

May is Multiple Sclerosis Awareness Month

by Anjanette Booth
The Print Editorial Staff

Governor Barbara Roberts has proclaimed May as Multiple Sclerosis Awareness Month to encourage Oregonians to learn about this unpredictable and often disabling disease which affects more than 3,500 Oregon and SW Washington residents.

"The month of May is set aside so that people will recognize that MS affects more than 250,000 Americans and their families. It is our hope at the Oregon Chapter that people will first become aware of this disease, and second will give support to people who have MS and the Oregon Chapter of the National MS Society," commented Carol Emerson, Executive Director of the Oregon Chapter of the National Multiple Sclerosis Soci-

ety. Oregon residents are encouraged to make a contribution in honor of a loved one, become a member of the National MS Society or become a volunteer, to get involved with Multiple Sclerosis Awareness Month.

Information on Multiple Sclerosis Awareness Month can be obtained from the Oregon Chapter by calling 1-800-422-302 or (503) 223-9511.

Multiple sclerosis (MS) is a disease of the central nervous system. The nerves of the body are insulated with a protective coating called myelin. In MS, this coating deteriorates and is replaced by scar tissue. Because the scarring may block or distort impulses, basic bodily functions may be impaired.

The progress, severity

and specific symptoms of the disease cannot be foreseen. Symptoms may include tingling sensations, numbness, slurred speech, blurred or double vision, memory and concentration difficulties, fatigue, poor coordination, problems with bladder, bowel and sexual function, and partial or complete paralysis. Most people with MS are diagnosed with MS between the ages of 20-50. Unusually this disease affects women more than men. The disease occurs more often in temperate zones.

The course of MS is very unpredictable and varies tremendously from one person to another. Many persons suffering from MS experience irregular cycles of attacks or exacerbations, followed by periods of remission. In others, MS causes only mild

and fleeting symptoms, with long periods in which symptoms are absent.

The National Multiple Sclerosis Society was founded in 1946 to aid people with MS. NMSS is a voluntary health agency dedicated to the prevention, treatment and cure of multiple sclerosis and to improving the quality of life for individuals with multiple sclerosis and for their families. The agency participates in such activities as providing services to people with MS, education of the medical community and the general public, public policy development and promotion, research into the cause, prevention, cure and treatment of the disease.

The Oregon Chapter provides services to over 3,500 persons with MS in Oregon and Clark

County, Washington. It has the responsibility of raising funds of which 40% is remitted to the National Chapter to fund research and supporting services. The 60% remaining is used to run the Chapter, provide services for persons and families who experience the difficult aspects of the disease and to increase understanding of MS through education.

The Oregon Chapter's programs and services are designed to complement the medical care provided by physicians. The goal of the Chapter is to help individuals and families cope more effectively with the emotional need and practical day-to-day issues that may arise. Residents of Oregon and Clark county Washington are eligible for the services.



Photo by Jeff Kemp

A close-up of a bloom on a rhododendron growing outside Barlow Hall. Clackamas is home to many varieties of rhody's as well as other types of plants.

April showers...

by Maury Webber
The Print Editorial Staff

Last week's sunny weather and this week's rainy weather has made it official: it's spring in Oregon and time to start noticing the incredible plant life we have growing on campus.

A quick tour of campus reveals a large variety of rhododendrons being used to decorate around the buildings but there is incredible diversity and a decidedly southeastern U.S. flavor.

"What we tried to do is go with perennials that haven't been used extensively here in the northwest," Kirk Pearson, Grounds and Maintenance Manager said. "They're becoming popular and they're hearty plants."

Here's a short list of the plants to look out for: Carolina Silver Bell is one of the many tree's growing by the entrance to Streeter Hall, also in the area is an Antarctic Beech, some of the new ground cover taking hold includes Anemone Nemesa and Japanese Nemesa.

In the more visible locations on campus the shift has been away from the high maintenance, short lived annuals, to the longer lasting low maintenance perennials. These include the true geraniums that grow in the safety island near the Molalla entrance and the Blue Iris and Euphorbia that grow in the middle of the bus turn-around.



Get an early start on Fall classes!

Returning students at CCC can now take advantage of a program that allows them to register early and have their seats guaranteed in classes for Fall term.

Students who enrolled for Spring classes by appointment automatically were sent an early Fall registration appointment card in the mail during the week of May 9.

Sessions are scheduled during the week of May 23-27, at 9 a.m., 2 p.m., and 6 p.m., Monday through Thursday, and 9 a.m. and 2 p.m. Friday. Students who cannot attend their appointment are encouraged to attend the next possible session.

During the session students will select Fall classes. In order to guarantee classes, students must pay for their classes and all other outstanding bills and complete any prerequisites for Fall term classes by August 25.

Questions? Call 657-6958 ext. 2253.

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