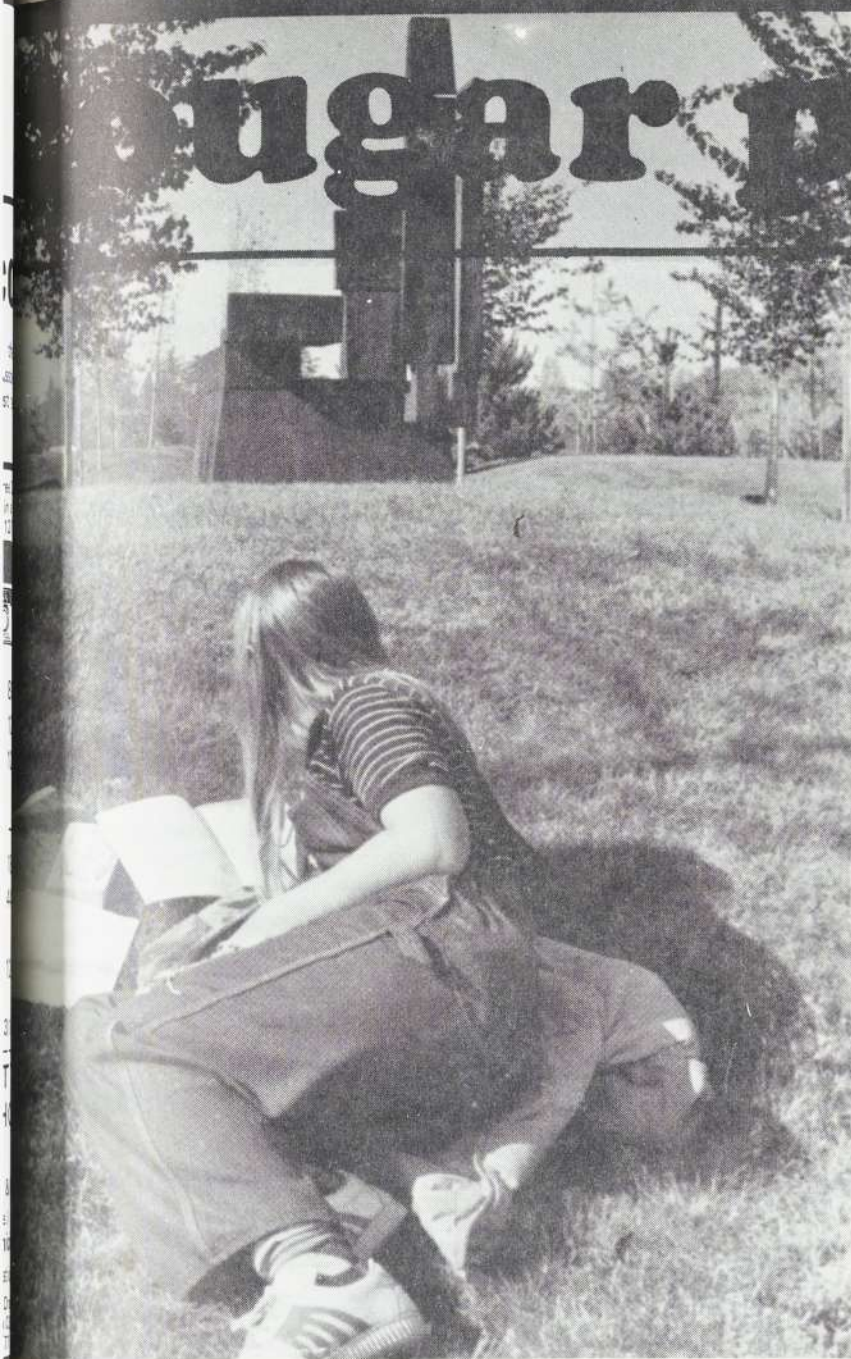




Volunteers needed for seniors

Volunteer training sessions to help individuals get in touch with the needs of senior citizens in their communities are being held throughout Clackamas County during March and April.

According to Kathy Ellis, Community Outreach Coordinator, volunteers are needed to contact senior citizens on a one-to-one basis and help them provide for basic needs.

"We have two main concerns," said Ellis, "To keep seniors healthy, independent and in their own homes and to provide health and homemaker services in order to do this."

She would like to set up community volunteer programs to put people who would be willing to devote one day a week or month in touch with senior citizens who need help with things like shopping and housecleaning.

"I am interested in getting together with people who are interested in setting up things within their communities," said Ellis. "I want to get away from the huge bureaucracy of rules and regulations and get things on a personal basis."

She feels that seniors in rural areas do not have the access to community services that urban dwellers do and that community oriented services need to be established for these people.

The training sessions will help community members to find problems within their own communities and to provide solutions for these problems.

The sessions will be held in the following communities:

—Canby, Monday, April 4, at the Canby Fire Hall, 230 S. Grant, at 10 a.m.

—Milwaukie, Wednesday, April 6, at the Milwaukie Loaves and Fishes, 2416 S.E. Lake Rd. at 10 a.m.

—Molalla, Tuesday, April 26, at the Molalla Loaves and Fishes, 211 E. Main, at 10 a.m.

For more information contact Kathy Ellis at 655-8640.

Petitions available

Petitions for the offices of Associated Student Government president, vice-president, secretary and business manager are available at the Student Activities office.

Petition due date is Wednesday, April 13 and petitions must be turned in to vice-president Marsha Marzano by 5 p.m.

An election forum for candidates is scheduled for Monday, May 2 and the elections will be held Tuesday, May 3 and Wednesday, May 4.

Spring term has just started but some students are already studying for classes. This student even manages to take advantage of good weather conditions.

Community ed offers variety

County-wide community education classes will begin April 4 with more than 400 classes being offered through Clackamas county schools and Clackamas Community College.

Ashland Plays for Shakespeare, Fundamentals of Auto Repair, Local History, Gymnastics for Youth, Children's Cooking, War Heating and Russian Grammar are a few of the offerings which are available in the county.

Outdoor and mountain climbing classes will be taught by experts including Yahan Azarian, Chuck Adams and Brooks Jenses. Azarian is a professional mountain climber and tour guide. Adams is the producer of a film on mountain safety and an experienced leader of mountain search and rescue operations.

Automotive labs on campus and in the community will be opened to those who wish to learn more about the fundamentals of auto repair and their cars.

Johnette Peery, author of a manual of

Exercises for Retirees will teach a class of the same name.

Crafts and physical education classes are featured among the listings. Oil painting, natural dyes for spring, woodworking, belly-dancing, old time pattern dancing, and recreation are among those offerings that will help keep people's minds and bodies happy.

Classes in language, landscaping and gardening, cooking and food, sewing and decorating, industrial arts and baton classes are offered for those interested.

Classrooms are located at some 40 different sites around the county including elementary, junior high and senior high schools, senior citizens centers, trailer courts, churches, businesses and other locations.

Canby, Colton, Estacada, Gladstone, Milwaukie, Molalla, Oregon City, Redland, West Linn and Wilsonville are involved with community educational-community school programs.

CLACKAMAS COMMUNITY
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