

'Exploring Choices' focus of retreat

by Angela Wilson
Business Manager

"Exploring Choices" is the theme for the Focus on Women retreat to YWCA Camp Westwind this weekend.

"The whole idea is to provide an atmosphere where women can choose to learn a variety of things," said Linda Vogt, student publica-

tions instructor/advisor and one of the retreat coordinators.

This is the first retreat that Focus on Women has organized, and it has had an overwhelming response. The Portland YWCA has collaborated with the group and will provide some of the staff for the weekend.

"We hope to do this every

year," Vogt said. "It is a very powerful positive experience for women."

There are a variety of workshops planned for the weekend dealing with the mind, body, and emotion. Some of the different workshops are Techniques for Relaxation, Health and Humor, Your Dreams are Meaningful, and Caring for Your Body. There will also be lots of music, free massages, and good food.

"The charm of Camp Westwind is that it is relatively isolated, and the only people on the beach will be women on the retreat," said Vogt.

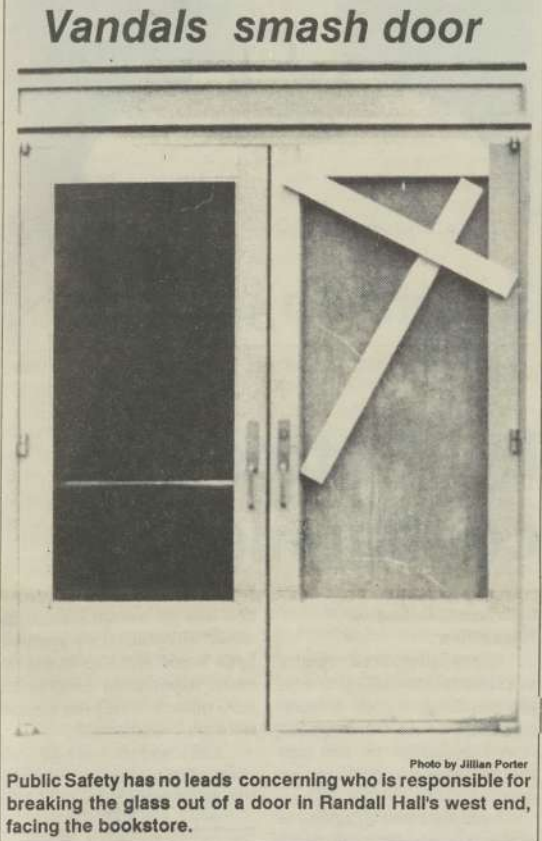
The retreat was organized by

Vogt, Nancy Baker, news coordinator, Lisa Wilcox, publications designer, and Ellen Burbridge, counselor. There about 100 women going on the retreat, and registration is closed.

"This is a unique event," said Vogt. "Most of the women going have never done anything like this. They say 'I'm going to do this for me!'"

"Several of the people going have gone on other Focus events, and had a good experience so they're going again," said Vogt.

"It is a celebration of choices for women. It will be an educational, emotional, and spiritual experience," said Burbridge.



Public Safety has no leads concerning who is responsible for breaking the glass out of a door in Randall Hall's west end, facing the bookstore.

Photo by Jillian Porter

Grants awarded by CCC foundation

The Clackamas Community College Foundation awarded five mini-grants, worth more than \$4,000, to staff for proposals which "will benefit the college and the community."

Members of the staff presented requests to the Foundation for the mini-grants early in the year. The requests were reviewed and judged upon by a five member mini-grant review committee.

An event aiming to preserve and promote ethnic culture and history, International Education Week running May 14-19, was submitted by The Clackamas International Education Committee.

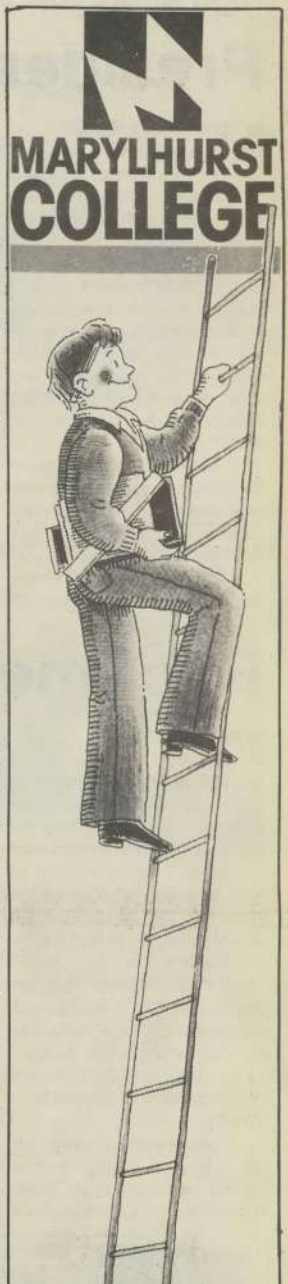
Phi Theta Kappa Advisor and Physical Science Instructor Dave Arter's submitted request for the hosting of the Oregon Leadership Conference in 1989 by the

Clackamas Chapter of Phi Theta Kappa was approved.

The screening committee approved a proposal expanding a Christmas tradition of providing historical music, dance and drama at the college. It includes the performances of "The Plays of St. Nicholas" and "The Play of Herod."

One approved proposal will make it possible for video equipment and three sets of McGraw-Hill videotaped lessons in basic arithmetic, beginning algebra and intermediate algebra to be available for use by students in the math lab.

One of few schools in the country, Clackamas will soon feature technology for a voice-activated computer drafting program for those who don't have use of their arms.



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Disability Awareness Day
Wednesday, May 3
Events all day in the Community Center

The Clackamas Community College Writers Club is sponsoring a Poetry/Fiction Contest. Submit your best or worst and take a chance. Entries will be judged by staff and administration.

Rules: Poetry entries must be under 500 words. Fiction entries must be under 1500 words. Entries must be submitted in an envelope with the below entry blank to Alan Widerburg. Deadline for entries is May 8 with no exceptions. Entries must be typed, double-spaced and must not have name on any page, but have social security number in top, right corner of each page. Cash and/or certificate prizes will be awarded May 24.

WRITERS CLUB POETRY/FICTION CONTEST

SOCIAL SECURITY NUMBER: _____
 NAME: _____
 ADDRESS: _____
 TITLE: _____
 CATEGORY: _____

Vote Thursday or Friday for ASG president and vice president

