

Cougars keep intensity

by Luis Perez
Staff writer

Cougar volleyballers kept their heads, registered 71 kills, and played superb defense as they ended the first half of their season on a positive note.

There was ample cause for optimism following two impressive outings by the Clackamas team. The Cougars played well Friday despite losing a heart-breaker to a veteran Umpqua team.

"We had great intensity; we were in control of our emotions..."

Their intensity carried over to Saturday as they defeated S.W.O.C.C. by scores of 8-15, 15-12, 15-6, 12-15 and 15-5. Head Coach Kathie Woods was pleased with the performance.

"We had great intensity, we were in control of our emotions, and we kept our heads. I was really pleased," she said.

Standouts among stalwart spikers included Casie Harker, Mindy Zgorzelski, Dawn Cusick, and Erin Elder. Harker who recently made the all tourney team at the Spokane crossover tournament led the way with 23 kills and 29 digs. Zgorzelski also with 23 kills continued her strong net play and Dawn Cusick and Erin Elder combined for 60 assists.

It was a week that saw Cougar spikers execute a complete turnaround and play with a level of intensity that previously had been absent.

"It's a terrific way to end the first half (of the season). Winning like that really sets the tone for the second half," said Coach Woods.

The Cougars now find themselves in a dogfight for a playoff spot and face Mt. Hood Community College in a key match Wednesday at 5 p.m.

Six seasons not enough Coaching still fun for Woods

by Mark A. Borrelli
Sports Editor

"My goal is to be the best I can be; the best coach, and the best teacher." This is the very realistic goal of Clackamas Volleyball Coach Kathie Woods. Woods in her sixth season as head coach, found it easy to get to the top.

"I came up in the ranks pretty easily," she said. Woods started her coaching career at Lakeridge High School as the freshman volleyball coach. Woods then returned to her alma mater, Dallas High School for a part-time teaching job.

"Teaching at Dallas High School was really a good experience. I loved it," Woods said.

Woods decided to go back to Oregon State to get her Masters Degree. She earned her Masters Degree in 1981 in education with an emphasis on PE. She then got her big break landing a head coaching job at Linn-Benton Community College.

She stayed there for two seasons before coming to Clackamas in 1983.

"I love it at Clackamas, and am proud to be a part of it."

"I am as happy as anyone could be," said Woods. "I love it at Clackamas, and am proud to be a part of it."

Although their would seem to be numerous drawbacks in coaching at the college level,



Photo by Julie Church

Clackamas Volleyball Coach Kathie Woods is happy to be a part of the athletic program here.

finding one. "I love it, it's like a disease," she said.

Woods did find one upsetting thing about being a coach. "Sometimes you become so involved with the players that you become very close to them, and you want to see them do their very best. And when they don't, it hurts," she said.

Although volleyball is a big part of Woods life, it's not her life. "I was pretty much a tomboy growing up, I love all sports."

Woods, a graduate of Dallas High School played all three

to Oregon State where she played two years of volleyball, and one year of Softball.

When she finds that spare moment of free time, Woods likes to play her favorite sport these days: racquetball. Woods also likes to run, and spend time with family, and friends.

Although She is currently not married, she is looking. Any one interested should submit an application to her office. "I'm not going to be 25 forever!" she said.

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CCC Sports Calendar

Volleyball

Oct. 19: Mt. Hood, here
Oct. 21-22: At Blue Mt.
Oct. 26: At Linn-Benton
Oct. 28: At Lane
Nov. 4-5: Clackamas Crossover
Tournament

Good Luck
Cougars!

Cross Country

Oct. 22: Fort Dent Invitational
Oct. 29: Regional Champs.
Nov. 12: NWAACC Champs.

Classifieds

Help Wanted

Wanted: ASG Entertainment Coordinator. One person who loves to be in charge, has over 10 credits, and can be responsible. Applications due Monday 17. Interviews Thurs 8am-11am. Apply at ASG.

Help Wanted: Part time work for students. Flexible hours. Earn up to \$480 per week. Orders in sales department. Phone: 248-8506. (Must be over 18)

For Sale

Firewood for Sale \$85 per cord. Delivered to your residence; for more information contact: Lynn Laught, ext 281-- sponsored by the Cougar Wrestling Club

Plano-Wurlitzer console-beautiful cherry wood-excellent or student. \$1200 Marc Essig ext 511 or 832-4190

Clon Skis 200/205 with 360 D. Bindings \$175 Contact Marc Essig-ext 511 832-4190

Compound Bow-Proline Cyclone 11--with hunting sights. Great condition. \$100 or best offer. Call Beth 836-2557

For Sale--Small Apartment size refrigerator--\$75. Call 656-0982

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1986 Scout 4 WD AM/FM-CB 2 sets of tires--\$650 Jim 622-3542 eve.

Services

Plano instructor available for private instruction of both students and those not attending CCC. Available for both 1/2 hour and 1 hour slots, once a week. Rates are \$7.00 and \$14.00 respectively. Call 879-4484. Ask for Tim Friesen.

Chilly Willy Photography is looking for people interested in having portraits of ANYTHING taken. Were within most budgets. For more information contact Trailer B at ext. 309.

Personals

Spenser--When two people meet, each is changed by the other, so what you have are two entirely new people. I like the person I am with you--Susan.

inches

1

2

3

4

5

6

7

8

9

10

11(A)

12

13

14

15

L*

39.12

65.43

49.87

44.26

55.56

9.32

70.82

33.43

34.26

11.81

48.55

18.51

97.06

92.02

87.34

82.14

72.06

62.15

13.24

18.11

-4.34

-13.80

-22.29

22.85

-24.49

-0.35

59.60

-48.07

18.51

1.13

0.23

0.21

0.43

0.28

0.19

D50 Illuminant, 2 degree observer

Density

0.04

0.09

0.15

0.22

0.36

0.51