

# Wrestling team places 10th in nation Start your engines

JASON LINGEL

Sports Editor

Two Cougar wrestlers placed in the National Junior College Athletic Association Championships in Rochester, Minn., and the team placed tenth overall out of Division I schools.

Shawn Keinonen was the top finisher for the Cougars with a seventh place finish in the 165-pound weight class. After a bye in the first round, Keinonen beat Todd Gregg of Itasca 5-3 in the second round of the preliminaries.

## Clackamas Wrestlers

- Shawn Keinonen  
7th place 165lb
- Jason Pence  
8th place 197lb
- Ryan Frashour  
3rd consolation  
round 149lb
- Josh Rhoden  
3rd consolation  
round 157lbs

In the Championships quarterfinals, Mike Lester of IA Central Fall beat Keinonen by fall in 0:44. Keinonen moved on to the third round of the consolation bracket. He pinned Rob

Pilcher of Ellsworth in 4:29 and moved on to the consolation quarterfinals. Tevon Fordyce of Niagra won 3-2 over Keinonen. Keinonen then wrestled Pete Julander of Northwest for seventh/eighth place. Keinonen was victorious with a score of 7-1.

Last years returning 165-pound champion Jason Pence moved up two classes to 197-pounds this year, and came up with Clackamas' second highest finish at eighth place. Pence pinned Damien Williams of Kennedy King in 2:27, in the first round of the preliminaries. Pence then lost 4-3 in overtime to Nick Lopez of Gloucester. He then had a bye in the first round of the consolation, and went on to beat Trevor Smith of Highline 10-2 in the second consolation round. Pence then won by injury default over Greg Hartlaub of Cuyahoga. In the Consolation Quarter finals, Pence lost to Jack Dennis of Colby 8-0. Pence then wrestled for the seventh/eighth place position when he fell to Josh Porter of IA Central in 5:56.

Ryan Frashour and Josh Rhoden also went to Rochester with the team. Frashour lost to

Josh Cyrus 9-3 in the first round of the 149-pound preliminaries. Frashour then went on to pin Justin Turner of Morrisville in the consolation first round. In the second round, Frashour pinned Juan Edwards of IA Central in 4:51. He then lost to Loren Huthins of Northwest 5-1 in the third, knocking him out of the tournament.

Rhoden started out with a 9-8 win over Joe Herron of Lincoln College in the 157-pound class. In the second round, he lost to Artie Weidler of Nassau 10-7. Rhoden made his only pin in the consolation first round in 5:01 against Kenny Allen of Kennedy King. Rhoden then won by disqualification against the hometown wrestler Brian Parlin. Rhoden then lost to Chad Smith of Meramec St. Louis, 9-3 in the third round.

The Cougars were without undefeated Kjell Nykriem in the 185-pound class due to a concussion he received in practice. Josh Birt of North Idaho, a wrestler who Nykriem had defeated twice this year, went on to win the 185-pound championship.

For years, NASCAR has tried to make stock car racing as mainstream as pro baseball and football. They tried to get people's attention by moving the Daytona 500, the best and last race of the year, to the first race of the year. They have allowed the cars to be-

come faster and more dangerous every year. This year, FOX televised the Daytona 500, which took place last Sunday. FOX advertised all week long, boasting that NASCAR was not like all those other lame sports. The ad said, "We don't slap each other on the behind like those other wussy sports! But sometimes we smash the hell out of each other!"

Well FOX and NASCAR, you got exactly what you asked for; a 13 car crash that resulted in one guy going to the hospital. But I guess that wasn't enough. On the final lap, someone had to "smash the hell" out of Dale Earnhardt's car after his fatal crash head-on into the wall. Yeah I guess you are not like any other sports. I don't know of any pro league that considers critically injuring and killing their



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star players as part of the sport.

Earnhardt's son took second place but had no time to celebrate, as his father was already dead as they loaded him into the ambulance. Doctors could not revive Dale, as he may have suffered a great trauma to the head in the crash.

I am in no way saying that NASCAR or other drivers in the race are responsible for his death. When you race at speeds of 200 miles per hour, you have to accept the risk you are taking. However, it's absolutely disgusting when you try to get ratings by promoting your race like is some kind of a WWF demolition derby at the expense of your star drivers. This is only the first death of the year. There were at least two deaths last year and some major injuries last year. NASCAR, what will you do once all of your good drivers are gone? Then no one will want to watch stock car racing. I don't have a solution to this problem, but I think it's fair to say that stock car racing will never be one of the top three or four spectator sports.

## Know the rules

Ever since the invention of the snowboard, skiers and snowboarders have been at odds. Traditionally, skiers have thought of snowboarders as unruly, disrespectful punks who shouldn't be allowed on the mountain. Snowboarders have thought of skiers as uptight, mountain hogs who need to let loose and have some fun.

I personally am a snowboarder. In recent observations, I have realized that snowboarders are no longer the ones who are disrespectful or don't follow mountain etiquette.

I have found there is an unwritten code between snowboarders, especially when it comes to jumps, half-pipes and terrain parks, that says everyone goes one at a time. Not only does it promote safety, but also ensures everyone gets an equal chance. It is very common to see a bunch of snowboarders sitting and waiting their turn at a big jump or terrain park. Skiers seem to have no concept of this. Rarely will they wait their turn; they just cruise right in and hit whatever they want, or ski right down the middle of everything. The worst is when they ski down while snowboarders are going through, skip all of the jumps but the "phat" one at the end, and cut in front of you to hit it. You have no idea what they are going to do until it's

done. You either have to slow down and lose the speed needed for the jump, or risk hitting them.



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There are other rules that have been around long before the snowboard. These should be followed by everyone, but for the most part, the people I see breaking these the most are skiers. I don't know if it's because they think that they are exempt from them, or if they just feel everyone else should be looking out for them.

The first rule is, look before you make a wide turn or cut across the field. Do not assume the other guy is going to look out for you. If you're a snowboarder, this especially applies when doing backside carves. Look behind you first to make sure nobody is coming in a path that would meet yours. I think most snowboarders do this reflexively, though beginners have a problem with this. As for skiers, I see it from some of the most skilled. No matter who you are, look.

Now if you are going down the hill and you think somebody might be carving close to your path, call out which side of the person you will be on. If you'll be on their left cry out, on your left. If you'll be on the right cry out, on your right, and carve in the appropriate direction to give them some room. Do not assume they will move



### The rules:

1. Be safe
2. Have fun



out of your way. The same goes with the other way around. If you hear someone call out on your left, or on your right, move the opposite direction. Do not continue in the direction they are calling and do not assume they will give you a wide enough berth on that side.

The other day, while I was going down the Mountain, I saw a skier carving back and forth close to my path. I called out, "On your left," and started going left. The skier decided to do the same. I called out, "On your left," and again, still no change. I cut as hard as I

could left and yelled, "Left." Then I yelled, "ahhhhhh," as my snowboard ran over the front of his skis. He gave me a dirty look and grumbled something, and of course I yelled out that he should look behind him before cutting hard and to listen better.

I have nothing against skiing or skiers in general; there are plenty of dumb snowboarders out there too, just the ones who act like they are above following the rules. Here are the rules that will ensure an enjoyable time for everyone: be safe, have fun. Know the rules

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