

The Sporting Fool Speaks
by
Aaron Brown

Notes & things...

It is amazing to me that things in the Sports Department have kept fairly cohesive. Unfortunately, there will be someone else at the helm of the department since I have decided to transfer to PCC for Winter and Spring terms. It was a tough choice, but it is my best interest.

My stay at Clackamas has been a positive one. The paper has been my focus of enjoyment and release, but all good things must come to a close.

There are a few loose ends that needed to be addressed, so here it goes.

... Well sports fans, the cross country season here has come to a close. It was an enjoyable season the concluded in a positive way, with them winning the combined championship as well as the women's championship.

Congratulations to every single member of the team, you all deserve to be recognized for your achievement. It also hard to see Shayne Corson, a member of the women's team, unable to compete this year. Hopefully you will be able to next year.

... Has anyone heard anything else or any new developments on the game room lately? My "ears" have been relatively silent recently, so I have no idea what is going to happen. Hopefully the administration is actually considering what is involved in any perspective move.

The only new development is in reference to a letter sent by a member of the faculty, who is opposed to the game room. I felt it was my job to tell you that the reference to the "Music Man" was used out of context. Watch the movie again. By the way, it is one of my favorites of all time.

... The Blazers are 9-0 (as of Monday)! I really think Rip City is here to stay. Too bad that good old Drazen Petrovic is upset with his play time. Petrovic should have been reprimanded for his comments, and rightfully so that he is now \$500 poorer.

... Those Chicago Black Hawks are ripping up the NHL, much to the pleasure of a friend, an ardent Hawk supporter. Ed Belfour sure is a candidate for Rookie of the Year.

... Who is this John Cullen dude? It was just two years ago where he scored 49 points in 79 games as a third liner. He struck me as a pretty good scorer who was not utilized under the Ubricco regime in Pittsburgh. It's nice to see him leading Gretzky (Mr. Ego) in the scoring race. Keep going John!

... Once again it is time for the rookie update. I'm going to stick with Mats Sundin, but Sergei Federov, playing for Detroit, Alan Schnacht's favorite team, is definitely the front runner right now. Watch out for Belfour.

... **The Devil Watch:** 12-9-1

... Why was Ed Olczyk traded to Winnipeg? Hmm, at least he'll be on a playoff bound team, rather than the Toronto Maple Leafs.

Cougars finish third overall in league play

by Brenda Hodgen
Sports Writer

The Cougar Volleyball team rounded off their season with a bit of success last week. The team tied for third place in league finishing with a league record of 8-6 and 14-7 overall.

To achieve their success the Cougars first met up with Southwestern Oregon Community College Nov. 9 in Randall Gym suffering a disappointing loss in three straight games; 2-15, 7-15, 6-15.

Coach Kathie Woods explained, "We were just never able to get going. It was a struggle from the first serve," she continued. "All we can do is give credit to SWOCC, they played a good game and just kept the ball going."

They then moved on to an essential victory over Umpqua Nov. 10 in three straight games; 17-15, 15-3, 15-3. This time Freshman Wendy Haugen led the Cougars with 16 kills, 10 digs and 1 ace, "Wendy had a great game," Woods stated. Team Captain Tisha Chevron came through with 19 assists, and 1 ace; Tara White was another key player with 15 kills, 13 digs, 1 ace and 3 blocks; and Freshman Jenny Gay was there with 15 assists.

"The first game we were down 3-12, which looked really bad after we had just lost to SWOCC.

In the middle of the game, though, I guess the girls just decided that this wasn't what they wanted to happen," exclaimed Woods. "Once we won that game, I think we just threw Umpqua and were able to sweep them in the next two games."

The ladies needed that match in order to go to the play-offs. The win put them into a three-way tie for third place with Chemeketa, and Umpqua.

In order to determine who would contend at the third place position in the play-offs, the three teams met once again in a neutral place, Linn Benton Community College, Nov 12. The Cougars were up against Chemeketa, but took a loss in three games; 10-15, 11-15, 0-15 eliminating them from competition in the NWAACC Championships.

"The first two games weren't too bad against Chemeketa, but the last one was definitely convincing," stated Woods.

Key players against Chemeketa were Julie Braman with 7 kills, and 12 digs; Haugen with 10 digs; White with 8 digs; Chevron with 13 assists and 1 ace; and Debbie Asboe with 3 blocks.

Four Cougar ladies received honors. Julie Braman was awarded 1st Team All League, Tara White received 2nd Team All League, and Tisha Chevron and Debbie

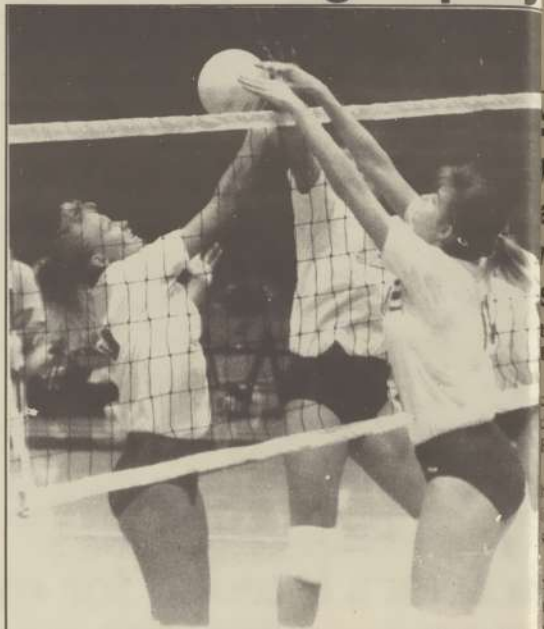


Photo by Eric Sanders

Talk about heavy blockage. The Cougars are looking forward to improving upon this year's performance.

Asboe were granted Honorable Mention All League.

In addition Clackamas will be hosting the All Star game Saturday Dec. 1 and Tara White has been chosen to play on the Southern Region's team. Team awards

will be announced Dec. 5 at the team's Awards Banquet.

Looking on to next year Woods says, "I think next year looks to be a great year. We have five possible returning players and we've got ten some good experience out this season."

Tai' chi anyone?

by Nolan Kidwell
Staff Writer

The tai' chi ch'uan class (a form of the martial arts) will be taught again here at the college by David-Dorian Ross starting this winter term.

The tai' chi class was originally offered as a community education course, but as it became more popular it was offered for one college credit each term last year. The class was not offered during the fall term this year but will be back for the winter term.

Tai' chi is based on the idea that, "you can be effective martial artist without being fast and strong by developing your internal power," according to Ross. He described it more simply as "Kung Fu in slow motion."

"It's a very portable exercise," stated Carolyn Eddy who practices intermediate tai chi which is the more practical, self defense form of the art.

Carol Pienovi who has been practicing tai chi for two years said, "It's very relaxing and a moderate form of aerobic exercise." Pienovi and Eddy have a tai chi club forming here on campus for those who already know tai chi and can be contacted through the counseling office.

Tai' chi is a series of 24 slow movements which can be used in self defense. It was developed in the middle of the seventeenth century in China by a general in the Chinese home guards during the Ming Dynasty.

The word "chi" comes from the Chinese word "qi" meaning inner power.

The class will be from 8 a.m. to 9:30 a.m. on Tuesdays and Thursdays during this winter.

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