



Two perfect

Clackamas' men and women finish second at the region championships



Freshman Becky Holiday breaks the school record in the pole vault two weeks ago at the Mt. Hood Open. Holiday improved her personal and school record on at the Southern Region Championships last week.

PHOTOS BY JOHN THORBURN / Clackamas Print

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Sports Editor

Just when you thought they could not get any better, Clackamas athletes are taking track and field to new heights, qualifying for NWAACC and breaking personal and school records.

The team competed in the Southern Region Championships in Salem, May 12-13. The men and women's teams walked away taking second place in the meet. Lane

took the meet on the women's side, Mt. Hood took the meet on the men's side.

"They give trophies to the top two teams, and the last time that we brought home two trophies was in 1994. So we made good progression in that sense," said Head Coach Jack Kegg. "We thought that our women had a chance to win and they lost by only 9 1/2 points; it's a fourth and a fifth place finish in one event."

"Our men were figured to get second and probably be 70 points

behind but they ended up being 34 behind, so they did better than we guessed going in," explained Kegg.

Coach Kegg's competitors are having such a good season it is hard to give them all recognition.

"That's part of our problem: we have so many good marks that it is hard to go through and highlight them," said Kegg. "I felt that the women had a lot of personal bests. They rose to the challenge, they knew that Lane was going to be tough. But they went out there and got after it. It was an incredible day. It is a new experience for me to see our women's program be that competitive, and the athletes that competitive," said Kegg. "I think that they are a little angry

that they did not win the Southern Regions; so I think that they are going to turn it up another level for NWAACCs. I would expect our women to come back with a fury."

Here are some of the highlights: Trina Roger took the Southern Region title in the Javlin (153'3"); Mary Murphy took first in the High Jump (5'4" personal record, and #5 school record) beating Amy Hill from Lane for the first time this year. Hill and Murphy are the favorites going into NWAACCs.

Whitney Bond placed third in the High Jump (5'2", personal record, #10 school record). Bond had a great meet, beating her personal best in all three of her events and qualifying for NWAACCs in three events.

Rachel Austin placed third in the 100m Hurdles (15.47) with a personal best, competing with the two fastest women in the NWAACC.

Krystal Schneider took second in Shot-Put (40'9 3/4", personal record, and #6 school record). Schneider took fifth in the Hammer (131'2", personal record and #4 school record).

Becky Holiday was first in the Pole Vault with 11'2" with a meet record and a school record. Holiday beat her personal record set last week.

"It's great to have that success. I have been here coaching track since 1995, and this is probably the best overall team, men and women, that I have had since I have been here," explained Kegg. "It's special in that since, it is a full program. It's a bunch of people that get excited for each other and support each other; I think that is why they are being so successful."

On the men's side, David Lemen

was first in the Long Jump (24', personal best and #2 school record). Lemen was first in the Pole Vault with 15'9" and first in the 110 hurdles with 14.89 (personal record and #4 school record). Mike Bonadurer took first in the men's High Jump (6'11"), breaking the meet record, personal record and #2 in the school record. Trevor Dodge took first in 1500m (3:59.30) with a personal record and qualified for NWAACCs. Ryan Hoyt won the 400 with 48.60. Eric Anderson won the 400m hurdles (52.19) with a school record.

"We just really had some great stuff happen, it's pretty hard to talk about everything that happened," said Kegg. "Probably the most exciting thing about the whole meet was the mile relay. Mt. Hood, who has the fastest time by less than a second, did not run a team, so we thought that we would win with no problem. Through the third leg we were up by 70m; with that kind of a lead, we dropped the baton. Eric and Ryan had the presence of mind to slow down and pick it back up. Ryan found a way to hold off the Chemeketa runner behind him and he wound up beating him by a tenth of a second. Ryan showed some real presence of mind and some real confidence, to just calmly pick up the baton; he just ran a smart leg."

These Clackamas athletes have a week to practice and rest up for the NWAACCs Thursday and Friday, May 25-26 at home.

"I think that we showed our mettle in a lot of the competition this weekend; I think that we showed that we really are contenders for the NWAACCs, by coming up with really big performances in a championship situation," said Kegg.

He should be screaming at the top of his lungs

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