

Holliday, Loebel named Cougar track MVP's

The two nationally-ranked Clackamas sophomores voted the best by their coaches and teammates for the 2001 season.

ELENA BORYSKA
Staff Writer

Cory Loebel and Becky Holliday were voted the 2001 track MVPs by their coaches and teammates, both earning their title as record holders in their events, Loebel in the discus and Holliday in pole vault.

Both teammates were also Clackamas' highest scorers at the NWAACC Championship meet. They are nationally ranked in their events.

Loebel is an All-American in the shot put. He broke the school record in discus this year with a



PHOTOS BY MIKE HICKEY

Cory Loebel (right) and Becky Holliday (left), were named as the Clackamas male and female track MVP's for 2001 in a vote of their coaches and teammates last week. Loebel and Holliday each won two events at the NWAACC championships and received All-American honors as a result.

throw of 100-2. He also had the second-furthest hammer throw in school history. Loebel won first place in the hammer and discus at NWAACC and only missed first place in the shot put by 1/2 inch. He also set a championship meet record in the discus.

Holliday is the national junior college record holder in the pole vault. Her final vault of the year, a whopping 14-4 ft., won her first place at the NWAACC Championships. Holliday also ran the second fastest 400 meters in the nation and is ranked second in the

nation in that event. She is a two-time All-American in both the pole vault and the 4x400 relay, and much like Loebel, is a team player.

"Both of them are good team people," said Head Coach Jack Kegg. "They inspired the rest of the team."

Led Cougars to NWAACC Cross-Country Championship

Coach of the Year honors go to Hickey

Third award for Clackamas graduate

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Staff Writer

Mike Hickey received the 2001 Coach of the Year awards for men's and women's cross-country last week; he also won last year for men's cross-country making a total of three awards so far in his coaching career.

Hickey first came to CCC in 1992 as a student. During his two years in Clackamas' track program, Hickey was the NWAACC champion in the 5K and a member of the men's cross-country team that placed first both years. From there, Hickey worked in Seattle on an internship when he got a call to be interviewed for the cross-country coaching job here. Hickey was hired, and since has won three Coach of the Year awards.

Last year at the awards banquet, Mike Hodges, Hickey's coach during his years as a Cougar, was inducted into the hall of



PHOTO CONTRIBUTED BY MIKE HICKEY

Mike Hickey (with hat), posing with the CCC cross-country squad, received two NWAACC Coach of the Year awards last week. Hickey coached the Cougars to the NWAACC combined cross-country championship last November.

fame. Hodges is partly responsible for the successful coach that Hickey is today. As a high school student, Hickey only had mediocre grades, but Hodges helped him improve as both a student and athlete. For that, Hickey is grateful.

"He is a great man. He really helped me develop as an adult," said Hickey. "I really owe him a lot."

It was also the years that Hickey spent under Hodges that he learned the importance of a good team environment.

"From that point, I started to realize that the culture of a team is very important," said Hickey. "You need to create a confident environment in which people are positive and they believe in themselves and their teammates."

Teamwork is especially impor-

tant to Hickey. Contrary to what people may think, track is a team sport. And that is one thing that he is trying to push.

"It's not an individual sport...if you're in a running program where it's an individual sport, you're really missing out on a big part of running," said Hickey. "It's a thing where every single person on a team effects every other person."

Clackamas' cross-country team's performance at NWAACC reflects Hickey's coaching ability and well-deserved honor.

"I think we had such a huge meet at championships...I wasn't surprised to win one of them," said Hickey. "But I was surprised to win both."

Hickey wasn't the only person who was surprised. Other people in the conference were as well. But that's the way Hickey likes it.

"I've always been a guy that likes to be underrated," said Hickey. "No one expected us to repeat, and it was great...my whole approach is to show everyone that we are the best."

Summer Community Recreation activities at Clackamas CC

OPEN WEIGHT ROOM
Monday-Thursday
9 a.m.-4 p.m.

Beginning June 18
Open to anyone 16 years and older. Use of multi-station weight machine, exercise bicycles, spinning bicycles, stair stepper, treadmills, rowing machines and free weights.

CLACKAMAS OPEN TENNIS TOURNAMENT-MIXED DOUBLES

Saturday, June 23
Cost: \$15 per team
A one-day tournament open to mixed doubles teams. Three-match guarantee with all matches held on the college's tennis courts. United States Tennis Association rules apply. First and second place awards will be given immediately following each championship match. Call (503) 657-6958, ext. 2298 for more information or a registration form.

GIRL'S BASKETBALL CAMP

Monday, July 30 through Thursday, August 2
Cost: \$80

Join the coaching staff and players from the CCC women's basketball team for a fun four-day camp filled with competitions and games. Girls will be divided into age groups and focus on offensive and defensive drills, ball handling, shooting and other skills. Camp cost includes a T-shirt and a basketball. For more information or to have a flier sent to you, contact Coach Martineau at (503) 657-6958, ext. 2479.

PIPER VOLLEYBALL CAMP

Monday, August 13 through Wednesday, August 15

9 a.m. to 5 p.m.
Cost: \$120

Each camper will be working in a group based on age, skill and position. Emphasize the skills of serving, passing, and floor defense and offensive/defensive systems. The camp is held in the Randall Hall gym and is taught by Marlene Piper, head volleyball coach at Willamette University and Kathie Woods, head volleyball coach at Clackamas CC. Camp cost includes skills, drills, games, and skill tests, conditioning activities, a T-shirt and special awards. Preregistration is required. This camp fills early, so call for more information or registration material.

TRAIL'S END TENNIS TOURNAMENT-DOUBLES

Saturday, August 25
Cost: \$15 per team

A one-day tournament with divisions for women's and men's doubles. First and second place awards will be given in each division. The tournament draw will be limited to 18 teams. Call (503) 657-6958, ext. 2298 to have an entry form mailed or faxed to you.

CCC COMMUNITY GARDENS

Open all summer! There is still time to plant for a fall harvest! Spaces still available in the CCC Community Gardens. Each garden plot is approximately 700 square feet in area and cost is \$15 per lot for the growing season. Irrigation will be provided twice a week during the summer.

FOR MORE INFORMATION ON ACTIVITIES LISTED, CONTACT THE COMMUNITY RECREATION OFFICE AT (503) 657-6958, EXT. 2211. ALL ACTIVITIES ARE SCHEDULED ON THE CCC CAMPUS UNLESS OTHERWISE NOTED.

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