

Cougar wrestling tourney raises cash for Nationals

by Anjanette Booth
Staff Writer

The wrestling team started out the season with their annual fundraising Take Down Tournament Nov. 6.

This open tournament invited colleges such as Oregon State, Pacific Lutheran, Yakima Valley, Highline Community College, and other Oregon colleges to wrestle with the Clackamas Cougars.

Clackamas fared well in the tournament, taking first through

// **Goals are set for placing high at the National tournament.**

- Head Wrestling Coach, Mike Haluska

// third in the heavyweight class. Jason Marshall took first with Darin Shelstad placing second and Nathan Sullivan taking third.

Jake Whisenhunt also took first in his weight class. Third place positions were all received by Jamie Dickson, Josh Whisenhunt and Dan Punzell in their specific weight



photo by Anjanette Booth

Clackamas grapplers prepare during the week for a meet against Pacific Lutheran in Tacoma today. On Saturday, the Cougars will be in the Yakima Valley open tournament.

"For this early in the season, I was happy with everyone that wrestled," said Head Coach Mike Haluska. Unlike most competitive sports, all duals and tournaments in wrestling are considered practices until the end of the year. "A lot of the

kids worked on getting away from their bad habits," Haluska said about wrestlers using the tournament as a learning experience.

The Take Down Tournament was held as a fund-raising event to send Cougar wrestlers to Regionals and Nationals. The wrestling team

is the only athletic team at Clackamas that is able to participate in Nationals. "Goals are set for placing high at the National tournament," Haluska said.

All the wrestlers did their part to make the Take Down Tournament run smoothly. Many wrestlers

helped with running clocks and refereeing when they were not competing.

The Cougars will have a dual meet against Pacific Lutheran College today in Tacoma. They will also participate in the Yakima Valley open tournament on Saturday.

Kiser's cuts complete

Coaches poll picks CCC third

by Jason Hunter
Staff Writer

The men's basketball team has made its final cuts. The team includes five sophomores and seven freshmen.

This year's team is as follows:

First the sophomores:
Travis Orick 6'1" 180
Parkrose H.S. Portland
Kyle Dixon 6'1" 165
Redmond H.S. Redmond
Jeremy Reinwald 6'3" 185
Redmond H.S. Redmond
Scott Weiland 6'2" 175
Sheldon H.S. Eugene
Zack Puente 6'5" 205
Sheldon H.S. Eugene

Now the Freshmen -
Matt Stahl 6'2" 185
Central Catholic Pld.
Jade Jasper 6'7" 220
Wendal H.S. Wendal Idaho
Jay Moore 6'3" 175
Rex Putnam H.S. Milwaukee
Ran Coffey 6'0" 165
Rex Putnam H.S. Milwaukee
Nate Williams 6'1" 170
Franklin H.S. Portland
Joe Bierbraur 6'3" 205
Barlow H.S. Gresham
Matt Pitzel 6'4" 200
Redmond H.S. Redmond

Last weekend the coaches held a league meeting and came up with their league's predictions. Lane Community College was picked unanimously in the poll, to finish in first place. Chemeketa Community College

was picked to finish second, Clackamas Community College was third, Mt. Hood Community College fourth, Umpqua Community College fifth, Portland Community College fifth, Southwestern Oregon Community College sixth, and Linn Benton Community College in last place.

Ex-Cougar update...

Former Cougar basketball player David Daniels has furthered his basketball experience. Daniels, who graduated from Clackamas two years ago, and then went on to Colorado Christian College for two more years, had a try-out with the Denver Nuggets of the National Basketball Association.

He made it to the final cut and then was let go. Fortunately, the Continental Basketball Association, a smaller league which has had several members make it to the NBA, came calling. The team from Rochester, Minn., "jumped" at the chance to sign him.

While at Clackamas, he was a two-time All-Leaguer. In Colorado, he led his team to the championship his senior year and was rewarded as the league's Most Valuable Player. He was also named an All-American basketball player.

Women's b-ball young but talented

by Nate Clark
Staff Writer

The Clackamas women's basketball coach, Karen Twain, has an optimistic view of the upcoming season. She thinks the Lady Cougars will do well due to hard work and enthusiasm.

"They are a good group of players and I think we have the right combo to go far," Twain said.

The Cougars have three returning sophomores and nine freshman, but, as Twain states, "they were all stars on their high school teams."

Sophomores Teresa Olsen, Janell Temple, and Kristie Preiskorn provide this young team with leadership.

"Olsen (guard) is, if not the best, one of the best in the league," Twain said. "She worked hard on improving her quickness during the summer and she can go to the hoop on anybody."

Temple (guard) is one of the team leaders. Twain points out her smart ball-handling and good shooting will be keys to the team's success.

Preiskorn (guard-post) is a great defensive player who is very fast, intense and has "extreme desire," according to coach Twain.

This is Twain's and assistant coach Liz Gilluck's first year at Clackamas. Twain coached at Tualatin High School last year and Gilluck coached at Umatilla High.

Twain said they can do a good job this year in a very competitive league, with top competition coming from Mt. Hood and Chemeketa. Their chances are good

if they can stay sick- and injury-free, she noted.

Twain also sees another advantage for the Cougars. "The team gets along and plays as a team on and off the court," she said.

"I honestly think this year will be a learning year because we have so many freshman and a new

coaching staff," Temple said. "We should do pretty well in our league, they (the coaches) recruited some good talent and if we execute the plays right, we should do pretty well this year and next year."

Clackamas plays November 26 and 27 in a four-team tournament at home, times to be announced.



photo by Chad Patterson

Top row from left: Raquel Mariscal, Laurie Gulick, Angie Tucker, Tanya Whik, Karyn Berg, Laura Stah, Michella Webber. Bottom row from left: Janell Temple, Theresa Olsen, Stephanie Kadell, Ganine Moses, Kristie Preiskorn.



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