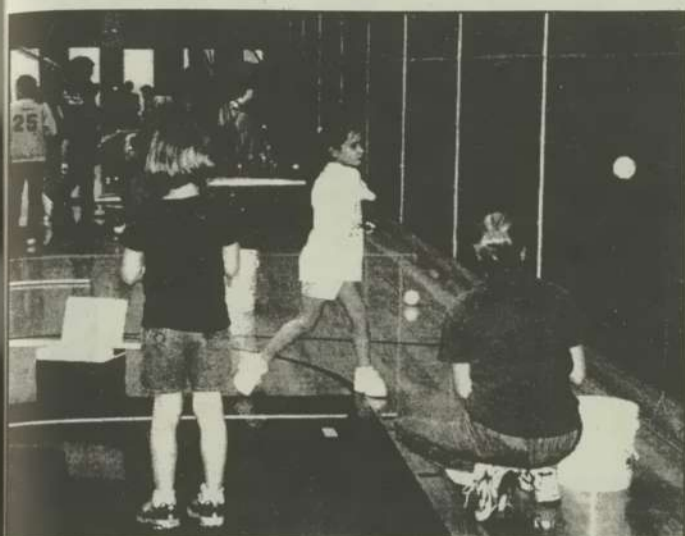


Softball team learns from teaching



DAISY BAIN / Clackamas Print

Freshman infielder Morgan Huffstutter helps to perfect the swing and stance of Emily Turner (white shirt) and Megan Hoover.

the girls leaving with smiles on their faces."

Interaction with the girls helped the team members with their own skills.

"Anytime you have to teach skills that you perform on instinct really requires you to analyze what you are doing and to be able to break it down," said Fiskum.

There will be two more camps offered by the Cougars. The 10th annual softball hitting clinic for girls ages 13-18 will be on Sat. Jan. 26 and Sun. Jan. 27. The cost is \$35, and instruction will be in the fundamentals of bunting, slapping and hitting. Each participant will be videotaped and have a chance to review the tape with a coach or player.

The pitching and catching clinic will be held Feb. 11 and 13 from 6-8 p.m. The cost is also \$35, and instruction will be given by catching and pitching coaches along with the CCC softball coaching staff. This clinic will be for ages 8-13. Both clinics still have openings and you can call 503-657-6958 x2461 for more information.

Monies earned from the camps will help send the softball team to Arizona to catch some good weather and lots of practice.

Cougars in hitting, bunting, slapping, fielding and throwing.

"It was a very fun activity," said Paul Fiskum, the women's head coach.

Each player from the team had a group to lead. Fiskum stressed the one rule he enforces at all his camps. "Each girl must personally interact with every kid in the their group. The way we measure the success of our camp is whether or not we see most of

Cougar wrestling hosts tournament



MIKE POLLOCK / Clackamas Print

Thomas "Power of the Volcano" Lunsford pins the competition in the heavy-weight class of the CCC Takedown Tournament on Sat., Jan. 19. The Cougar wrestling team will be travelling to Coos Bay to battle Southwestern Oregon C.C. on Sat. Jan. 26.

DAISY BAIN
A&E Editor

The women's softball team held a girl's softball camp for ages 8-13 that filled its roster for the first time in the nine years it has been held.

Enrollment was up about 10 girls from the previous year, reaching the limit of 60 girls. The camps were held on Monday evenings, Jan. 7, 14 and 21. Each camp consisted of two hours of instruction from the

Upcoming Cougar Athletic Events:

Women's Basketball @ HOME
Wed. Jan. 23 **TONIGHT** vs. Chemeketa at 7:30 p.m.
Sat. vs. Linn-Benton at 6 p.m.

Men's Basketball @ HOME
Wed. Jan. 23 **TONIGHT** vs. Chemeketa at 5:30 p.m.
Sat. vs. Linn-Benton at 4 p.m.

Wrestling
Sat. Jan. 26 Dual @ Southwestern Oregon CC at 7 p.m.

SIGN UP TODAY TO JOIN WINTER TERM INTRAMURALS

BASKETBALL DEADLINE IS THURS. JAN. 24.

RAQUETBALL

ON 4 COED VOLLEYBALL DEADLINE IS THURS. FEB. 28

FOR MORE INFO CONTACT KATHIE WOODS AT X2418

Cougar women split two on the road



NICK BARRON / Clackamas Print

Regina Joo attempts a field goal in a recent home match against Mt. Hood C.C. This week the Cougars will be playing two games at home against Chemeketa and Linn-Benton.

ELENA BORYSKA
Sports Editor

The Cougar women's basketball team split the two road games they played last week, dropping from second place in the Southern division to third place behind league leading-Umpqua and second-place Chemeketa.

The first stop on the Cougar's road trip was Roseburg, to battle Umpqua on Wed., Jan. 16. Going

into this game, both teams were undefeated in league play and pretty evenly matched. Apparently the Cougars weren't strong enough to take down Umpqua, as they were defeated by a score of 94-85. Kayla Steen had another great game, racking up 29 points and 10 rebounds. Jennie Kooch scored 15 points and grabbed eight boards, while Lena Grant had 14 points and Cappie Smith had 10.

After this disappointing loss,

the Cougars traveled to Southwest Oregon Community College, where they escaped with a double digit victory, 96-81. Stats were not available at press time. The Cougar's league record after these games is now 3-1, and 15-3 overall. Next up for the Cougar women are a couple of home games to be played in the Randall Gym. Tonight, the Cougars will be hosting Chemeketa at 7:30 p.m. On Saturday, they will be trying to take down Linn-Benton at 6 p.m.