

# Men take first, women third at Southern Regionals

By Dan Fulton  
Staff Writer

For the second time in three years, the Clackamas Cougars men's track team took the NWAACC Southern Regional Championships, and the women's team finished third in the same meet last Saturday.

The men finished the meet by blowing away the nearest competitor, Mt. Hood CC, by 99 points-scoring a newschool record of 229 points. Gabe Crane and the Cougars were everywhere, as Crane won the high-points trophy scoring 33 points by himself, beating out Steve Miller who finished with 32-1/2 points.

Crane finished first in the 110m hurdles cruising in 14.9 seconds. Next stop for Crane was the 400m hurdles where he wrapped up the gold in 54.2 seconds. Randy Fish, teammate, finished with the silver

in a very speedy 54.8. Crane also finished second in the long jump leaping 22'8-1/4 for the silver.

Crane also helped his teammates in the 400m and the 1600m relays taking both with dominating teamwork. In the 400m, Crane, Parker, Gibson, and Larson crossed the finish line at 42.1 seconds. The 1600m had the same impact, but different teammates. This time Crane was helped by Cougar teammates Gibson, Tierney, and Miller. The Cougars tore up the track in 3:23.1 finishing in first.

Miller had a great day finishing first in the long jump over Crane soaring 23'7-3/4. In the 100m, Miller wound up with the gold once again cruising across the finish line in 11.2 seconds.

Miller barely beat teammate Gibson, who finished second in 11.3 seconds. Miller wound up taking the gold in the triple jump,

landing a newschool record, leaping 49'3".

Second place was wrapped up by Richie Taylor with a jump of 46'4-1/2".

Mike Hieb broke his own school record again and brought home a first-place trophy in the javelin with a toss of 226'6-1/2."

Nav Larson showed why he is one of the Cougars' top runners. Larson took the 400m in 48.4 seconds, and the 200m in 21.8 seconds. Gibson wasn't too far behind finishing third in the 200m with the time of 22.6 seconds.

Tim Beardall finished first in the 10,000m in 32:06, while Moore was second running the meet in 32:51. The 5,000m was again won by long distance runner Beardall in 15:29.7.

In the 3,000m steeplechase, Moore came through for the Cougars in 9:39.6, taking first and

outlasting Buse who finished second with the time of 9:45.8.

"The men were just outstanding from the start. They had that 'killer instinct' the whole meet," said Coach Mike Hodges. "They just got tougher as the meet went along, and were just tremendous right down to the wire."

The Cougar women's track team finished third with 86 points which was better than expected as they were plagued with injuries. Angie Wright came off her injuries and raced for the first time in a month and had a field day, winning three events. Wright won the 5,000m in a time of 19:31.1. In the 1,500m Wright found herself all alone as she crossed the finish line in a time of 5:06.4 taking the first place trophy. In the 3,000m Wright claimed her third gold of the day finishing first in a time of 11:07.6.

Jean Marce Lillard took her

Cougar pride seriously and wound up with a first-place finish in the discus flinging the discus 139'-1/2", which was a school record. Chandler finished fifth with a toss of 109'11-1/2". Lillard found herself in second in the shot put heaving a toss of 42'7". Nylen wasn't far behind in third with a toss of 38'1". Nylen also finished second in the javelin soaring the javelin 138'10".

Sonya Hult added to the Cougars' placement with times in the 10,000 with 45:18.3.

"The women did very well but were hurting because of injuries, and still showed that they wanted to win," commented Hodges.

Hodges will keep his Cougars in training for the NWAACC Championships hoping that his men can be the first Oregon team to ever win the championship. The championships will be held on Memorial weekend.

## Found again team unity puts Cougars back on track

by Amber Cordry  
Staff Writer

With great improvement in their attitude, the Clackamas Cougar Women's Softball team made a drastic positive alteration last weekend after a harsh learning experience on Thursday, May 10.

Competing in a double header against Olympic College, the Cougars were swept 2-3 and 0-3, the first sweep of the year.

"Thursday was one of the worst days of the year," stated Coach Paul Fiskum. "There was a lot of team adversity and we didn't have a good attitude."

Outstanding performances were made by Heather McCorkle who pitched a two hitter, and by Linda Gross who pitched a three hitter.

Along with the success on the

pitching mound during the double header, the hitting by the team as a whole dominated Olympic College 14-5.

During game one of the day, both Kristi Northcutt and Julie Stickel had two hits. Northcutt hit singles in the first and seventh innings and Stickel hit singles in the fourth and sixth innings.

The second game of the series brought three different players to recognition as Jill Schnell, Julie Troutner, and Jenny Wimberly all hit singles, two out of three times up to bat.

Great improvement at the double header held on Saturday, May 12, against Grays Harbor College, is partly attributed to the meeting held after the sweep last Thursday.

"Our attitude, enthusiasm, and hustle came back to where it should

be to possibly do something," stated pleased Fiskum on the victories of the Cougar Women.

The Cougar Softball team then swept their opponents 5-1, and 15-1 to make them tied for second with one double header left in league competition today against South Puget Sound College.

Pitching her first no hitter was Linda Gross who made an outstanding performance all day Saturday.

Again in the first game of this series Northcutt's batting performance was outstanding. She hit three triples and a single, scoring one RBI. Also Bremmer and Judi Bennett both batting two for three with Bremmer hitting a single and a triple scoring one RBI, and Bennett hitting two singles, scoring one run.

Winding up the series, the

batting continued to improve with excellent performances by several players. Northcutt again batting three for four with three RBIs and four runs, Stickel batting two for two, knocking in four RBIs. K.C. Jones hit two for two, scoring one run. Bennett hit two for three scoring two RBIs and Jackie Romine hit two for three, scoring two runs.

Performance by the softball team was excellent during their meeting against Grays Harbor and the improvement from their series against Olympic College was definitely noted by Coach Fiskum.

"I think they realize the importance of playing together as a team. They are doing everything possible to support teammates," exclaimed Coach Fiskum.

## Wins continue to be elusive

by Jennifer Soper  
Production Manager

The Clackamas Cougars continued their quest for a win last week, but came up with three more losses leaving them with a 6-28 record.

On May 8, the Cougars hosted a twin bill against Linn Benton. In the first game the Cougars lost 7-2. Curt Allison was the shining player with two hits and one RBI. The Cougars had only four hits in the game.

In the second game the Cougars kept the Linn Benton team to only four runs, but still lost in a 4-1 effort. Tim Ensley and Jim Squires each had two hits; Squires also had one RBI.

"We played well in both games," said Head Coach Robin Robinson. "They just out played us."

On May 9, the Cougars played another home game against Linfield. It ended in defeat with a 12-8 score. Tim Arendell had two doubles, but no RBIs. Ken Hostetler had one hit and one RBI. Hawkins had two runs, both hit by pitchers.

The May 12 game against Chemeketa proved to be one of the worst defeats the Cougars have suffered all season. With a final score of 25-4, Chemeketa had 16 hits with one grand slam home run.

Hostetler and Jeff Graham helped the Cougars save face by both going 2-3 at the plate.

"Hopefully we will stay competitive," said Robinson.

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