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Clackamas Community College

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Instructor offers support, advice

■ Pat Rust is the newest member of CCC's Family Resource Center

by Anjanette Booth
Photo Editor

Pat Rust, Work and Family Support instructor, is the newest member of Clackamas' Family Resource Center faculty.

Rust is helping to provide support for families who are trying to balance school and work. She is also working with teenage parents, their children, and expectant teens through the Young Parent Opportunity Program. On Tuesdays and Thursdays, she observes the teen parents in the YPOP program with their children to give support and information in child care.

Parenting the Young Child, Effective Parenting of Teens, and two telecourses: "A Time to Grow" and "Applied Child Development," are all taught by Rust to instruct and support parents and their children. They are also available for students who would just like to learn more about child care, parenting and childhood development.

Rust will also be teaching a quarterly workshop on adolescents and childhood self-esteem for the Life and Career Options Program on campus.

"In general, families are under a lot of stress. I'm here to share positive guidance support where (it) is needed," Rust said



Photo by Anjanette Booth

Pat Rust helps provide support for families and teenage parents who are trying to balance school and work.

about her new position. According to Rust, more single parents, dual incomes and today's economy all increase stress on teen parents.

Some of Rust's additional responsibilities include training the child care providers at FRC childcare center. She also works with the Manufacturing/Production Technology program on balancing work and family. Referral counseling by the LCOP program is also given to her to deal with problems in the family.

"Parents are really looking for answers today; they want

to do it right. When they are stressed out with school and work it is a little more difficult. I'm there to provide the support needed," Rust explained.

Rust said she is very excited about her new position at Clackamas although this is not the first time she has worked with the college. "I've been working with the college for the past five years and then this position opened up and I really like the college atmosphere," Rust said.

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Forensics team scores high

by Nicole Turley
Staff Writer

The Clackamas Forensics team defeated several community colleges throughout the Northwest for a second time at the Clark Community College tournament in Vancouver, Dec. 13 and 14.

Clackamas won first place in the community college division at the Lower Columbia Community College tournament in November. The team went on to compete at the Clark Tournament, titled the Penguin Classic. Schools they competed against included Lower Columbia, Willamette University, Linfield, Portland Community and Mt. Hood.

The first place gained at Clark was accompanied by a number of individual victories in all of the three divisions, novice, junior and senior.

In the novice division, Angela Bounds made the final round of competition in Persuasive speaking, an event in which the speaker is asked to deliver a 10-minute original speech on a topic of his or her choice, designed to change or reinforce the ideas of the listeners.

In novice debate, Avril Jonson, who just began debating this term, captured third place.

Mike Hiransomboon, won first in novice impromptu, an event in which the competitor

is handed a philosophical quotation a mere two minutes before he has to deliver a five-minute speech related to that quotation.

Patric Lairson, in the junior division, took third place in the impromptu event. Both Lairson and Hiransomboon have already won a number of awards in impromptu. Nicole Turley took first place in persuasive and informative speaking in the junior division.

Senior division honors were captured by Avril Johnson, who won second place in both informative and persuasive speaking. Johnson has also collected a number of awards in these two events at previous tournaments.

In Extemporaneous advocacy, competitors are given a court case summary a half hour before the round. In that half hour, they are asked to prepare a five- to seven-minute summation, to be given during the round. Hiransomboon won third in this event and Astar Mink competed with Hiransomboon in the final round of competition.

Next on the Clackamas Forensics' team agenda is the Pacific Lutheran University tournament, in which the debaters will compete against a number of four-year colleges this weekend.

Vendors provide information at Community Fair



Photo by Khanh Pham

Community vendors, including churches, banks, the Navy and the Army Reserve, provided information to students about their services at the Community Fair held on campus Jan. 5.

Watercolors to be featured at art show

by Vicki Welch
Staff Writer

The paintings of Lynne Estep-Gonder will be featured at an art opening at the College on Friday, January 14. The opening and reception is from 6 to 8 p.m. in the Pauling Gallery.

"Lynne's paintings are brightly colored and very appeal-

ing," said Susanna Lundgren of Clackamas Community College's community education program. Twenty large watercolors of flowers and landscapes will be on display.

The opening is free and open to the public. Estep-Gonder's work will be on display through Feb. 11.

NO SCHOOL MONDAY

In honor of
MARTIN LUTHER KING