



Editorial

Violence: no answer to solving our differences

Brad Zimmerman
Managing Editor

Violence in schools has always been an important issue but, unfortunately, it recently became an important and close-to-home issue when a Clackamas student was injured in a fight.

Violence, for whatever reason, is not acceptable. Wars, occasionally, are fought to maintain (or establish) democracy. Some people have to defend themselves.

Violence can happen for a variety of reasons.

Probably most violence occurs because of two reasons: pent-up emotions and alcohol abuse.

The first reason, pent up emotions, is the most complicated of the two. *Anything* can set someone off: work, school, conflicting lifestyles, politics, etc.

The terrible thing about alcohol is that it just amplifies those feelings.

Alcohol does not let your inhibitions slide away, it *replaces* them. When people get drunk they do things they normally would never do. That's the bottom line — alcohol not only will amplify emotions, it will throw in a few new (and probably undesirable) emotions.

However, if antisocial tendencies are identified, situations will aggravate those tendencies.

First, take responsibility for your actions. This is the most important thing anyone can do for themselves (and everyone else). Taking responsibility means you do not get into situations where you might get in trouble (or cause trouble).

Second, take care of your own problems — don't unload them on

the first passerby that is encountered. If you need therapy, get therapy. Do whatever needs to be done to make sure that you deal with your own problems first.

Third, live in reality. Every environment has its own (unwritten) rules and regulations. For example, you would not go into Tony Roma's spouting off how bad the Blazers are.

Living in reality also means, if you encounter a conflict of some sort, you do not ignore it. Either do something to take yourself out of the situation, or take measures to correct the situation.

This opinion is timely because a Clackamas student was recently injured in a fight.

The alleged incident has resulted in the filing of a grievance. The alleged incident occurred in a Milwaukie apartment. The student who was injured was drunk. In addition, he kicked over a coffee table and allegedly shoved another student in the face.

It does not really matter who started it — it's probable no one will ever really know or understand who or what started the fight. In fact, it does not matter who started the fight.

What matters is that no one wants to take responsibility for what happened.

The next time a tension-filled situation comes along, take the appropriate measures to ensure that you are not unnecessarily injured or simply *involved* in a fight.

Women's group to hold book discussion

Join other women to share a common-read book and discuss what each participant is reading and recommends.

Bring your lunch to the discussion today from noon to 1 p.m., in Barlow 108.

Register now for WKS 1-02. For more information on the free session call ext. 2268.

Taking a look at Oregon's history

What's next for Oregon? Join the Seasoned Adult Enrichment Program and discuss Oregon's developing history at today's morning session.

The afternoon session concludes the three-part series entitled, "Current Events." Joanne Baker will host a discussion of current topics presented by participants. Bring articles and clippings.

Sessions run from 9:30 to 11 a.m. and noon to 2:30 p.m. at the Harmony Center, and cost is \$4.

For more information, call ext. 3230.

Getting Fit With Nancy

Nancy Mikleton, one of Clackamas Community College's health and fitness instructors, is offering a cholesterol screening from 10 a.m. to noon, Feb. 12. Those interested must let Nancy Mikleton know as soon as possible. There will be a \$10 fee.

Also, Nancy will be open to advising faculty and staff persons interested in either working out or simply obtaining fitness information. The weight room will be open from noon to 1 p.m. every Monday, Wednesday and Friday this term. Drop by and see her or call at 2450.

Study in London this spring

Glenn Ferris is offering information to students who are interested in studying in London between April 11 and June 13. The London Quarter program is welcoming community college students of all ages with a GPA of 2.5 or better, and Glenn is accepting applications through the possibility of teaching this program in the spring of 1998.

For more information call 2583.

Chrysalis: weekly gathering meets

Women writers who are interested in sharing what you've written or being inspired by other women writers are encouraged to join a weekly gathering held by poet and writer Kate Gray.

It will be held from noon to 1 p.m. in the Barlow Hall, room 112. Register for weeks 1-01 at ext. 2310.

Go ahead

Go dancing on a school night

Take a road trip to San Francisco this weekend

Out-step-aerobicize your perky roommate for once



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Students & Staff:

Here's your chance to show your Valentine how much you care and help feed the hungry.

Just drop two cans of food in the food barrel located in *The Print* office, Barlow 104. Pick up a Valentine Ad Form and return it to us no later than 1 p.m. Friday, Feb. 7.

Valentine Greetings will appear in the Feb. 12 edition of *The Print*.

Please limit your comments. *The Print* reserves the right to edit content for errors. Please remember, this column is rated for general audiences.

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