

TRACK: David Lemen broke the national junior college record enroute to winning his second NWAACC championship in the decathlon yesterday.

Track team waits for championships

MANDY GOOD
Sports Editor

The Clackamas track team was split into thirds in the past week to compete in three separate competitions.

Four athletes traveled to Spokane to compete in the Multi-championships, May 1-2. The remaining athletes competed at Western Oregon and the University Of Oregon Invitational.

"At the Western meet we had a couple of very good performances," explained Assistant Coach Mike Hickey. "Mike Bonadurer jumped 6'6" in the high jump. He had good attempts at 6'8"; when I spoke with him earlier he said that he felt like he had a good meet. I believe that placed him second in the meet. Kendal White ran 10.28 in the 3000, and in the last two laps made up about 25 meters from the girls in front of her. From what I heard, it was a pretty exciting race."

Coach Hickey was not able to

travel to Western Oregon with the athletes who competed there. He traveled to U of O to assist the athletes there.

"We had a great meet at U of O," said Hickey. "The day started off with Trevor Dodge, who ran 41.27 in the 1500 meters—he made a really good run at it and finished strong. That was his third time running 401, so he has put himself in a pretty good position to make a run at the championships in the 1500 meters. Andy Kessinger ran 1:55.49 (third in conference) in the 800 of the day session, which at the time was the fastest time in the conference. We had Eric Anderson in the evening session come back and run 1:53.19, so he ended up coming back and winning the number one time in conference."

According to Hickey, the meet as a whole was a success and reflected the team's ability to move into championships with high hopes.

"I felt like we got out there and raced well," Hickey continued. It's nice to see us move into our championships. It's that part of the season and we are racing well like those gentlemen did.

"I felt like they were very competitive in a high level meet, which is nice to see. All of the top athletes in the Northwest were there," continued Hickey. "Andrew Wall ran a 15:12.57 in the 5k, which ranks him number four in the conference. He had a great race; he has continued to progress. I think that he has put himself in the hunt for the championships."

"I feel like the highlight of the meet for us here at Clackamas," added Hickey, "was our 4x4 team running 3:16.60, which is number 5 all time in Clackamas Community College history. It was a stellar performance by all four of the legs. We sat down the night before and talked about the best case scenario and they actually surpassed our goal. So when athletes do that it is obviously a great day."

Cougars hang on to 2nd

JOHN THORBURN
Editor-in-Chief

The #4 ranked Cougar women's softball team is learning to accept the situations they can control and those they cannot.

After a week of tough breaks, the squad had a team meeting to discuss its goals and tackle the difficult issue of coping with bad days and bad calls.

The result: two straight double-header sweeps of division opponents.

After experiencing their worst stretch of the season two weeks ago, the Cougars looked to rebound against the Centralia Trailblazers.

The host Blazers stunned the second-place team with 3-2 and 5-0 victories.

Melanie Warthen and Laura Casper picked up the losses for the Cougars.

"We had a lot of tough breaks against Centralia," noted Head Coach Paul Fiskum. "It was one of those days when you're hitting the ball—just right at somebody. We had a tough time generating any kind of offense."

On Saturday, the Cougars traveled to Salem to face the Storm of Chemeketa.

An up-and-coming team in recent weeks according to Fiskum, the Storm were shut down as Warthen pitched a 12-1 win and Melissa Borde threw a two-hitter in a 4-0 shutout.

Sunday, Clackamas hit the long road to Coos Bay as they faced the Southwestern Oregon Community College [SWOCC] Lakers.

In the first game, the Cougars, who were down 5-1 at one point, jumped their offense to a 13-7 victory.

Warthen picked up her 15th win of the season.

In the second game, Borde had little trouble handling the Lakers as she pitched six innings giving up only one run in a 7-1 victory.

Casper threw two strikeouts to earn her first save of the year.



JOHN THORBURN / Clackamas Print

Sophomore Kirsten Richards plays defense at first base. The second-year starter has been a hot hitter in recent games for the Cougars, according to Head Coach Paul Fiskum.

This Friday, Clackamas will take on Misty Velke and her #1 ranked Lower Columbia squad.

Velke has literally shut down the Cougars' offense in three previous victories for the Red Devils.

In those games between the two teams, Clackamas scored a total of two runs. Lower Columbia College [LCC] scored 22.

According to Fiskum, however, the key to a victory over the Red Devils is not hitting.

"We have to show our best pitching and our best defense to beat LCC," noted Fiskum. "They're a good hitting team but not a great hitting team. If we shut down their offense, we should be able to scratch out a few runs."

Pitching has been the question mark for the Cougars this season.

Warthen [15-3], the Cougars #1 pitcher this Spring, has been among the best in the league.

However, Clackamas still doesn't have a dominating #2 pitcher.

After Darby Needham injured her hip flexor a month ago, Fiskum has looked to Borde to be the secondary thrower.

While Borde [3-3] is better than most pitchers around the league, according to the veteran coach, the squad still lacks a solid 1-2 punch, something they will need at the championship tournament in two weeks.

Needham is scheduled to make a return to the lineup this week.

Late scores: Melanie Warthen picked up her 16th win of the season in a 6-2 win over Grays Harbor yesterday. Scores for the second game were not available at press time.

FULL-TIME STUDENTS, FACULTY, and STAFF...

We'll Save Your Money

We'll Save Your Time

Free ATMs
Community Center and PSTC

Free 24-hour phone and computer banking service

Student Loans

Clackamas Federal Credit Union

270 Warner Milne Road
Oregon City
503-656-0671

10400 SE Main
Milwaukie
503-653-7788

Your Education Is On Us.

As a Reservist, you'll automatically be eligible to enroll in the Community College of the Air Force. Then you'll have over 66 career-building programs from which to choose, from avionics to electronics; aircraft maintenance to medical technology. As the only military branch authorized to award Associate's degrees, the Air Force Reserve is actively committed to your education, with:

- Over \$9,000 toward college with the Montgomery GI Bill
- College credits from the Community College of the Air Force
- The latest state-of-the-art technical training that will give you an edge in the civilian job market.

Call 1-800-257-1212

AIR FORCE RESERVE
ABOVE & BEYOND

Visit our web site at www.afreserve.com

Pogy's Subs

orders to go
503-655-9070

"If It Isn't A Pogy- It's A Pity"

Oregon City Hilltop

2 SUBS \$7.49

ONLY VALID WITH COUPON - Not valid with any other offer.
Expires: 5/10/00

Get any 2 standard subs for \$7.49 with this coupon!