

Cougar
SIDELINES

Cougar signings

Three Clackamas athletes have signed or have plans to sign their letters-of-intent to play for four-year universities.

Volleyball

Kimber York, a sophomore volleyball player from Bend committed to the University of Alaska, Fairbanks.

Teammate **Nikki Tilton**, a sophomore from St. Mary's Academy has made a verbal commitment to attend Alabama A&M—reuniting herself with former teammate **Judi Arbuckle** who signed last year.

Track & Field

David Lemen, one of the top decathletes on the west coast, committed to the well-respected University of Georgia track & field program.

Home Schedule

Track

- Sat., April 15th
... Mt. Hood Dual
- Sat., April 22nd
... Clackamas Open
- Thur.-Fri., May 25-26
... NWAACC Championships

Softball

- Fri., March 31st
... vs. Chemeketa
- Sat., April 1st
... vs. Mt. Hood
- Wed., April 5th
... vs. SWOCC
- Fri., April 7th
... vs. Centralia
- Fri., April 21st
... vs. Pierce
- Tues., May 2nd
... vs. Grays Harbor
- Fri., May 5th
... vs. Lower Columbia

Baseball

- Sun., March 12th
... vs. Grays Harbor
- Wed., March 15th
... vs. George Fox Univ.
- Wed., March 29th
... vs. Linfield
- Sat., April 1st
... vs. SWOCC
- Tues., April 4th
... vs. Mt. Hood
- Sat., April 8th
... vs. Chemeketa
- Sat., April 29th
... vs. Mt. Hood
- Tues., May 9th
... vs. Lane
- Sat., May 13th
... vs. Linn-Benton
- Sat., May 18th
... vs. Lane

Cougars sail into new season

MANDY GOOD
Sports Editor

The Clackamas Track team competed in their first outdoor meet of the year last week, the Linfield Ice Breaker, it pulled in 22 school ranging from four year universities to community colleges. At the meet eight men and six women qualified for conference.

The Cougar competitors who qualified for conference right away were; Ryan Hoyt in the 400 (49.44), Erik Anderson in the 800 1:58.65, Paul Kezes in the 800 (1:58.74), Kezes in the 1,500 (3:59.63), Tom

We felt early on that we had a shot to win both titles and I think we still do.

Jack Kegg
Head Coach

Johnson in the 3,000 Steeplechase (9:50.0), Ryan Mastropietro in the 3,000 Steeplechase (10:12.0), Andrew Wall in the 5,000 (15:43.15), David Lemen in the 110 hurdles (15.44), and Mike Bonadurer in the High Jump (6-8).

The women that qualified were; Kendel Clark in the 1,500 (4:55.25), Mandy Bates in the 3,000 (11:14.47), Jenni Hardie in the 10,000 (43:04.0), Krystal Schneider in Shot Put (36-9), Whitney Bond in Long Jump (14-7 1/2) and Dasha Wakefeild in Pole Vault (10-0).

According to Head Coach Jack Kegg, a good way to measure the success of the tournament was their performance against Spokane, which was a team that competed among the 22 schools. At the meet the men placed second and the women won by 13 points.

"It's a good start to just have those numbers and to be competitive," explained Kegg. "If I can get each one of my individuals to be

successful then the team results can take care of themselves."

Coach Kegg noted that the team is young, but rose to the level of competition. Kegg as a coach is trying to get all of the competitors used to college competition.

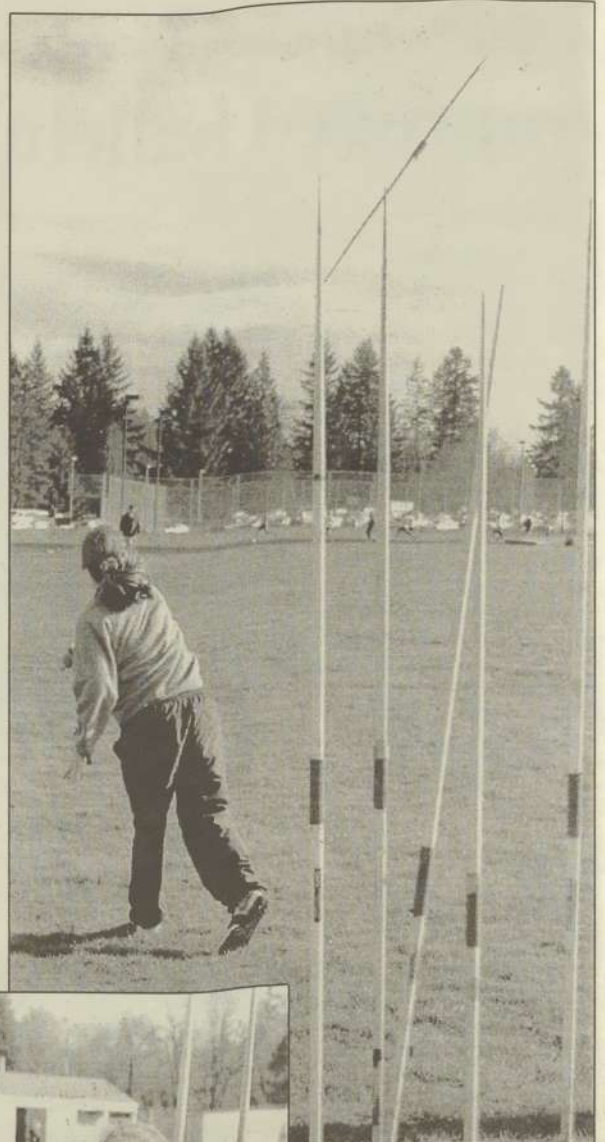
"We're just trying to give them the biggest competition they can see, and get them used to it. So then when we get to Conference

Championships at the end of the year, they won't be so intimidated," explained Kegg. "Colleges generally train for the whole year in one sport, we specialize in one sport. Most of our athletes are used to being

active the whole year, but they are not used to focusing on one sport."

Kegg illustrated the fact that he is excited about the potential of the year and the team. The team came out in the first outdoor meet and qualified a total of 14 people for conference.

"We felt early on that we had a shot to win both titles and I think that is going to kind of depend on some of the freshman coming around a little bit. But we think that we have the talent to do it," said Kegg. "It is optimistic, but we have a lot of work to do."



JOHN THORBURN / Clackamas Print

Sophomore Trina Rogers was the top junior college javelin thrower in America last year. She returns with a strong core of teammates to break more records this spring.



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