

# Track team succeeds in Spokane

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Staff Writer

The Clackamas Community College Men's and Women's Track Team competed in their own open track meet at Clackamas last Saturday.

The Clackamas Community College Open track meet included several Northwest community colleges. Returning from competition in the Northwest Athletic Association of Community Colleges (NWAACC) Heptathlon/Decathlon was Melissa Abramson. Abramson finished fourth in the women's heptathlon with a score of 3799; an improvement on her personal record by 206 points.

The NWAACC Heptathlon/Decathlon was held at Spokane Community College in Washington. Abramson's score ranks fourth on the school's all-time record for the event.

After the Clackamas Community College Open last Saturday the Cougars had a total of 69 qualifying marks for the NWAACC Championships held in late May. The 12 athletes on the women's team achieved a total of 29 qualifying marks. The 27 athletes on the men's team gained 40.

"We competed well and had a number of fine performances. We moved some people around in the running events. But, that's what you have to do at the championship level," said Clackamas Head Track Coach Mike Hodges. "The highlight of the meet was the performance of our throwers."

Some top performances at the Clackamas Open came from the women's team. Erica Sloan won the women's hammer throw and obliterated her previous school record by 19 feet 7 inches. Sloan's distance of 157' 8" was the second best throw by a woman



photo by Chad Pattenon

Track members practice on May 7 for Southern Region Championships which will be held on May 10 and 11.

resident in the state of Oregon.

Also placing high for the Cougars was Kristi Chamberlin who won the women's shot put with a throw of 40' 11". Jaime Fairchild qualified for the NWAACC championships by placing third in the women's 800 meter race. Her time of 2 minutes, 23.9 seconds was a personal best.

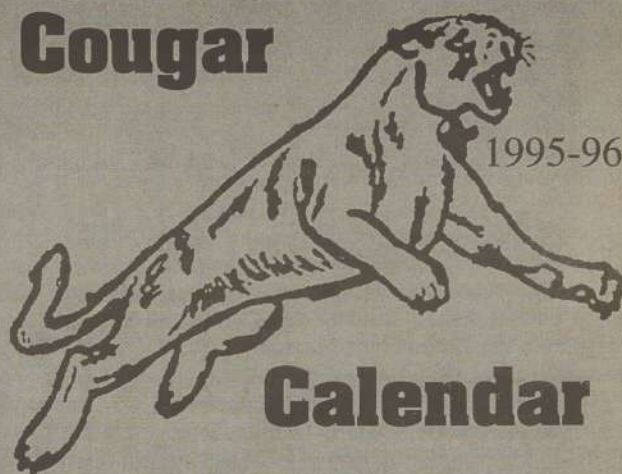
The Cougar men's team also had several athletes score high marks in the Open's events. Shawn Davis won the men's hammer throw with a personal record toss of 161' 10". The mark also ranks third for the all-time high in the school's records for the event. Davis also took first place in the men's shot put with a mark of 47' 8 1/2".

Scott Hein set a personal record with the fourth best mark in school history in the men's javelin throw. Hein threw for a distance of 191' 2". Another high placer in the men's javelin was Jim Hagemann who finished third with a mark of 188' 3".

"The open meet rested the team and helped us get ready for this week's meet. The open helped us get focused," said Coach Hodges.

The Clackamas' next match will be the NWAACC Southern Region Championships held at Willamette University in Salem. The match will take place this Friday and Saturday, May 10 and 11. Starting times are 1 p.m. on Friday and noon on Saturday.

## Cougar



## Calendar

### TRACK

Away

May 10-11

Clackamas at Willamette University

May 23-24

NWAACC Championships at Mt. Hood CC

### SOFTBALL

Home

Away

May 8

Mt. Hood

May 11

May 17-18

Coose Bay NWAAC Championships in Spokane, Washington

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