

At Clackamas Invitational ... Teams turn in a strong effort

By Dan Fulton
Staff Writer

Last Saturday the men's and women's track teams held the Clackamas Invitational for schools to compete in to get ready for the state championship.

The men's team had another strong performance by the whole team. In the hammer throw, Chris Yates finished third with a toss of 137'9". Jim Allen came in fourth with a toss of 136'9". Both were personal lifetime records. Jim Allen also came in fourth in the shot-put with a distance of 46 feet. Allen also finished first in the discus with a throw of 149'6".

Nate Golden had another solid performance, finishing strong in four events. He took first in the long jump with a leap of 21'11", and then tied for second with Reese Campbell with a jump of 6'4". Not to be outdone by his opponents, Nate and his team of Sanders, Bolten, and Gibson finished first in the 400 meter dash with a time of 42.3 seconds. The time gave them the fastest time in the Northwest this year. He finished up the day taking fourth in the 200 meter with a time of 22.3 seconds, his lifetime best. Todd Gibson took first in the

200 meter dash with a time of 21.6 seconds which was his lifetime best, not to mention the fastest time in the Northwest this year.

Dusty Moore and Nick Barger also recorded their lifetime best in the 1500 meter run, finishing third and sixth respectively with the times of 4:03 and 4:05.7.

Mike Hieb, who is unattached, finished first in the javelin with a throw of 202.6. The only person from Clackamas to finish was Jim Nelson who had a toss of 178.9 feet, which was a lifetime best for him.

In the 100 meter dash, Leroy Sanders finished first with a 10.4 second time, which tied a school record set by Les Taylor in 1983. James Bolten finished third in the triple jump with a leap of 43.4, and Greg Hess finished fourth in the Pole Vault with a leap of 14 feet.

The women had some pretty strong performances during the Clackamas Invitational last Saturday. Pam Pember had a leap of 4'10" to take second in the high jump.

Chris Nysten had a toss of 134.1 to take second in the javelin. Close behind in fourth was Leon Barke with a toss of 111. Nysten also finished fourth with a toss of 37'5 1/2" in the shot-put.

Tina Neiman hustled her way

to a second place finish in the 100 meter hurdles with a time of 15.1 seconds. She also finished sixth in the 100 meter with a time of 12.8 seconds.

Cathy Roberge came in fifth in the long jump with a leap of 15'10 1/2" and wound up eighth in the 200 meter dash with a time of 26.8 seconds. She also finished fourth in the 400 meter dash with a time of 1:00.9 while Latoria Bates dashed to first place with a time of 58.7 seconds. This was Bates lifetime best and also the fastest time in the Northwest this year.

Angie Wright finished second with a time of 10:47.8 in the 3000 meter race. Fifth place went to Heather McElehny with a time of 11:18.9. Both of these times were the lifetime best of both women.

In the discus throw, ex-Kingsmen Jenny Chandler threw her way to fifth place with an impressive distance of 108'5".

"I thought we competed very well," said track Coach Mike Hodges. "Everybody had a fine performance".

Hodges expects his men to compete with Lane Community College for first place and for his women to take one of the top three spots.

The state championships will be held at Clackamas this Friday and Saturday.



Health teacher Gladys Micheal is being honored by the NWAACC for help bringing women's athletics to Clackamas.

Michael merits award

By Dan Fulton
Staff Writer

Gladys Michael is being honored by the Northwest Athletic Association of Community Colleges for her roll in bringing women's athletics to Clackamas Community College.

The reason she is being honored is because she is the one of the main reasons there are sports for women at Clackamas. She was the first volleyball, tennis, and women basketball coach here at Clackamas.

Gladys Michael started her teaching career at Milwaukie high school then went to David Douglas before coming to Clackamas.

"I wanted a change of pace from teaching high school," said Michael. "I have enjoyed it ever since".

Since then, she has enjoyed 18 successful years at Clackamas and plans to stay another two to three years at the college. She teaches badminton, tennis, volleyball, exercise and relaxation, yoga, and health and fitness for life. She also acts as a faculty advisor for anyone who is majoring in physical education or health.

One thing that keeps Michael coming back every year is that she just loves teaching at Clackamas.

"One of the great things about teaching here at Clackamas is the diversity of the students," commented Michael. "It is neat because I learn something new every day from my students."

She likes the atmosphere at the college very much, along with the rest of the faculty. She believes that Clackamas has a very good athletic program, for which she gives a lot of credit to Carol Petersen.

"She (Carol Petersen) has done a fantastic job here. She keeps us all well informed of what is going on," said Michael. "She follows through and gets the job done."

Gladys Michael plans to go on a sabbatical next year. She plans to go to the U.S. Open and then hit a tennis clinic for instructors. She also plans to attend a wellness conference.

