

Lady Cougars suffer disappointing losses

by Melissa Baughman
Staff Writer

The Clackamas Community College women's basketball team lost games to Mt. Hood Community College and Lane Community College in last week's league play.

The Lady Cougars lost to Mt. Hood on their home court Jan. 13, 56-52. Coach Kim Spaulding said it was a game that they should have won.

"We had every opportunity to win. We made some crucial errors at the end," Spaulding explained. "We really wanted to win at home. There is no reason why we can't beat them on their home court next time."

Jenny Topham led the

way once again, scoring 15 points and pulling down 14 rebounds. Kristie Preiskorn and Sheri Wehling each hit for 9 points while Brandy Toivonen chipped in 7 points.

The team traveled to Eugene on Saturday to play Lane, the number-three ranked team in the Northwest Athletic Association of Community Colleges. Clackamas suffered its biggest loss of the season by losing 89-62.

Topham hit 9 of 14 from the field and scored 21 points. She also had 9 rebounds. Spaulding praised her efforts.

"Jenny is playing really well. She's scoring and she's still rebounding," Spaulding said.

Jill Warrington rejoined the line up and hit 6 of 10 from the field for 12 points. She also grabbed 9 rebounds.

"Jill is the strongest, most consistent post I have. It's great to see her back in the line up," Spaulding said.

Spaulding has been highly impressed with Preiskorn's efforts. "Kristie has picked up her game a whole level. She gives the team a spark when she's in there."

CCC hits the road this week in hopes of picking up some wins. They travel to Umpqua today, to Linn-Benton on Friday and to Southwestern on Saturday.

"We need to start winning," Spaulding concluded.

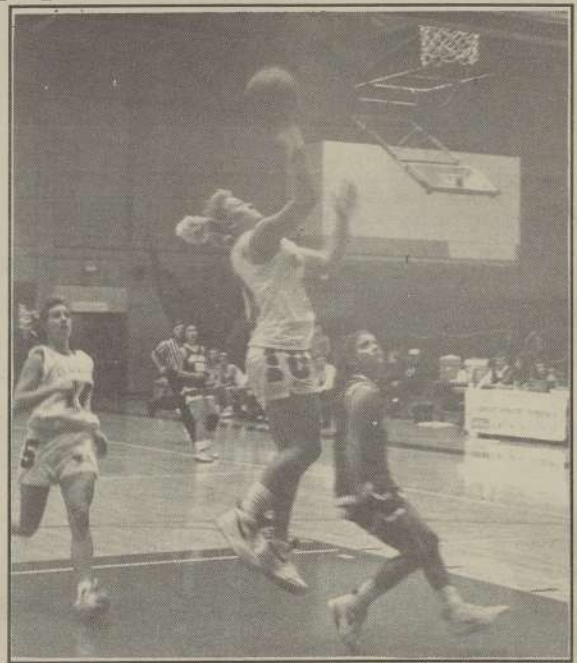


Photo by Anjanette Booth

Freshman Janell Temple drives the lane for an easy two against Portland Community College. The women now hold a 6-10 overall record.



Photo by Anjanette Booth

Coach Kim Spaulding brings the Lady Cougars together in a huddle during a game.

Sports Briefs

Attention all intramural basketball players! The registration deadline has been extended to Friday, in hopes of getting another team signed up. However, play will definitely begin on Tuesday at 12:30 p.m. in the Randall Gym.

Listen up all skiers, snowboarders or those who just want to party up at Mt. Hood Meadows. Ski Ball '93 will be held Friday from 4 p.m. to midnight. There will be an ongoing party in the upper part of the North Lodge. Tickets are \$7 in the ASG office.

Thursday, the Cougar wrestlers will take on the Oregon Thunderbolts at 7 p.m. in the Randall Gym. Friday, the Cougars will compete at Lower Columbia College and Saturday, they face Yakima Valley CC at 3 p.m. up north.

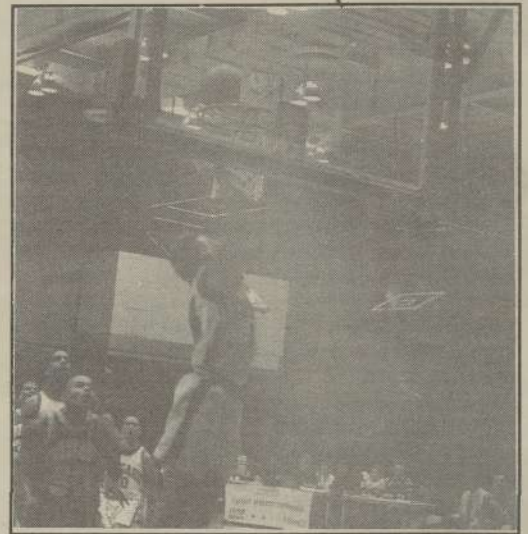


Photo by Anjanette Booth

Kyle Dixon scores a layup. In last week's action, the men beat Mt. Hood CC 114-73 and defeated Lane 102-101 in a triple-overtime thriller.

Skiers take to slopes

by Daphne Hartt
Sports Editor

With a plentiful snowfall this winter, the Clackamas ski and snowboarding classes are bound to leave students cuttin' up the slopes.

The CCC ski program has been around for many years, but according to Maria Wynia, health/fitness teacher and campus coordinator for the ski program, this is "the first year that Clackamas has a three-term ski program."

Wynia has been teaching at CCC for 13 years, but has only been in charge of the ski program for a few years. She is excited about having a spring ski program and said it should attract many students.

With this change, students can now enroll in ski classes during Fall, Winter or Spring Term for lessons at Timberline or Mt. Hood Meadows.

The Timberline course instructors utilize the American Teaching System (ATS). It is recognized worldwide as the leading method in skill development and teaching methodology. Besides stressing improvement

in ski ability, the Timberline Ski School's objectives consist of safety while skiing, athletic activity/skiing fitness, technical skills of skiing in varied conditions, knowledge of ski or snowboard equipment and maintenance, social interaction and enjoyment of skiing as a lifetime sport.

All instruction will be provided by certified ski instructors. Depending on experience, students can take beginning, intermediate or advanced lessons. Students may also choose which type of lessons they would like. The ski program offers alpine downhill, nordic (cross country) and telemark skiing and snowboarding classes.

Students who really love to ski, snowboard or just love being outdoors should consider this one-credit class to go toward their physical education requirement. The cost of each class varies, depending on which package the student selects. But overall prices are reasonable. Students could actually wind up saving a little money because of the package deals.

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