

Individuals bring team to new heights

Travis Armstrong

- Qualified in all five distance events.
- One of two athletes to be on the "All-Time" list in three events.
- Look for an in-depth story featuring Armstrong in the April 23 issue.

CHRISTINA MUELLER
Feature Editor

The last four meets have been very productive for the Clackamas men's and women's track teams. So far in the season, nine women have earned qualifying marks and 13 men have qualified in 24 events. According to Coach Mike Hodges they are rolling right along.

The Cougars had a very strong showing at the Southern Region Preview. Both the men's and women's teams combined for a total of 21 personal records at the March 29 meet held here on campus.

Clackamas was in excellent shape heading into the Willamette University Open in Salem on April 5.

For the women's team, Michelle Wimberly placed second in the

second heat of the 100-meter dash. She earned a qualifying mark with a time of 12.92:3. Wimberly also placed first in the third heat of the 200-meter run.

In the third heat of the race, Lariena Cota placed sixth and had her season's best time at 13.37. Cota placed sixth in the third heat of the 200-meter race.

Amanda Bradley placed eighth in the 400 meter race with a time of 65.43.

In the 400 meter, Kendel White placed third in the second heat of the 400-meter run.

In the second heat of the 1500-meter run, Jaime Reidy placed fourth in a time of 5:20.80. Mishe Simantel came in sixth in the same race, finishing with a time of 5:28.11.

Jennifer Rea placed fifth in the 3000 meter run with a time of 10:56.07.

In the men's events, David Lee



JOEL CORESON / Clackamas Print

Shawn Davis placed first in the discus, third in the hammer throw and eighth in the shot put at the Willamette University Open.

placed second in the third heat of the 800-meter run. His time was 2:01.62. Jay Hawkey placed ninth in the same event with a time of 2:08.83.

First place in the second heat

of the 1500-meter run was Andy Bradley. In the third heat of the race Casey Johnson placed fifth. Johnson's time was a personal record.

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Cougars play power game, search for consistency

BRENDON NEAL
Sports Editor

The Cougars started league play with double-headers against Centralia and Lower Columbia.

The Cougars went five and three in preseason but struggled on defense.

"We are still trying to find ourselves defensively," said Head Coach Paul Fiskum.

Clackamas has showed a balanced offense.

"Five of our players have had home runs. We have more of a power game than I originally thought," said Fiskum.

On Friday Clackamas lost to Centralia 7-6 in 10 innings. The Cougars started hot, scoring on the first five at bats, but had but one run in the last nine innings.

"We were overconfident. We thought we had an easy victory and let up," said Fiskum.

Clackamas got back on track in

the second game, blasting Lower Columbia 11-0 in five innings.

Kelley Comstock pitched a nearly perfect game giving up only two hits. Comstock also had three runs on two for four hitting. She leads the team in RBIs and Fiskum feels she is the most consistent batter on the team.

Lisa Hosford went two for three and had a RBI. Jody Koehler added two runs and a RBI on two for two hitting.

Saturday, Clackamas lost the first game 2-0. Defense ruled the game with each team only giving up one error.

Clackamas had five hits, including two from Comstock and Hosford, but left runners on base.

Neither team scored in six of the seven innings. In the third Robin Lisak gave up a double and two walks for the only runs of the game.

Clackamas came from behind in the second game to win it 5-4

after Lower Columbia jumped out to a 4-0 lead.

"We played good defense all day and only had three errors," said Fiskum.

Comstock had two RBIs on a triple and a run "on a wild pitch" in the sixth on two of four hitting.

Laurie Nielsen had the hit of the day. With two outs, she hit a double to left field to knock in Kriss Demos and Koehler.

Clackamas has had some strong games, but their effort changes game to game.

"We are looking for consistency. We can play great softball, but we haven't played it [consistently] yet," said Fiskum. "I challenged the girls to work harder [and myself] to coach better so we can get to the level of consistency we want," said Fiskum.

Clackamas will play Olympic and Southwestern Oregon Community College this weekend.



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Lisa Hosford went two for three in the second game of the doubleheader against Lower Columbia this past Friday.

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