

## Despite incomplete women's team, Clackamas runs well

ELENA BORYSKA  
Sports Editor

After a week of training, the Clackamas cross country teams headed to the Clark Invite at Battleground, WA.

This was the Cougar's last chance to make a statement before heading to the Southern Region Championships on Oct. 27. An incomplete women's team made this task difficult, but not impossible. With Rebekah Yancoskie still out with an injury, the Cougar women were unable to place in this meet. But Cross Country Coach Keoni McHone thinks that Clackamas would have placed high.

"The women's side is really close," said McHone. "We are in the hunt for second, behind Willamette."

The fact that Yancoskie is out for a little bit excites the coaches of other NWAACC teams. They have been asking McHone if his fifth woman will be able to race, because if she's not, they feel that they will have more of a chance to do well. Their inquiries help to make McHone feel good about his team's abilities.

"It's good to know that we are the ones people are aiming for,"



PHOTO CONTRIBUTED BY KEONI MCHONE

At the Clark Invite, CCC runners Kyle Holland(left) and Mike Schwoebel(right) helped their team win third place.

said McHone.

Yancoskie plans on starting training this week, so McHone says she should be ready to run in the championships. Even without a complete team, the rest of the Cougar women still did their best.

Holly Saulie-Rohman came in first place in this meet, followed very closely by Kari Rissmiller. Stacy Hopkins finished in 19<sup>th</sup> place, while Alyssa Anderson took the 27<sup>th</sup> spot. Rissmiller was disappointed with her finish because

she was hoping to break 18 minutes. She still has two more meets to go before the season is over, but both of these events are on slower courses. So her goal may be more difficult to achieve than she originally thought.

On the men's side, McHone said that Russ Pruden stepped it up quite a bit, moving from the sixth spot on the team, almost to the third. His finish of 27:08 was only one second behind CCC's third place finisher, Mike Schwoebel. This is a big improvement, especially for a freshman. Matt Solosabal went out fast again, starting in the lead pack, but his quick start hurt his end time. Even with this quick start, Solosabal finished in the 15<sup>th</sup> spot. Mike Schwoebel ran a pretty good race for himself, according to McHone. He said that Schwoebel was "staying tough and consistent." This consistency helped him to land the 28<sup>th</sup> place position. Pat Searing was able to keep his confidence and work his way up. Described by McHone as "a very patient racer," Searing finished second for Clackamas. All of these performances helped the Cougar men to win the third place spot overall for this meet.

The Cougars will spend next week preparing for the Southern Region Championships, which will be held at Lane Community College on Oct. 27.

## Sports Update

NICK BARRON  
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The Miami Hurricanes recaptured the number one ranking in the Associated Press Poll after defeating Florida State, 49-27. Oregon stays at number five with its win over California, a 48-7 victory. Oregon State decided to actually take the field against Arizona, and gained a 38-3 win. The shocker of the week is Florida's loss to Auburn by three points, thereby drop-

**ALCS Matchup**  
Yankees v. Mariners

**NLCS Matchup**  
Braves v. Diamondbacks

ping the Gators to number seven in the poll and clearing the way for Miami to return to number one.

In Major League Baseball, the Houston Astros kept their losing postseason tradition alive, as the Atlanta Braves swept them in three games. The Diamondbacks ended the Cardinals' bid for back-to-back NLCS' with a one-run victory in game five of the Divisional Playoff series. After being embar-

assed in a 17-2 blowout at the hands of the Cleveland Indians, the Mariners have advanced to their third ALCS all-time.

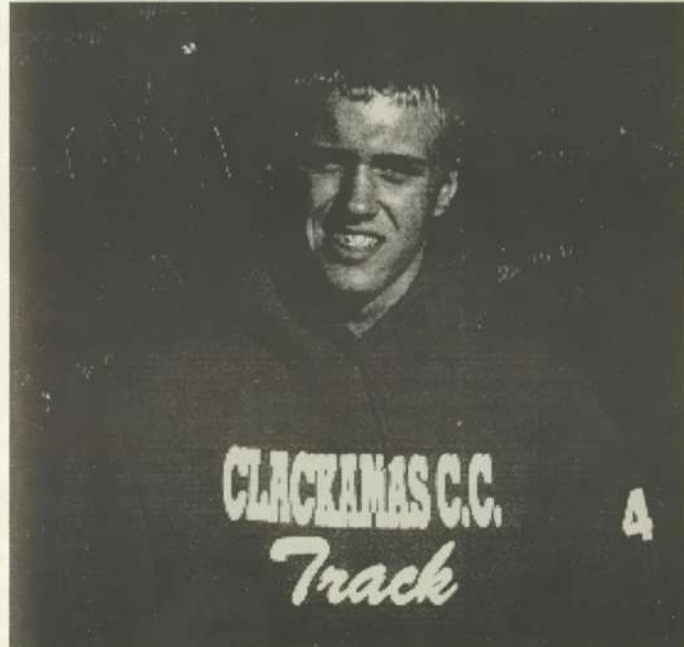
The St. Louis Rams remain the only undefeated team in the NFL, barely escaping a loss against the New York Giants. In the victory, the Rams keep their bid alive to become the first team to go through an entire NFL season without a loss since the 1972 Dolphins. The Raiders were

winners over Indianapolis, and San Francisco defeated Atlanta. The Seahawks lit up the Denver Broncos behind the leadership of Trent Dilfer. Dilfer is 2-0 this season and has not lost in his last thirteen starts, going back to last season, which includes a Super Bowl victory with the Ravens. His reward? Coach Mike Holmgren will bench him as soon as former starter Matt Hasselbeck returns from injury, which will probably be this Sunday.

Michael Jordan has made his return to the NBA, playing in two preseason games thus far, scoring 18 points in one quarter his last time out.

The Trail Blazers are 1-3 at this point in the preseason, and the bickering that has become the teams calling card has begun. One reported instance has Ruben Patterson and Erick Barkley getting into a shoving match, according to espn.com, of which was only kept from escalating by the intervention of Coach Maurice Cheeks. Another situation evolved when Rasheed "I have a temper" Wallace harassed Patterson enough that required Patterson to snap back verbally at Wallace. If this is any indication, this year should be full of the whining and fighting the Trail Blazers are famous for. Perhaps even Wallace can set a new record for most technical fouls in a season, an astounding three-peat of a not-so-astounding record.

## Cross Country Players of the Week:



**Russ Pruden**

- Freshman from Everett High School, Everett WA
- 20th at 3A state for Washington Cross Country Championships in 2000
- Was an outstanding high school wrestler
- Looks to have recently overcome confidence issues



**Holly Saulie-Rohman**

- Freshman from Lynden High School, Lynden WA
- Has won two cross country invitationals this season
- Strong dedication has helped her not to miss any morning practices all season
- Has bounced back well after last season's injuries