

## Basketful a handful

by Caree Hussey  
Feature Editor

Jill Stensby has no free time. In addition to working four days a week as an oral surgeon's assistant and attending classes, she has started her own business.

Stensby creates baskets. There are baskets for holidays such as Valentine's Day, Christmas,

Thanksgiving, etc., as well as baskets for special occasions such as birthdays, housewarmings, and new mothers. This Valentine's Day will be Stensby's first holiday in business. The business is appropriately called "A Basketful."

Stensby said she got the idea from "Entrepreneur" magazine.

She sent away for the manuals offered. Stensby also enrolled in the Greenhouse program, which is a program offered for people who will be starting a new business sometime in the next year or who have been in business for six months. "The class is wonderful," exclaimed Stensby.

"A Basketful" is run out of Stensby's home. She does have help with the phones, but she spends all of her free time making baskets. She also offers a personal shopping service where people who are too busy to go out and buy gifts can give her an idea and some money and she will go out and buy the gift or if a gift is already picked out, she will go and pick it up. "I love to shop," stated Stensby.

Stensby's baskets start at \$25 and can be shipped anywhere. She also offers gift mugs filled with goodies for any occasion that start at \$5.

If you don't wish to buy a ready-made basket, Stensby can make up an original one for you. If you are interested in buying a basket or mug or making use of the personal gift shopping service, call 829-5400 (Molalla) or 228-5217 (Portland).



photo by Roger Hancock

Jill Stensby displays some of her creations from her business "A Basketful." Stensby creates gift baskets and mugs for any occasion and also runs a personal shopping service.



photo by Roger Hancock

Dr. Ronald Powell is one of the medical personnel who serves students in the health trailer. The student health service is open Monday through Friday 9 to 3.

## Give 'em health

by Caree Hussey  
Feature Editor

Have you ever worried about your health? Your questions can be answered by the medical staff at the Student Health Service in Trailer A.

Erna Lewis is an ANP (Adult Nurse Practitioner). She has been a Nursing faculty member here at CCC for 11 years. She says that she mostly sees students and some faculty who have health concerns. "The most common things that I see are flu and cold symptoms and sports injuries," Lewis commented. Last term, Lewis estimated that 500 students were seen by the medical staff. "Nursing is a helping profession, and I like that role," said Lewis. Erna Lewis is at the Student Health Service on Tuesdays from noon to 2 p.m.

Pat Krumm is also an ANP. She is the Nursing department's chairperson. Krumm has been at CCC since 1973. Krumm has kept busy by being on the board of directors of the Oregon

Nurses Association for the past four years. She also donates one evening per week at the Clackamas County Health Clinic. Pat Krumm is in the Student Health Trailer on Wednesdays from noon to 2 p.m.

Dr. Ronald Powell is a family practitioner who has been here for the past nine years. He also has a private practice in West Linn. Dr. Powell is not only a doctor, he is also an accomplished artist. "I'm in galleries all over the country," he stated. Dr. Ronald Powell is in the Student Health Trailer on Thursdays from noon to 2 p.m.

Mary Fitzgerald is an Alcohol Treatment Specialist for Clackamas County Mental Health Department. She does free drug and alcohol counseling and evaluations. Mary Fitzgerald is in the Student Health Trailer on Tuesdays from 9 a.m. to 11 a.m. (by appointment only).

The Student Health Service is open Monday through Friday 9 a.m. to 3 p.m.

## What's your sign? Peace

by Michelle Walch  
Staff Writer

"It's a sign 'o' the times," as Prince would say. What sign should we be looking for? Currently, it is the peace symbol.

That little emblem has an interesting history and much meaning as most mall shoppers and merchants might not know. The peace symbol originated in England in the 1950's for a nuclear disarmament campaign headed by Ian McCall, Bertrand Russell, and Peggy Segar (her brother Pete recorded a brilliant folk tune called "Little Boxes"). Later on, the Committee for Non-Violent Activism adopted it for their symbol.

The symbol itself is semaphore for an "N" and a "D," hence, "nuclear disarmament." The "N" is superimposed over the "D." Another way to look at the peace symbol is as the Runic symbol of life, i.e., with the symbol inverted, it appears to have extended arms. I asked a colleague of mine what he thought it looked like, "It



A peace symbol photo by Heidi Klein

looks like the arms of love opening up to all."

So, there. When you buy a peace symbol earring or necklace or draw one or see one, think about what it means. It is not just the popular, cute symbol you see in Nordies that some designer knew would capture the fashion conscience buyer's eye. It is more than that. It stands for peace and love. And LIVE IT.

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