

Cougars bounce back at tournament

JASON LINGEL
Sports Editor

The Cougar volleyball team took 5th place out of 12 in the Columbia Region Crossover this weekend.

"I think we all came together as a team again this weekend," said Co-Captain Cristina Merrill. "The leaders are stepping up and leading the team on and off the court."

Merrill was named an all-star at the tournament and Clackamas Player of the Week. With 24 kills

and 24 digs over five games, Merrill was an all around player for the Cougars.

Setter Sarah Entenman also had a great day with 99 assists and a 30% assist average over the tournament.

"We had some good games and some bad games," said Merrill. "We're a mental team."

Clackamas will play Linn-Benton at home today at 7 p.m. as the Road Runners attempt to take away the Cougars' 3rd place standing. At the same time and

place Friday, Clackamas faces the undefeated Mt. Hood Saints.

Clackamas currently trails Chemeketa by half a game and is ready to take control of the second place position. Although the Cougars have lost three out of their last four games, Southwestern being their only win, the team's spirits are high.

"That's all in the past," explained Merrill.

She expressed that the team is in no way dismayed and is ready for action.



PHOTO COURTESY OF DICK CLOSURE
Player of the Week Cristina Merrill goes up for a block.

Player of the Week Cristina Merrill "Stina"

Position: Middle Hitter/Outside Hitter
Height: 5'10"
Birth date: 5/6/80
Hometown: Canby
Role model: "My grandma Mima, great-grandma Sisti, and my little precious cousin Fernanda."
Favorite movie line: "No, I will not make out with you."
Dream Car: 4-Runner, Limited (white)

"Stina" is a returning sophomore from the 1998-99 squad who took a year off to coach high school level Volleyball in Canby. This experience, coupled with the 2nd place NWAACC finish in 1998, make Merrill a definite leader—on this year's squad, she is one of three co-captains. Merrill was recently named an all-star at the Columbia Region Crossover Tournament.



MIKE HICKEY / Clackamas Print
Sarah Block (2nd from left) battles her way to 7th place.

Cross-country women take second

JASON LINGEL
Sports Editor

Women's cross-country took 2nd place in the Mt. Hood Open at Blue Lake Park this weekend.

"This was the first meet this year that we really came together as a team," said Head Coach Mike Hickey. "It was just a good race for us, all and all."

Sarah Block finished in the number one spot for the Cougars and number seven of the scoring racers with a runtime of 20:13 in what Hickey said was "her best race of the year."

Tiffany Winsor had an outstanding run with a 21:08 and a 14th finish in

points. Teammates Mandy Bates and Jennie Hardy were breathing down her neck finishing just seconds behind in the 15th and 16th spots respectively. Stacy Hardie also had a good day, showing much improvement.

"All of the girls improved," said Hickey. "They are definitely looking like championship material."

Assistant Coach and red-shirt runner,

sophomore Stephanie Costanzo, had

her best race at Clackamas. Costanzo finished 3rd overall just behind alumna Windy Bruneau.

The men had the weekend off and will be back in action this Saturday in Spokane, WA for the Bigfoot Championship.

"The Bigfoot is a high level meet and should be a preview of this year's NWAACC (Northwest Athletic Association of Community Colleges) Championship," said Hickey.

They are definitely looking like championship material

Mike Hickey
Head Coach

Fall Term Intramurals



Flag Football Oct. 24, 26, 31 and Nov. 2
Deadline to sign up is this Friday.

Play consists of 7 people per team on the field at one time. A team has 4 downs to score. Games will be held across the width of the field inside the track.

Turkey Trot Nov. 21 at noon
Deadline to sign up is Nov. 17

Participants may sign up to either run or walk. Both events will be approximately 2.5 miles long. Winners (male and female) of the run will receive a Thanksgiving turkey. There will be a drawing among all participants for an additional turkey.



Entry forms and rules are available on the Intramural Board on the lower level of Randall Hall. For more information, contact Kathie Woods in Randal 003 ext. 2418, or see the Intramural Board.

Come see Matt Lindland in the Sky Light Dining room Thursday Oct. 26 as he speaks about the inspiration and determination that led to his silver medal in wrestling at the Sydney Olympics. Afterwards he'll sign posters and autographs.

Fine Host

presents

A Ghoulish contest

2000 FINE HOST PUMPKIN CARVING CONTEST!

Drop off your most creative and frightful pumpkin, already carved, to the cafeteria on Oct. 24-25

All orange faces (pumpkins) will be judged by the Student Government on Oct. 26 in the dining room at noon.

FIRST PLACE: FREE LUNCH FOR 1 WEEK

SECOND PLACE: FREE LUNCH FOR PARTIAL WEEK

Free cider and popcorn during judging!