

Award winners named at annual Clackamas banquets

Here is a list of recent award winners in Clackamas Community College athletics.

VOLLEYBALL

Melanie Sharp- second team All-American, first team all-Southern Region, first team, all-NWAACC Tournament, Clackamas Volleyball team Most Valuable Player, Southern Region All-Star

Casie Ireland- second team all-Southern Region, Southern Region All-Star

Jennifer Walters- second team all-Southern Region, Southern Region All-Star

Katie Holdorf- honorable mention all-Southern Region

Christine Younglove- honorable mention all-Southern Region, Clackamas Volleyball team's Most Inspirational Player

Misty Murray- Clackamas Volleyball team's Most Improved Player

Kathie Woods- Southern Region Coach of the Year, Northwest Coach of the Year

CROSS COUNTRY

Ryan Burck, Jaime Fairchild- Most Outstanding Runners

Jenny Newell, Jon Cox- Most Inspirational Runners

Becky White, Heather Peterson, Dean Rowell- Most Improved Runners

Mike Hodges: Men's Coach of the Year

Community college athletics a good choice for student-athletes

Andrew S. Beck
Staff Writer

The American Athlete's Dream, driven to be the best, the athlete practices and competes through his or her youth and high school career.

That athlete is so good at their sport that they attract the attention of a huge four-year university like Notre Dame or UCLA. Follow your dreams and work your hardest, and the rest will take care of itself. Right? Well... no, not exactly.

Athletes near graduation from high school seldom know if their college career is safe and secure. This is more of a myth than a tangible goal. An athlete's ability alone will not get him or her full scholarships to four-year universities.

"If you're an athlete coming out of high school, are a non-qualifier and you go to an NCAA Division I school, you cannot even practice with the school's team," said Clackamas Community College Athletic Director Jim Jackson. "You lose a year of eligibility for just going to that school."

High school athletes must have taken the necessary core classes in high school to qualify for college-level classes. Both four-year universities and the NCAA require that students take the SAT test, and many higher universities require the ACT or math equivalency exams. An athlete might have all the God-given ability in the world, but if he or she can't produce in the classroom the talent will go nowhere. Of course, these rules and regulations

aren't the only varying circumstances that keep athletes out of four year universities. Injuries to athletes, academic ineligibility and partial scholarships can all keep an athlete from competing or even practicing at the college level.

There is another option for graduating high school athletes: transferring to a junior college for two or three years to compete at a collegiate level, taking college-level classes for an associate degree to transfer to a four-year university.

The success rate of athletes in the junior college system is astounding; at Clackamas Community College it is unbelievable.

Out of 35 former junior college cross country runners now competing at four-year universities in the Northwest, 23 are from CCC.

"All our sophomores (cross country) in the last four years have gone to four-year universities," said CCC Cross Country Head Coach, Mike Hodges.

Over the past five years, 17 sophomores on the CCC basketball team have gone on to four-year universities.

"The last fifteen years we have produced over a million dollars in basketball scholarships," said CCC Men's Basketball Head Coach, Royce Kiser.

But CCC's main goal is not to produce good numbers and statistics for the books, but to provide better opportunities for in-state college athletes.

"Our whole recruiting class is made up of players from Or-

egon," said Trevor Kiser, assistant women's basketball coach at Clackamas.

CCC Volleyball players and sophomore transfers Melanie Sharp, Jennifer Walters and Casie Ireland were chosen for the All-State Team by The Oregonian their senior year in high school. Yet not one of the three were able to attract the full four-year scholarships they wanted.

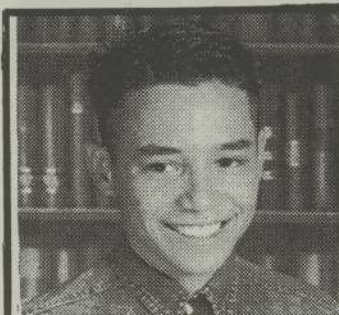
"All three of us have talked about how happy we are to go to CCC," Ireland said. "This program has helped us become better volleyball players after two years. There is a better opportunity for us to go to a four-year school."

"Junior College is an excellent transition for athletes; you get a majority of your school paid for and two years left for school (four-year college)," said CCC Volleyball Head Coach Kathie Woods.

"All our sophomores (Sharp, Walters and Ireland) got full-tuition scholarships, increased their level of play and will receive scholarships from four-year universities."

For the struggling athlete who needs support and the time to mature into the person they want to be, junior colleges provide this forum of stability and growth, especially at CCC.

"We tell student-athletes coming here, we are selfish. We want to be looked at by Division I schools," Jackson said. "We want athletes competing in these programs that came from CCC. We helped them athletically and academically."



Aaron Rodriguez
Killed junior year.
December 28, 1993
San Antonio, TX

If you don't stop someone from driving drunk, who will? Do whatever it takes.

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.



Cougar Calendar

Home

12/7 Men's basketball vs. Willamette JV, 8 p.m.

12/8 Women's basketball vs. Willamette JV, 6 p.m.

12/9 Men's, Women's basketball vs. Columbia Basin, 6 & 8 p.m.

12/20 Men's basketball vs. Linfield JV, 8 p.m.

12/28-30 Men's basketball at Clackamas Invitational (home), times TBA

1/3 Men's, Women's basketball vs. Mt. Hood, 6 & 8 p.m.

1/5 Men's, Women's basketball vs. Lane, 6 & 8 p.m.

NOTE: All women's home basketball games begin at 6 p.m. The men's home games begin at 8 p.m.

Away

12/6 Men's, Women's basketball at Clark CC, (Vancouver) 6 & 8 p.m.

12/14 Wrestling dual at Yakima Valley (Yakima), 3 p.m., Wrestling dual at Big Bend (Moses Lake), 7:30 p.m.,

12/14-16 Women's basketball at Cross-over tournament (Bremerton)

12/15 Wrestling dual at North Idaho (Coeur d'Alene) 7:30 p.m.

12/15-17 Men's basketball at Cross-over tournament, South Puget Sound CC (Olympia), times TBA

12/27-29 Women's basketball at Red Devil Classic (Longview), times TBA

1/5 Wrestling at Highline CC Triangular (Des Moines), 3 p.m.

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Wrestlers show vast improvement

Jesse Sowa
Sports Editor

The Clackamas Wrestling Team completed another successful week of continued improvement with a strong outing at the Pacific Open Tournament in Forest Grove on Saturday.

Six Cougar wrestlers placed at the Pacific Open, proving that Clackamas could be as strong as they were last year, when the Cougars finished fifth in the nation.

Clackamas competed well considering that nearly 80 percent of the school at Pacific were four-year colleges and universities. Corey Kaywood at 134 pounds and Glen Garrison (150) were individual champions at Pacific. Lloyd Martindale (142) was second, Jaime Dixon (177) took third, while David Johnson (158) and Tyler Anderson (190) were fourth.

"We wrestled real well on

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