"I think this will make me a better teacher overall. I'll be able to help people with their wellness and whatever skills they are lacking," commented Michael.

CCC remaining schedule

Track:

May 12, 13 State Championships at Clackamas.

May 19, 20 NWAAC championship at Mt. Hood Community College.

Softball:

May 12 at Green River
May 13 at Wenatchee
May 16 at Olympic
May 19 Skagit valley here
May 26,27 NWAACC championships at Mt. Vernon Washington.

Baseball:

May 13 at Lane
May 16 Clark here
May 19 at Linn-Benton

Must Sell Quickly!! '86 Honda Elite scooter 250cc bought new in '88 Black w/ gold trim, digital dash 3300 miles, good condition \$1500 253-3985. Ask for Burt or leave message on recorder

For Sale - 1975 Honda 400 supersport, 4 cyl very few made. \$550 obo. 829-8027 evenings (John).

Schwinn 10 speed 21" Letour. New, rode five times \$200, 655-6360. Ask for Mike.

Word Processing ten years' experience. I.B.M. computer, professional quality printer. CCC references. Pickup/Delivery. Call 632-3627

Do you need your paper typed-Fast, Accurate and Reasonable. Call 632-7146.

For sale '86 Dodge Colt. Silver with black stripes, excellent maroon interior, tinted

windows, 4 speed, real cute dependable car. \$3895 or payments. Call 657-9829 or message 650-8029.

For sale '72 Chevelle. Newly rebuilt 327, sheepskins, fairly new paint, looks and runs great. \$2895 must see. 655-2580.

HIRE ME! High school student looking for summer work. Experienced in landscape work, painting (both exterior and interior work), as well as tree farm work. I will be 17 in June and have a driver's license. Hard worker, dependable. Call 656-8677 evenings. (Prefer finding a job full time for summer with regular hours, but will consider anything else!!!)

WOW! 1976 Capri 2, red, collectors prize! AM/FM, 4 speed 4 cylinder, 2300 cc, power steering, hitch, one owner. Great body. Great price. \$995 call 653-1710.

TANDY 1000 SX: two disk drives, graphics card, TTL monitor (amber), green screen composite

Classifieds

monitor, modem and serial card, printer, power switching system, desk and software. \$999.95 call 655-4058.

Portable power Honda EM650 generator. 110AC+12VDC. New, in unopened factory box. \$375 call 655-4058

1978 Dodge four door sedan. Runs good, looks great. PS,PD,AT, V8318 engine. Rebuilt transmission. Best offer over \$700. 266-7625, 266-9136.

Wanted: Parts for 1956 Ford pickup. Call 656-8677 after 4 p.m.

UZI Carbine, 6 mags, scope mount, case, sling. \$1200 obo call Jim 657-6958 ext. 309.

For Sale 1970 Ford 1-Ton window van. Good commercial radial tires. Runs well. 695-5255 evenings.

2 Tiga Sailboards. Used twice. Complete \$450 each or \$800 for

both 655-6037 leave number.

Yamaha RX21 Digital Rhythm Programmer. A great drum machine for \$200. 655-6037, leave number.

Sequential Circuits Classic Sixtrak Synthesizer/sequencer. A steal for \$550. 655-6037 leave number.

Great Piano Baldwin Hamilton Upright. Paid \$1,895. Must sell \$1,500. 655-6037 leave number.

Beat the Spring Rush! Get yourself a shiny red 505 racing sailboat. Excellent for brand new sailors and experienced racers. Two sets of sails, piggyback trailer - very well equipped - too much to list. Asking \$1,000, but will take offer. Call Gail 657-6958 ext 396 or Roger 233-2730.

Summer Work: For students 18 and older \$6.25 starting. Call 246-9508 between 9 a.m. and 2 p.m.

For sale: Nearly new Kirby Vacuum with all attachments. Cost

\$1400 new. Must sell at \$400 or best offer. Call 659-4476 (evenings).

Must sell: Apartment size Portable roll away washing machine, \$25 or best offer. Brenda 659-4476.

For sale: Oak office desk. Just like new, 659-8981 or 654-4264.

For sale: Volvo 1974 142GL, 2 door, sunroof, 4 speed with overdrive, leather seats, new brakes, Michelin tires, rebuilt engine and trans. \$1800 cash, 246-2728.

Must sell: '79 Ford Mustang V-6, AT, PS. Needs work \$700. Call Kelli Bowman 657-6958 ext 598 (days) or 652-8033 (most evenings).

For sale: 1963 Falcon Wagon 4 door auto, all original 6 cyl 170. Needs work, but runs \$175. 1950 5 window Chevy p/u 235 6 cyl, 6 volt, 3 speed, runs - partial restoration \$900. Call Steve evenings 266-6418

