

OREGON PRIDE BACK IN STRIDE

by Zach Kreinheder
Business Manager

Yes, Oregonians, once again we can stand tall in the national spotlight without the scrutiny that has seemed to shadow our state and leave a bad taste on the lips of everyone in the past year. We have gone from seeing Tonya Harding nationally humiliated, the ever-popular sexual presence of Bob Packwood and the tiring menace of the OCA, to a very impressive trip to the Rose Bowl and what looks to be a promising season for U of O's nationally-

ranked basketball and track. We must also give credit to the #1 ranked Oregon City girls' team for continuing their fantastic run for a national title. Oregon is also awaiting the completion of the Rose Garden, with hopes for the addition of another professional sports team after the loss of the Beavers to Salt Lake, and the Winterhawks and Blazers both playing a mild season.

1995 seems to be a very promising year for our state redemption. Now we can only hope the Beavers can step up their

game to keep from being overshadowed by the light reflecting from the rest of the pack. I'm looking forward to the year of sports ahead, not only on a state wide level, but national as well. Now that we have seen an end to the hockey strike and closer mediation in the love/hate/greed baseball saga, things are looking up, especially for San Francisco! With all other things aside, I am left with only one thought: "Yes, Oregonians, there is a Santa Claus."

Womens basketball show their stuff with much-needed win over Umpqua

✓ Rachel Ferguson nets 13 of 19 shots for 33 points to lead the Cougars in victory.

by Jesse Sowa
Sports Writer

The Clackamas Community College Women's Basketball team turned their season around with an impressive 79-59 win over Umpqua CC last Wednesday.

Rachel Ferguson led the Cougars with 33 points on 13 of 19 from the field to lead Clackamas in the rout at home.

Clackamas Head Coach Karen Twain and her team had strong inclinations that they would do well.

"We knew we were going to get the monkey off of our back tonight. We've been working real hard. We talked about coming out and getting not just a win, but a big win. The girls' goal to do that was to play good defense, and that's what they did," Twain said.

The Timberwomen from Umpqua kept the game close in the first few minutes, but the tenacious Cougar defense began to show its effects on the visiting team.

Stephanie Kadell stole an inbounds pass and drove the length of the court for an easy lay-in to put Clackamas ahead 17-13 midway through the first half. Two consecutive scoring drives by Laura Stahl allowed the Cougars to hold their slim lead.

Ferguson began to show her dominance late in the first half as she scored the last 10 points of the half for the Cougars to give Clackamas a 33-26 advantage at the break.

"She (Ferguson) was very

hot," Twain said of her second-year post player. "We tried to get the ball to her because she couldn't miss."

Clackamas began the second half the way that they ended the first half - getting the ball to Ferguson and Stahl for easy scores.

Ferguson nailed a 10-foot jumper to extend the Cougar lead to 41-30, and Stahl took a pass from Denise Hazelwood and scored to give Clackamas a 45-36 advantage.

Soon after, the Cougars began to pull away with help from players off of the bench such as Angie Tucker and Chelsea Becher. "Awesome," Twain said of her bench players. "Every game that we've played in, we've had good support from our bench."

Becher took the ball to the hole for a 48-40 Clackamas lead, and Ferguson added another score on a pass from Stahl to put the Cougars way out in front with a 53-40 lead.

Clackamas never looked back after that point, as the bench players did an excellent job of starting up where the starters left off.

Twain had some good compliments for Stahl and Kadell, who had probably their best overall games of the season.

"Laura Stahl is clutch in every game. She's definitely a leader. She can shoot outside, and she can go inside," Twain said.

Twain also sees leadership skills in Kadell. "She's become a

much better passer. She really sees the floor and does a nice job."

Ferguson finished with 33 points, 10 rebounds and three blocked shots. Stahl added 14 points, 14 rebounds and seven assists.

The Cougars found a lid over the basket in their game against Southwestern Oregon last Saturday at Coos Bay.

Clackamas was defeated by the Lakers 76-74 after leading by seven (38-31) at halftime.

Clackamas' two leading scorers, Rachel Ferguson and Laura Stahl, both had off shooting nights, with Ferguson shooting just 7 of 19, while Stahl hit only 4 of her 15 shots from the field. Ferguson finished with 27 points and 11 rebounds, and Stahl added 12 points and five rebounds.

The Cougars, now 1-3 in league, shot just 21 of 61 for the game, but the Lakers did slightly better with a 31 of 70. Clackamas had a decent night at the free throw line by hitting 29 of 41 (71 percent), while SWOCC sank just 14 of 23 (61 percent) of their foul shots.

Freshman Melanie Sharp was a big bright spot for the Cougars as she finished with 14 points on six of eight shooting. Sharp also grabbed 12 rebounds.

The Cougars will face a big challenge tonight when they play Chemeketa, last year's NWAACC runner-up, on the road in Salem.

1994-95 Intramural Basketball Rules

1. Eligible players include all CCC students and staff.
2. A team consists of 5 players. Each team's roster may carry a maximum of 10 players. Players are eligible to play only on one team (Note: Teams will be scheduled after rosters have been submitted to the Intramural Sports Director. All roster changes must be made prior to February 15.)
3. Teams must be able to field at least four players or the game will be forfeited.
4. All games will be played in the Randall Hall Gymnasium starting at 12:35 pm on Tuesdays and Thursdays.
5. A game consists of two halves of 20 minutes. Halftime is 3 minutes. Each team is allowed three 30 second timeouts. The game clock runs continuously except for timeouts and half-time. Stopping clock is used for the last minute of the game.
6. The team winning the coin toss will be the visitor team and will have first possession.
7. The timekeeper/scorekeeper official will maintain the alternating possession. The visitor team will start the game with first possession at mid-court with alternating possession thereafter.
8. Substitutes may enter the game any time an official handles the ball. Subs must report in to the timer and wait for the floor officials to grant entry.
9. Overtime periods are 2 minutes with stopping clock the last minute.
10. Each team is limited to 20 fouls during a game. The first team to commit 21 fouls loses. Only two-shot and technical fouls are shot. For all other fouls, the ball is taken out of bounds by the team fouled. There are no "one and one" foul situations, however, two shots will be awarded to teams on all fouls during stopping clock.
11. All players on a team will wear the same color jersey. If both teams have like colored jerseys, "pinnies" will be worn by the visitor team.
12. All players must wear clean, non-marking tennis shoes in good condition. (No Jewelry!)
13. Good sportsmanship is expected at all times. Profanity or abusive language/behavior is unacceptable in the Intramural Sports Program. Two unsportsmanlike fouls on a player will result in ejection from the game. Three unsportsmanlike fouls on one team results in the team forfeiting the game. If a team forfeits two games-their season is over.
14. With the above exceptions, all games are played using the current OSAA Basketball Rules.

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