

# Skarberg: a two-sport athlete at CCC

✓ Karissa Skarberg has participated in volleyball and track and field for two years at Clackamas. After an outstanding season with volleyball, she looks forward to the upcoming track and field season.

by Anjanette Booth  
News Editor

Karissa Skarberg, a multi-talented athlete, has been participating in volleyball and track at Clackamas for the past two years.

Skarberg has been an exceptional athlete since four, when she kicked her first soccer ball. She later was a five-sport athlete in junior high in soccer, volleyball, basketball, softball and track.

Size helped Skarberg by getting the attention of her coaches in junior high. Since she was too tall to be a runner, Skarberg decided to throw the shot put and discus. She became interested in volleyball through her cousin, who went on to play at the University of Montana.

When Skarberg went on to high school, she decided she would not be able to handle five sports, so she cut it down to three: volleyball, basketball and track.

"I had really good seasons my sophomore, junior and senior years of high school, which allowed me to get a scholarship to CCC,"

Skarberg said.

After deciding that three sports would be too much to handle in a college atmosphere, Skarberg decided to drop basketball and stick to her favorite sports, volleyball and track.

Skarberg plays middle blocker for the volleyball team and throws the shot put and discus for the track team. Although Skarberg enjoys both sports, volleyball is her favorite.

"I feel more in control when I play volleyball, although track is a very individual sport. Since I play on the net, I feel I am in control of the net. If I want to hit down, I can hit down. If I want to block, I can block," Skarberg said. "With throwing, you have your good days and bad days, like any sport. With volleyball, if I concentrate on the game and I feel like I'm going to have a good game, I can really get into it."

Skarberg also feels that the crowd is an important aspect of the games, especially volleyball. She feels the volleyball team could

have taken a lot more games if they had had a crowd supporting them, as well as egging them on.

"The games we really crushed, like the teams we really shouldn't have beat, were because of big crowds at other schools that totally helped us," Skarberg said. "When the crowd is intense, you're not just doing for yourself. You have all the people watching."

When CCC beat Mt. Hood at Mt Hood, Clackamas had a small crowd. Mt. Hood, on the other hand, had a very large crowd cheering them on and egging Clackamas on. According to Skarberg, this intensity added to the game, giving them that extra edge to win.

After graduation from Clackamas, Skarberg hopes to continue her education in business at the University of Montana. She would like to participate in both volleyball and track, although she plans to dedicate most of her time to volleyball.

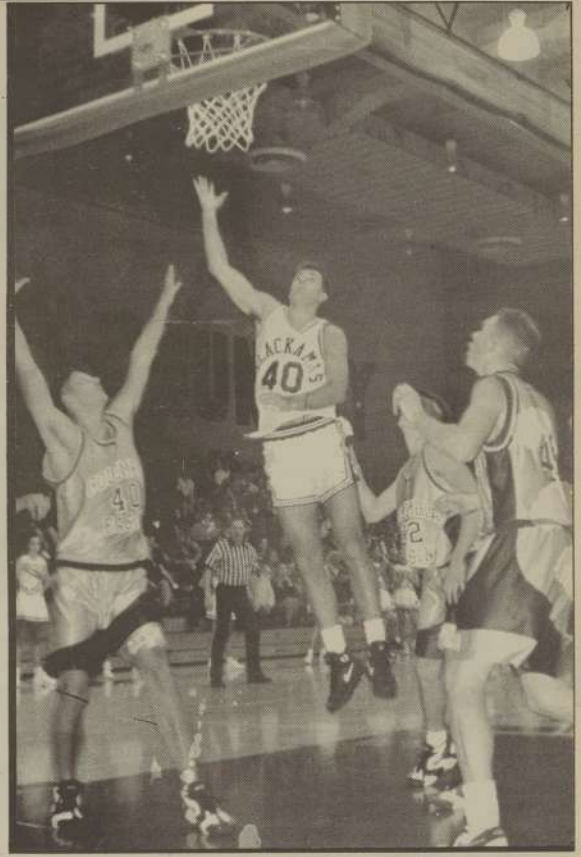


photo by Chad Patteson  
Men's basketball kicked off the season here at CCC against Columbia Basin.

