

Wrestlers head into dual meet championships

by Frank Jordan
Staff Writer

Clackamas wrestlers engaged in a tough match with a nationally-ranked team last weekend on their way to the regional championships that are fast approaching.

Saturday, the Cougars faced Lassen College, the number-two team in the country, down in Susanville, Calif. According to Head Coach Jim Jackson, the Cougars wrestled "really tough," but went down to defeat 27-18.

The final score in the dual meet was deceptive only because CCC forfeited the first two weight classes, thereby losing 12 points.

"There is absolutely no doubt in my mind that we beat them," Jackson said. "We beat them in five of the eight weights that were contested. We beat some really tough wrestlers."

Some of the key matches included the 142 lb. weight class, where Chad Westover of CCC won by a pin. Jackson was pleased at how Westover has progressed this season.

"Chad was peaking very early in the season. But the injury he suffered halfway through the season may have been the best thing that could have happened



Photo by Rob Hibberd

CCC wrestlers gave nationally-ranked Lassen College a "tough" match Saturday. Clackamas is preparing for the regional championships at the end of February.

to him. He has gotten himself back into shape and the changes he has made have gotten him peaking again, this time at the right time of the season, just before regionals."

Blake Tompkins, at 134 lbs., lost his decision by a fall. But Jackson is satisfied at how Tompkins is doing. "Blake is

tired. He has been the only man for us this season at 134, so it is tiring for him. If he stays focused, he should do great things for himself and us at the end of the year."

Doug Maddux lost a tough decision at 158 lbs., but he "basically dominated the match," according to Jackson.

Travis Bonneau, at 167 lbs., and Carl Hensley, at 177 lbs., won by virtually the identical circumstances. Both wrestlers tied their matches in regulation time, then went through scoreless sudden-death overtime periods. In the tie-breaker format, a wrestler gets to choose whether or not to start in the up or down position.

Both Bonneau and Hensley decided to start the tie-breakers in the down position, and both wrestlers escaped from their opponent to score points and win their respective matches.

In the final match of the evening, CCC's Nathan Sullivan, facing an obvious size disadvantage, defeated the number two-ranked heavyweight in the nation, Lamar Washington.

"They are very high on this kid. He is big, strong and quick, and has beaten a number of good heavyweights," Jackson said. "Nathan gave up a good 50 pounds to Washington, but Nathan has wrestled real tough all season, and this time was no exception. Nathan is right on track to do well for us at regionals and nationals."

The next competition for the Cougars will be this weekend, when they travel to Des Moines, Wash., for the Northwest Community College Dual Meet Championships. Jackson said that every one of his wrestlers will get a chance to compete, and this will give him a chance to see who is on track for regionals. He hopes to have a lineup in place in the next week for the regional championships, which will be in about two weeks.

Clackamas runners compete at indoor meet

by Daphne Hartt
Sports Editor

Clackamas men's and women's indoor track teams are off to a running start and preparing for the upcoming spring track season.

The Cougars traveled to the Eugene Indoor Friday and came back with some impressive lifetime bests and high ranking stats.

Sophomore Ilene Penas placed second in the shot put with 43-foot, 5 and 3/4-inch throw,

Intramural basketball teams begin tournament play

With ten teams signed up and enough enthusiastic fans to fill the stands, the intramural basketball season is off to a good start.

This year's competition includes All Net, The B.B.T., The Clackamas Brew Crew, The Gladiators, Ground Patrol, The Freshmen, The Regulators, The Royals, Team Cinderella, and Top Guns. The Regulators are the defending

earning herself a lifetime best. "She only lost to University of Oregon's best by three inches," said Head Coach Mike Hodges.

In the men's shot put, David Harnsberger placed fifth with a 44'5" throw.

Also earning a personal best with a 6'8" high jump was freshman Matt Boucher. In addition to Boucher's success, Sean Brandel cleared 6'6". According to Hodges, it is the "best ever indoors for Clackamas."

Sophomore Chris Hale champions of last year.

Play began on Jan. 26 with All Net competing against The Regulators and The Clackamas Brew Crew facing the Royals. All Net managed to score twice in the last eight seconds of the game, making the final score 69-65.

The Clackamas Brew Crew obtained its first win by defeating The Royals 75-58.

and freshman Mike Brady both vaulted 15'. According to Hodges, this is Hale's second meet in a row to make 15' and Brady's lifetime best, surpassing his pole vault record by more than a foot.

In the 50-meter dash, three Clackamas athletes made it to the finals. Scott Daugherty came in second in his heat at 5.9 seconds. Tony Brown placed fifth in his heat, while Jeff Mitchell came in sixth in his heat. Both had times of 5.9 in the preliminaries.

Mitchell then went on to win his heat in the 300 with a time of 37.6. Also winning in his heat was Will Farmer with a 37.9 time. Darwin Arnold, a sophomore on the men's squad, ran a 38.4 and Scott Willhite, 37.9, placed second in his heat.

In the women's 300, Vickie Robins placed third in her heat, running the course in 46 seconds. Also, taking third place in her heat was Deanna Arreola with a 47.0 time.

Coming in at second place with a 1:45.1 time in the

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women's 600 was Chris Weersing. Lynda Cornwall placed third with 1:54.0.

In the men's 600, Jason West took third in his heat at 1:24.5. Hodges said that West's time was "four seconds better than a year ago in the same meet."

Pat Lynch earned himself a second place spot in his heat with a time of 1:26.9.

A big highlight of the Eugene meet was the men's 1,000 meter

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