Grill: Pastrami reuben w/ french fries
- Friday-** Budget: Vegetarian creole beans & rice
Special: Pork schnitzel w/ potato salad
Grill: Garlic & black pepper grilled sausage w/ sauerkraut & french fries

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