## Steelers and 49ers look to lead the pack

### AFC

- #1 Pittsburgh Steelers  
The Steel Curtain is in effect.
- #2 Cleveland Browns  
Oh Lord, here comes Hoard
- #3 Miami Dolphins  
The Dolphins are missing the "D"
- #4 San Diego Chargers  
Natrone Means business.
- #5 Buffalo Bills  
Sorry. Not this time.
- #6 New England Patriots  
What do you mean playoffs.
- #7 Kansas City Chiefs  
Bono says "I got you Joe."
- #8 Denver Broncos  
Hold on for the ride.
- #9 Los Angeles Raiders  
The Hos is still the boss.
- #10 New York Jets  
So close.
- #11 Indianapolis Colts  
Just one more year.
- #12 Cincinnati Bengals  
Cinderella story set for next year.
- #13 Seattle Seahawks  
Watch out for that telephone pole!
- #14 Houston Oilers  
What hit us?

### NFC

- #1 San Francisco  
Can anyone hang?
- #2 Dallas Cowboys  
Hey, let's make it close this year.
- #3 Chicago Bears  
Walsh 75 - God 3. Da Bears!
- #4 Minnesota Vikings  
"I see a bad Moon a rising."
- #5 Philadelphia Eagles  
We want Jimmy Johnson.
- #6 Detroit Lions  
Beware of The Lion King.
- #7 Green Bay Packers  
But we have Reggie White.
- #8 New York Giants  
Suprise, Suprise, Suprise.
- #9 Atlanta Falcons  
Why do we have to play the 49ers?
- #10 Arizona Cardinals  
Try to score. I dare you.
- #11 New Orleans Saints  
Where's God when you need him?
- #12 Tampa Bay Buccaneers  
Wow! Two wins in a row!
- #13 Los Angeles Rams  
There's always St. Louis.
- #14 Washington Redskins  
Who are we? Why are we here?

### NFL Standings

AFC East	W-L
Miami	8 - 5
Buffalo	7 - 6
New England	7 - 6
Jets	6 - 7
Indianapolis	6 - 7

AFC Central	W-L
Pittsburgh	10 - 3
Cleveland	9 - 4
Cincinnati	2 - 11
Houston	1 - 12

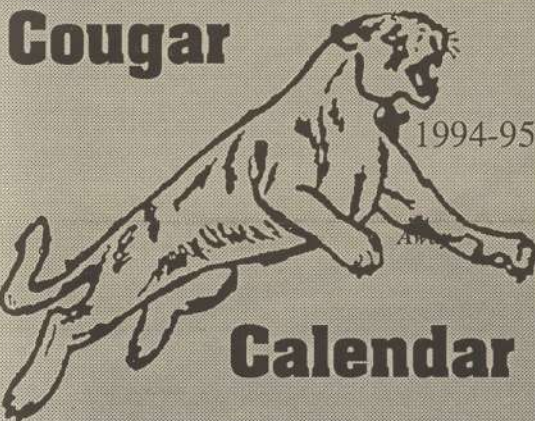
  

AFC West	W-L
San Diego	9 - 4
Kansas City	7 - 6
Raiders	7 - 6
Denver	7 - 6
Seattle	5 - 8

NFC East	W-L
Dallas	11 - 2
Philadelphia	7 - 6
N.Y. Giants	6 - 7
Arizona	6 - 7
Washington	2 - 11

## Cougar



## Calendar

### MEN'S BASKETBALL

Home Away

- 12/ 27-29 Clakamas Invite
- 12/ 9 Columbia Basin @ Pasco, Wa. 8 pm
- (Big Bend/ Green River/ Lower Columbia/ SWOCC/ Clacamas/ Edmonds/ CCC Alums/ Blue Mtn.)
- 12/16-17 Cross Over Tourney @ Yakima
- 12/22 Yakima Valley @ Mill City 7 pm

### WOMEN'S BASKETBALL

Away

- 12/ 9 Columbia Basin @ Pasco, Wa. 5 pm
- 12/17-18 Cross Over Tourney @ Des Moines, Wa.
- 12/10 Blue Mountain @ Pendleton 2 pm
- 12/28-30 Lady Red Devil Classic @ Longview, Wa.

### WRESTLING

Home

Away

- 12/14 Lower Columbia 6 pm
- 12/15 Yakima Valley 4 pm
- 12/15 Central Washington/ @ Ellensburg, Wa. 7:30 pm
- 12/16 Big Bend @ Moses Lake, Wa. 12 pm
- 12/16 North Idaho @ Coeur D'Alene 7:30 pm
- 12/28 Oregon Wrestling Classic @ Corvallis All Day

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NFC Central	W-L
Minnesota	8 - 5
Chicago	8 - 5
Detroit	7 - 6
Green Bay	6 - 7
Tampa Bay	4 - 9

NFC West	W-L
San Francisco	11 - 2
Atlanta	6 - 7
New Orleans	5 - 8
L.A. Rams	4 - 9