

## Student Opinions

### How does CCC compare with high school?

This is like high school. It's basically the same city I've lived in all my life. The same people are here that I went to high school with. There's no fraternities here like a real college. I don't know, it just feels like a high school.

--Scot Cambron



It's different. You have a lot more freedom and you don't feel like you're locked up like at Canby High School. Also, you are going to school with people who are older than you. You have a chance to meet a lot of people that you didn't in high school. Over all, college is a lot better than high school.

--Nannette Savage



College is a place where we begin to take on responsibilities. The classes are more challenging. We begin to invest in our futures. It's more of a free-lance opportunity of education. What you do and put in is what you receive in the end run. You are your own discipline. Plus it's more exciting.

--Faith Taylor



Photos by Julie Church

## Letter to Keyser

The Print received a copy of the following letter from Australia for President John Keyser regarding the Clackamas Jazz Group.

Dear President Keyser,

The Clackamas Jazz Group travelled with us on the Quicksilver to the Outer Barrier Reef and we felt that we should write to you and express what a pleasure it was to have these young people travel with us.

The group was extremely well behaved and you should feel proud to be involved with these students. On the return journey on the vessel the group entertained the other passengers with some songs which was greatly appreciated by all.

We would be grateful if our thanks could be passed on to these students and our congratulations expressed to the college on the excellent attitude and behavior of these young people who made such great ambassadors for your country.

Kind regards,  
Judi Phipps  
Customer Services Manager

### THE PRINT

Welcomes Letters to the Editor. All criticisms and praises must be signed and turned in by Friday at 5 p.m. in order to be printed the following week

## Fall brings worries, doubts

Fall is here! I'm sure most of us have mixed feelings about this season. The days are balmy, and the evenings are cool enough to build a small fire. The summer's harvest is almost in and our thoughts are turning toward the holidays. But underneath these feelings of serenity lie new worries and nagging doubts.

Fall is more than harvest moons and colored leaves. To us as students it means another year of studying, juggling schedules, and running on little sleep. For those of us who are parents as well as students, this juggling of schedules is especially tricky. The kids need to be taken to the baby sitters. We need to get the older ones off to school and be there when they get home. And then there's always those school lunches that need packed.

Many parents are unaware of how important it is to provide nutritional lunches for their children. Without balanced meals children become tired and irritable. Breakfast should be

### Domestic Issues



Tammy Swartzendruber

packed with as much nutrition as possible since this is the meal that will break their night time fast and send needed food to their little brains. Cereals such as fruit loops and cocoa puffs do not qualify as a nutritious breakfast for your kids. If you want to give your children cold cereal give them cereals like Corn Chex, Shredded Wheat, or Raisin Bran. Better yet, take a little time to make hot cereal. And it only takes a few

minutes to fry an egg and make a piece of toast.

Nutritious lunches are a little harder to make. The super markets are full of little Hostess goodies, candies, and other handy items to tempt the busy Mom. Bill Cosby has unwary mothers beguiled into thinking that every smart kid eats Jello pudding snacks. Whatever happened to good old strawberry jello with sliced bananas and peaches. Jello of this sort makes a delicious desert for your child's lunch. You can even pour the liquid in little individual cups to set. This makes it easy to grab when you're in a hurry. Cut up carrot and celery sticks enough to last all week. Instead of fruit punch in your child's thermos, put in real fruit juice or milk. You can also buy little handi-snacks with crackers and cheese.

Mothers, be good to your children and give their little bodies a good supply of protein rich food. They'll thank you for it all their lives.

## The Print

The Print aims to be a fair and impartial newspaper covering the college community. Opinions expressed in The Print do not necessarily reflect those of college administration, faculty, Associated Student Government, or other members of The Print staff. Articles and information published in this newspaper can be reprinted only with permission from the Student Publications Office. The Print is a weekly publication distributed Every Wednesday except for finals week. Clackamas Community College, 19600 S. Molalla Ave., Oregon City, Oregon 97045. Office: Trailer B. Telephone: 657 8400, ext. 309/310.

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a*	13.24	18.11	-4.34	-13.80	9.82	-33.43	34.26	11.81	48.55	-0.40	-0.60	-0.75	-1.06	-1.19	-1.07
b*	15.07	18.72	-22.29	22.85	-24.49	-0.35	59.60	-46.07	18.51	1.13	0.23	0.21	0.43	0.28	0.19
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