



photo by Chad Patteson

Nine Clackamas athletes set personal bests at Willamette Open.

Men's, women's track teams win Willamette Open

Andrew Beck
Staff Writer

The CCC Track Team won the Willamette Open, an open tournament held at Clackamas, on Saturday against other NWAACC (North West Athletic Association of Community Colleges) teams.

The Cougars won both the men's and women's competitions at the Willamette Open with total team scores of 102 points for the men and 86 points for the women. Highline Community College finished second in the men's scores with a total of 85 points; North Idaho Community College finished second in the women's competition with a total of 86 points.

"Our team competed very well. There was strong competition from the North Idaho team on the women's side and the Shoreline team on the men's; this was our first important scoring meet and we need this kind of result in the (NWAACC) championship," said Clackamas Track Head Coach Mike Hodges.

The Cougars also finished well individually in both team categories with 57 Clackamas track athletes qualifying for the NWAACC championships to be held later this season, 23 women

and 34 men. Nine individual marks set by Clackamas athletes were personal bests; 7 individual marks set in the tournament placed on Clackamas's all-time top ten best scores list for those events. Erica Sloan set a school record in the women's hammer throw with a distance of 131 feet, two inches.

On the men's team, five athletes won two events in which they were entered. Some of the top winners in the men's events were Jim Miller in the hammer throw, Scott Bills in the 1500 meter race and Joel Knight, who won both the 100 and 200 meter dashes with times of 10.8 and 22.3 seconds, respectively.

The women placed four individual winners in two events or more; three of these athletes help Clackamas win two women's relay races. Some of the top women placers were Melissa Abramson, who won the women's 100 meter hurdles with a time of 15.5 seconds and the women's long jump with a distance of 16 feet, 3/4 inch, and Marea Crowe, who won the women's 200 and 400 meter relay for Clackamas with times of 27.2 and 59.9 seconds.

Wanjeria Washington won

the women's high jump with a scoring height of 5 feet. Washington also took first place in the woman's 100 meter hurdles with a time of 12.7 seconds. The time tied for tenth place on the Cougars' all-time scores for that event.

Another top Clackamas winner in the women's events was Jamie Fairchild who won the women's 1500 and 5000 meter races with scores of 4 minutes, 58.6 seconds and 19 minutes, 20 seconds.

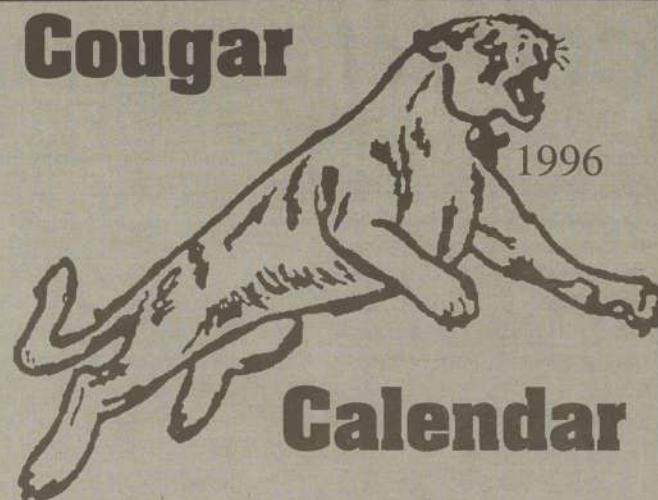
"It was a good solid team effort; every member of this team had a piece of this win and every member made an effort," said Hodges.

This win gave Hodges 800 victories in his 31 year career as a track coach, he has spent 10 years as the head track coach at Clackamas.

The Cougars will have two matches this weekend, sending some of their athletes to the University of Oregon Invitational in Eugene and the rest of the team to the Mt. Hood Community College Relays in Gresham.

Both matches will be held this Saturday, April 13.

Cougar



1996

Calendar

BASEBALL

Home

Away

4/13 Chemeketa CC @ 1 p.m.*
4/18 Linfield College @ 2p.m
*.doubleheader

4/16 Chemeketa @
Salem @ 3 pm *

SOFTBALL

4/23 Mt Hood CC @ Erv Lind
Stadium @ 6 pm
4/26 SWOCC @ 3 pm
4/30 Green River CC @ 2 pm

4/11 Mt Hood CC @
Gresham @ 3 pm
4/13 Pierce CC @ Tacoma @
2 pm

TRACK

4/13 Mt. Hood Relays @
Gresham

4/20 Lane, Mt. Hood, Clark
@ Vancouver

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LOCATION:

Clackamas Community College
19600 S. Molalla Ave.
Oregon City, OR 97045
Randall Hall
(503)657-6958 ext. 2418

DATES:

Saturday, April 20 8 a.m. to 8 p.m.

COST:

\$40 per person

ENTRY DEADLINE:

Wednesday, April 17
(No Refunds after April 18)