

Spaulding pleased with women's basketball roster

by Melissa Baughman
Staff Writer

The Clackamas Community College women's basketball team looks to be right on track after playing in their three preseason scrimmages.

The team played against Linfield, Concordia and Blue Mountain. Coach Kim Spaulding was happy with what she saw during each scrimmage.

"Overall, we got better with each scrimmage," Spaulding said. "After Linfield, we knew what we needed to work on."

The team's defense is looking good in both practices and scrimmages. It is what will be

the team's bread and butter this season.

"Defense is going to win some games for us," Spaulding explained. "I think they enjoy playing defense."

The scrimmages gave the team some good experience. The scrimmages showed the coaching staff who is going to be playing where.

Spaulding is looking forward to the upcoming season and she spoke admirably of her 10 players.

"We have 10 players and they are all going to get minutes," Spaulding said. "We don't have an all-star. We have

10 solid players."

The team suffered a huge loss early last week when Wendy Neilson had to quit the team, but at the same time, another player joined the team.

Sheri Wehling, a 26-year-old, joined the team. She played for the Cougars in 1985. Spaulding seems to be very happy with her progress. "She is picking up on things quickly," Spaulding said.

The team can be seen in action at home both Fri. and Sat. at 8 p.m. They will be playing Lower Columbia CC and Grays Harbor CC respectively.



Photo by Lynn Sichel

The women's basketball team begins their league play on Jan. 6 when they host Portland Community College.

Runners honored at banquet

by Paul Valencia
Staff Writer

The Clackamas Cougars' cross country squads celebrated a stellar year at their end of the season banquet Nov. 17.

Many runners received honors in a variety of categories after the teams' votes were tallied.

Team captain plaques went to Randy Faddis and Kevin Bartholomae for the men's team, while Dianna Polack received the award for the Lady Cougars.

Outstanding runners were Mike Hickey for the men and Jessie Richter on the women's side.

Wilfredo Elenes took the most inspirational runner honor for the men, while Polack and

Leah Guilford tied for that recognition for the women.

Most improved went to Brian Buckingham and Lynda Cornwall.

A special recognition award went to Assistant Coach Eric Hruschka for his recruiting, coaching and leadership.

The 1992 season was one of the most successful in recent memory for both Cougar squads. The women won their third straight Northwest Athletic Association of Community College's championship title, while the men won their second in a row. The team won its fourth consecutive combined title, with the lowest score ever at 61 points.

Head Coach for both Cougar squads is Mike Hodges.

After three successful preseason scrimmages...

Men's team ready to hoop it up

by Jason Eck
Staff Writer

The Cougar men are ready to open their basketball season, after three preseason scrimmages, when they play in a tournament this weekend.

The men's team played against varsity teams from Western Oregon State College, Willamette University and Blue Mountain Community College over three consecutive weeks.

"(We) did very well against all three of them," Head Coach Royce Kiser said. He commented that the team is playing well offensively, but needs to keep working hard to improve on the defensive end of the court.

Kiser said he is real happy with the guys so far. The team currently has 14 players, 7 sophomores and 7 freshmen. He said that the sophomores are better this year, and that he is going to rely on them to provide lead-

ership this season. He is also pleased with the 7 freshmen and the futures they may have at Clackamas.

Kiser mentioned that one strength of this year's squad is rebounding, although the team is relatively small. He said that the men are "fairly well rounded" players.

With the start of the season just around the corner, Kiser said that the team is going to "continue to work hard." He also emphasized that each player needs to understand that he has to make the grades, have the proper attitude and stay injury free in order to have a successful group. "If all these things occur, we should be a real good team," Kiser explained.

The men's team is traveling to Longview, WA this weekend to play in the Red Devil Tournament. It is an eight team tournament consisting of local colleges

from both Oregon and Washington.

The Cougars open the tournament Fri. with a 1 p.m. encounter against Treasure Valley CC. If they win they will play at 3 p.m. Sat., or at 1 p.m. if they lose. The men open league play when they host Portland CC on Jan. 6 at 8 p.m..

"(We're) not going to sit back and wait, we're going to continue to work hard and improve," Kiser said.

SPORTS BRIEFS

Don't forget about the annual Turkey Trot today at noon. Turkeys will be given to the top female and male runners in the 2.5 mile race.

Also, the intramural flag football finals will be held on this Tues., Dec. 1 at 12:30 p.m.. The winners of the two games will go on to the championship game on Dec. 3.

NWAACC WOMEN'S VOLLEYBALL TOURNAMENT RESULTS AND AWARDS

1ST: SPOKANE CC

2ND: CHEMEKETA CC

3RD: SKAGIT VALLEY CC

4TH: SOUTHWESTERN OREGON CC

NWAACC COACH OF THE YEAR: IRENE MATLUCK, SPOKANE CC

NWAACC MOST VALUABLE PLAYER: CARLA CHAMPOUX, SPOKANE CC

Tens of thousands of people will need blood during the holidays.

Still wondering what to give?

American Red Cross

Give blood again. Once more will be felt for a lifetime.

Ad Council

PHOTO BY JERRY VALENTE

KEVIN COSTNER WHITNEY HOUSTON

Never let her out of your sight.

Never let your guard down.

Never fall in love.

THE BODYGUARD

WARNER BROS. PRESENTS
A TIC PRODUCTION IN ASSOCIATION WITH KASDAN PICTURES A MICK JACKSON FILM KEVIN COSTNER WHITNEY HOUSTON "THE BODYGUARD"
GARY KEMP BILL COBBS RALPH WAITE WITH RICHARD A. HARRIS PRODUCED BY JEFFREY BECKROFT DIRECTED BY ANDREW DUNN COSTUME DESIGNER ALAN SIVESTRE WRITTEN BY LAWRENCE KASDAN
MUSIC BY LAWRENCE KASDAN, JIM WILSON, AND KEVIN COSTNER EDITED BY MICK JACKSON

OPENS NOVEMBER 25th EVERYWHERE