

# Parenting improvement class offered

Parents who would like to improve their parenting skills will have a chance to attend a eight week seminar on Parent Effectiveness Training (P.E.T.) conducted by Jerry Juve, MSW, ACSW.

The seminar will be held on consecutive Tuesday evenings beginning April 28, from 7:30 to 9:30 at Marylhurst Education Center, Marylhurst, Oregon.

P.E.T. was started in California by Dr. Thomas Gordon in 1962. It teaches parents how to listen so children will talk, talk so their children will listen, and solve problems so that no one in the family loses.

The resulting closeness and cooperation has been reported to make both children and parents happier and to eliminate the so-called generation gap.

Jerry Juve is an Instructor in Parent Effectiveness Training with Effectiveness Training Associates, and is a therapist at McLoughlin Mental Health Center. He has completed two years of training in advanced family therapy and is currently taking advanced training in P.E.T. Mr. Juve has worked with parents and children in residential treatment centers, emergency services, drop-in centers as well as in an out-patient setting.

P.E.T. class size is limited to 20 people. Interested parents may obtain more information by contacting McLoughlin Mental Health Center, 1427 S. Kaen Road, Oregon City, Oregon 97045, 655-8401.

The tuition charge of \$45 per individual and \$60 per couple covers the 20 hours of instruction and includes a soft cover workbook and a new textbook entitled Parent Effectiveness Training written by Dr. Thomas Gordon. Units of graduate or under-graduate credit are available through Portland State University at the cost of \$39 for three units of credit.

# Discrimination conference set on equal opportunity

People who feel they have been discriminated against when seeking a job, a promotion or admission to a local college will have an opportunity to learn their legal rights that can be exercised to stop such discrimination.

A conference entitled Equal Opportunity in Employment and Education (EOEE) will be held April 9 at the Lewis and Clark Law School.

The objective of the conference is to acquaint people with their rights regarding discrimination in employment and to inform people of the scope and requirements of affirmative action programs in schools.

The conference will also bring together community people, lawyers, legal staff persons and students to share their knowledge

and experiences with employment discrimination and affirmative action.

The day-long conference will consist of nine workshops focusing on employment discrimination in the work force, employment discrimination litigation and affirmative action in education. Maxine S. Thomas, Assistant Dean at the University of Oregon School of Law and affirmative action liaison officer, will deliver a keynote address at noon.

The conference will begin at 9 a.m. and continue until 5 p.m. Registration will begin at 8:30 a.m. A \$10 fee will be charged to members of the Bar and \$2 donations will be requested from others. Child care will be provided.

The conference is sponsored by the Law School Chapter of the National Lawyers Guild, the Minority Law Students Association, the Womens Caucus and the Law Student Division of the American Bar Association.

## Low-income refund

Low income families who file a 1976 Federal income tax return may be eligible to receive a special payment of up to \$400 from the federal government.

To qualify for the credit, taxpayers must have less than \$8,000 in total income, including income from wages, salaries, tips or other employee compensation and self-employment income.

They must also have maintained a home in the United States for the entire year for themselves and at least one of their children who was under 19 years of age or a full-time student, or a disabled dependent child over 19.

Qualified persons with earnings of \$4,000 or less receive a credit of 10 per cent of their income only, up to a maximum of \$400. Those with total income of between \$4,000 and \$8,000 are also entitled to the credit based on earned income, but the amount of credit decreases \$1 for every \$10 of income over \$4,000.

## Garden preplanning

For those interested in gardening with a plan and in having their vegetables ripen at a manageable rate, Clackamas Community College is offering a Garden Pre-Planning Workshop.

The two free sessions will be conducted by agriculture and horticulture expert Dave Myers, CCC Agriculture chairperson. The workshops will be held Tuesday, March 29, from 6 to 9 p.m. in the Community Center, room 117 and Thursday, March 31, from 6 to 9 p.m. in the Barlow Hall Boardroom.

Myers feels that vegetable gardeners who have a plan in mind are generally more successful and that they should limit their vegetable choices to approximately 10.

Harvesting is another important aspect of vegetable gardening, Myers said. Without careful pre-planning the home gardener may find all his produce items ready for harvest simultaneously with nothing left for the remainder of the season. On the other hand, he explained, for purposes of freezing and canning, a simultaneous harvest is desirable.

## Local man works in White House

Former Clackamas Community College video-technology student Van Faulk, Redland, has been assigned to the White House Video and Film department.

Faulk, a graduate of Estacada High School, entered the Army last year after taking one year of the college's two year program. In a recent letter to Norm Herman, video instructor at CCC, Faulk credited his new assignment to the background training he received at the college.

Faulk is the son of Mr. and Mrs. H.E. Faulk of Redland.

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